



Regional COVID-19 Resources - Page 3
Quincy Hospitality Support Fund - Page 7
Mother Olga Reflection: Hidden Heroes - Page 4



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The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper Since 1968

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INTERFAITH SOCIAL SERVICES volunteers (left to right) Anna and August Sullivan of Milton, Maisie Tenforde of Milton, Zoe Ryan of Milton and Forrest Sammons of Quincy, fill plastic eggs with candy for Interfaith Social Services' annual Bunny Basket Program. This activity was held prior to the stay-at-home/social distancing advisory. Nearly 500 baskets are being distributed to the children of Interfaith's food pantry clients. "We have been distributing them to clients throughout this (health) crisis," said ISS Executive Director Rick Doane. "Our pantry is open and serving people every day. It is wonderful to be able to bring a little bit of joy to kids in the midst of this," Doane added. ISS is located at 105 Adams St., Quincy. For more information, visit www.InterfaithSocialServices.org. More photos from the Bunny Basket Program will appear in the April 16th Quincy Sun.

Photo Courtesy Interfaith Social Services

Quincy Students Learning Remotely

By SCOTT JACKSON

Students across Massachusetts have instituted remote learning with schools throughout the state closed through at least early May amid the coronavirus pandemic.

Gov. Charlie Baker

on March 15 had ordered schools to remain closed until this week, one of several steps he announced at the time to slow the spread of the outbreak. On March 25, Baker extended the closure through the entire month of April, allowing schools to

reopen on May 4 at the earliest.

The state Department of Elementary and Secondary Education put forward new guidelines for remote learning after Baker's announcement on March 25. The remote learning period began

Monday.

Quincy School Supt. Richard DeCristofaro provided an overview of the remote learning initiative during a special School Committee meeting on April 1.

Cont'd On Page 2

Library Launches Live Help Desk Service

The Thomas Crane Public Library buildings are temporarily closed during the coronavirus emergency, but always open online at thomascranelibrary.org.

Read books and magazines, listen to audiobooks and music, watch movies, documentaries and training courses - all for free online with a library card.

Lost your library card or never had one? Sign up

for an e-card online for access to lots of free online resources--for fun, for learning, for all ages.

Need help getting your e-card, or finding and accessing all the library's online offerings? Your librarians are keeping their safe social distance at home while also standing by to provide live personal assistance. We can make recommendations on

what to read, listen to, and watch next; connect you with the services and information you need; and help with any general questions you may have.

Visit thomascranelibrary.org and click "Questions? Chat With a Librarian" at the bottom right corner of the page or just pick up the phone and dial 617-376-1102 during these hours.

Monday-Thursday: 10 a.m.-noon and 5-7 p.m.

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If those hours don't work for you, call 617-376-1102 and leave a voicemail message with your contact information for a return call. You may also use the Ask a Librarian link on our website or send email to quref@ocln.org.

City Health Commissioner:

Take Social Distancing Seriously

By SCOTT JACKSON

As the number of novel coronavirus cases in Quincy hit 189 on Monday, Health Commissioner Ruth Jones urged residents to take social distancing seriously with a surge in cases anticipated in Massachusetts in

the coming weeks.

"The less you have contact with people, the less you are likely to get the virus," she said.

Jones addressed the coronavirus pandemic during Monday's meeting of

Cont'd On Page 41

City COVID-19 Relief Fund

Mayor Thomas P. Koch announces the creation of The Quincy Relief Fund to coordinate charitable fund-raising efforts aimed at helping people and organizations hardest hit by the coronavirus pandemic.

The program will be administered by The Quincy Foundation, a registered 501c3 nonprofit corporation with a mission under normal circumstances to provide charitable contributions to local organizations and help support community events

like the City's Flag Day Parade and Christmas Festival.

"I can't tell you how many people over the last several weeks have called me with a very simple question - 'How can I help?' This is part of that answer," Mayor Koch said. "Throughout our city's long, proud history, the people of our community have always stepped up in times of challenge."

"The public health crisis we're facing together today is no different," Koch said.

Cont'd On Page 8

A Message For Sun Readers:

The Quincy Sun resumes its print edition this week - April 9th - after suspending publication for two weeks due to the COVID-19 pandemic.

News that would have appeared in the March 26 and April 2 editions was posted on The Quincy Sun website.

In this week's Sun we are also publishing the pages for the March 26 and April 2 editions. The March 26th edition appears on Page 11-Page 24. The April 2nd edition appears on Page 25-

Page 40.

The paper is being circulated via U.S. mail and local newsstands while adhering to social distancing guidelines. News carriers will not deliver to customers until the stay-at-home advisory is lifted by the state.

The Sun office remains closed to visitors.

Thank you for your support and patience during this health crisis.

Robert Bosworth
Publisher
The Quincy Sun



City Could Purchase Student Chrome Books - Page 8

Strong First Quarter Real Estate Activity - Page 10

Officials To Discuss Pandemic's Financial Impact - Page 41

More Quincy news:

The Quincy Sun.com

With Schools Closed, Students Learning Remotely

Cont'd From Page 1

"There are some must dos and the must do is that we create and adopt a remote learning model," DeCristofaro said during the meeting, which was held via videoconference. "That's not something we can say, we just don't want to do

that, it's not great for our kids. We must do it and it will be wonderful for our kids and our teachers."

"There is a significant obligation to engage with every single one of our students multiple times per week with learning opportunities and creating a very

structured educational program," the superintendent added.

Teachers and staff were in the midst of planning the remote learning model last week, DeCristofaro said, including a determination of which platform would be used. Teachers and school

officials will continue to tweak the program after it begins.

"You assess it day to day until you feel like you've got some momentum and then you're fine," DeCristofaro said. "I think there are going to be issues Monday, Tuesday, Wednesday any-

way and by that time I hope everyone gets into a routine."

While students are learning remotely, they will spend half a typical school day on school-related activities.

"This is about individualized and personalized education straight from the heart to their heads," DeCristofaro said. "Individualized and personalized remote learning opportunities blending the three things:

academics, blending enrichment and blending physical activities within a structured day."

The remote learning program will incorporate all programs Quincy Public Schools offer to students, including technology programs, art, music and physical education.

"Every program that is in the system will absolutely be a part of this," DeCristofaro said.

Elementary and middle school students will not be graded on their remote learning work, but teachers will still provide feedback. High school students will be graded on a credit or no-credit scale, which DeCristofaro said would be similar to pass/fail courses offered at some colleges.

Students will be provided a recommended schedule by grade level. The superintendent said the schedules are a recommendation because he understands each family will have different circumstances, such as students sharing the same computer or parents needing to use a computer to work from home.

Schools officials were also in the process of sur-

STUDENT ATHLETES OF THE MONTH

Sponsored by



Jillian O'Toole Soccer, Basketball - Quincy H.S.

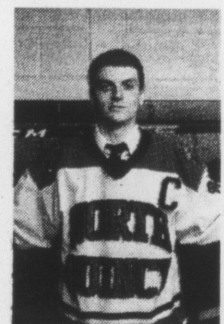
"Jill is the most intimidating defensive guard in our league. Her aggressive play and ability to handle pressure was central to our team's success this year."
- Jeff Bretsch

Jillian has been busy at QHS, playing 3 years of Varsity Basketball and 4 years of Varsity Soccer. She scored 79 steals, which is the second best in QHS history! Jillian was a Patriot League All-Star the past two years. Her dedication and competitive nature gained her a spot as a Middle Eastern League All-Star and Patriot League All-Scholastic athlete. Jillian somehow finds the time for academics, holding a 3.7 GPA. She plans to attend Regis College to study Nursing and continue playing basketball.



Cormac Flaherty Hockey - N.Q.H.S.

"Cormac is a great hockey player, student and even better young man. He demonstrates leadership, and was a rock for our team as a defensive points leader."
- Matthew Gibbons



Cormac played on the NQHS team for the past three years. His talents earned him the 2018-2019 Patriot League Academic Award and the title of Patriot League All-Star for 2018-2019! Cormac was selected for the 2020 Shriners' All Start Game. He is involved in the National Honors Society and volunteers as a D.A.R.E. camp peer leader. Cormac stays focused on academics with a 4.1 GPA and ranking 42nd in his class. He plans to attend UMass Amherst to major in Computer Engineering.



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Cont'd On Page 6

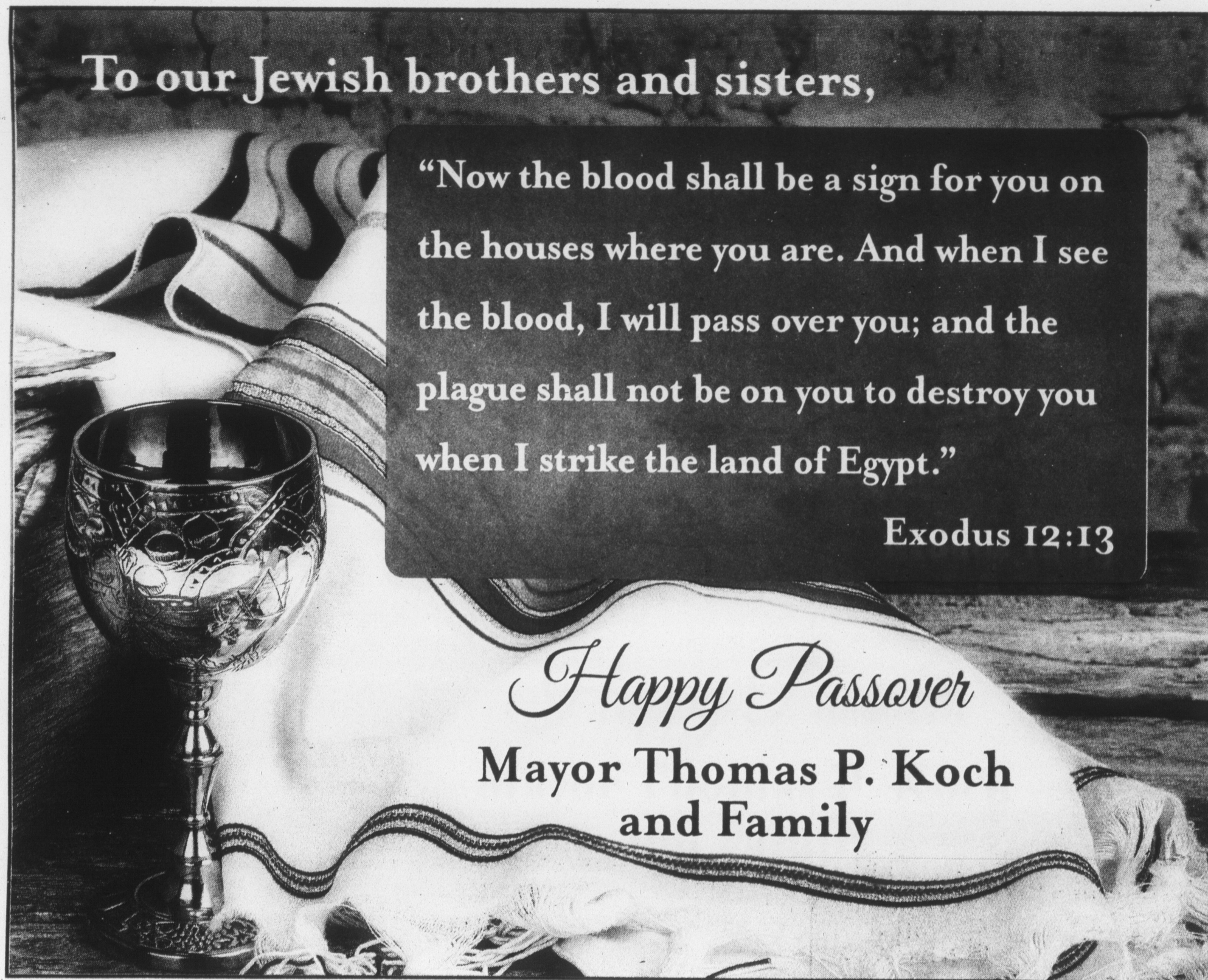
To our Jewish brothers and sisters,

"Now the blood shall be a sign for you on the houses where you are. And when I see the blood, I will pass over you; and the plague shall not be on you to destroy you when I strike the land of Egypt."

Exodus 12:13

Happy Passover

Mayor Thomas P. Koch
and Family



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DA Posts Regional Resources For Current Crisis

Norfolk Dist. Atty. Michael W. Morrissey has compiled a list of regional resources for people who have been put in difficulty by COVID-19 and the associated regional shutdowns, or who know people who could use a hand.

"The lists available through www.norfolkda.com include low-cost food options, emotional well-being resources, crisis teams, community counseling services and other types of support," Morrissey said.

"We would urge people to peruse these resources now, even if you do not need them personally," Morrissey said. "With the disruption to our daily lives, social situations, and work so wide-

spread, it will not be long before you talk to a friend, neighbor or relative who could use one or more of these resources."

With court hearings now either postponed or happening through telephone and video conferences, Morrissey said that most of his staff is working remotely, with just a small number of attorneys, victim advocates, and administrators going to court or administrative offices. "Law enforcement and prosecutors remain open for business," Morrissey said.

"But we also recognize that our communities are strongest and safest if we are all there to help, support and protect each other," the district attorney added.

MICHAEL MORRISSEY NORFOLK DISTRICT ATTORNEY

45 Shawmut Road, Canton Massachusetts 02021 | Ph: 781.830.4800 | Fx: 781.830.4800

PROSECUTION CRIME PREVENTION UNIT VICTIM SERVICES SUBSTANCE USE PREVENTION

Norfolk District Attorney Michael W. Morrissey

COVID-19 SUPPORT
(CLICK HERE TO VIEW RESOURCES)

LAT
DIGITAL
EVIDENCE

VISIT [HTTP://WWW.NORFOLKDA.COM](http://WWW.NORFOLKDA.COM) and click the link shown above to access regional resources that might help you or someone you know.

COVID-19 Community Tracing Collaborative To Mitigate Spread Of Virus

The Baker-Polito Administration announces the creation of the COVID-19 Community Tracing Collaborative (CTC) to mitigate the spread of COVID-19 in Massachusetts.

This initiative is a collaboration between the administration and Partners In Health, and is the first of its kind in the nation. The initiative will focus on tracing the contacts of confirmed positive COVID-19 patients, and supporting individuals in quarantine, and builds on the efforts already underway from the Command Center to leverage

public health college students to augment the contact tracing being done by local boards of health.

Led by the administration's COVID-19 Response Command Center, Partners In Health will coordinate closely with the Massachusetts Department of Public Health and the Executive Office of Health and Human Services. Contact tracing will be combined with the state's efforts to increase testing and will provide support to people in quarantine in order to contain the spread of the novel coronavirus.

"Enhanced contact tracing capability is another powerful tool for public health officials and health care providers in the battle against COVID-19," said Governor Charlie Baker. "Massachusetts is the only

state in the nation implementing this type of programming, and this collaborative tracing initiative will break new ground as we work together to slow the spread of COVID-19."

Partners In Health will

provide staff and contribute technical expertise in community tracing. The Commonwealth Health Insurance Connector Authority (CCA) will stand up a virtual support center and maintain connectivity, while the

Massachusetts Department of Health (DPH) will maintain data, guides and processes. Accenture, a leading global professional services company, and Salesforce, a global leader in CRM,

Cont'd On Page 9

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Thank you to all the first responders and essential personnel for everything you are doing for others in these most difficult days

We are grateful for you and we thank you most sincerely for your courage and dedication. Your heroism during this time will be remembered and honored always.

And thank you to our customers

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ONLINE: www.colonialfed.com



Hidden Heroes, Good Samaritans And Next-Door Saints: Frontline Health Workers, Employees And Public Safety Personnel

By MOTHER OLGA of the Sacred Heart
Servant mother of the Daughters of Mary
of Nazareth in Quincy

One of the famous quotes from Martin Luther King, Jr. is, "Only when it is dark enough can you see the stars." In the last few months, and more so in recent weeks, our country has experienced profound darkness of pain, grief, losses. People grieve the loss of loved ones. More than four thousand homes are grieving today silently for the lives that were lost to Coronavirus. In many parts of the world, families cannot even have a gathering for a funeral or a proper religious burial because of the social distancing policies that

REFLECTION

have changed so many aspects of our ordinary daily life.

Many people are isolated, either because of the illness of this virus or fear of being infected by it. Children are away from school and friends, elderly are isolated in nursing homes without any visitors of loved ones, many sick people in hospitals cannot have the comfort of friends to visit them, etc. Such isolation can cause sadness of the present moment and fear of the unknown.

Other people are being challenged economically, especially those who have lived their daily life from paycheck to paycheck. Many have lost their jobs and many more have had to stay home for an uncertain amount of time.

In these very challenging, dark times I often hear people asking when this will be over, or hoping for the day that their lives will be back to normal. Reflecting on the facts and the reality of what Coronavirus has caused globally and nationally, yes, we have already lost so much. Yet in some ways, all our essential needs as a nation continue to be met and provided for. The light of such providence would have not been possible without the generosity and selflessness of so many of our hidden heroes, Good Samaritans, and what Pope Francis calls them, "the saints next door." In his recent homily on March 27, Pope Francis encouraged us to think of these individuals who are "often forgotten people - who do not appear in newspaper and magazine headlines nor on the grand catwalks of the latest show, but who without any doubt are in these very days writing the decisive events of our time: doctors, nurses, supermarket employees, cleaners, caregivers, providers of transport, law and order forces, volunteers..." they all remind us that we are not alone.

When I think of the people who have died alone, whether in nursing homes or hospitals, their caregivers and health-care workers were the only family they knew before they passed from this world. In many hospitals, nursing homes and medical centers across the country, we have countless doctors, nurses and healthcare workers who operate the hospital from testing to changing sheets and towels in patients' rooms, delivering food, cleaning the floors, emptying the trash, etc. These individuals are on the frontline of fighting this virus. They not only risk their own lives by going to work every day, but many times the lives of their loved ones at home if they ever carry the virus because of their work in such infected environments.

We all continue to have food in our homes because of the tireless effort of all those who work in grocery stores to continue restocking the shelves 24/7 so that we can all have all that we need to take care of our families and loved ones. All the people who work at post offices and many other delivery companies continue to deliver all our needs of packages, letters, gifts, etc.

All the employees of public services continue to take care of cleaning our neighborhoods and cities. All the bank workers and financial centers are there to assist with all the financial daily needs of each individual. Many of the faithful journalists who are working tirelessly to bring the latest updated needed information to our American people, the stories that they cover become personal to some of them who have already been infected by this virus. Yes, in the last two months many people have been blessed to be able to work from home, yet these frontline workers have no such option but to be there every day for each and every one of us.

Along with these frontline warriors and hidden heroes we are also blessed by the Good Samaritans in our community, all the public safety personnel who are always there 24/7 providing for the safety and the care of the people in our local community. In my Christian faith, Jesus said, "No one has greater love than this, to lay down one's life for one's friends," John 15:13. Our police officers, fire fighters,



MOTHER OLGA of the Sacred Heart

Courtesy Photo

they work hand-in-hand not only to keep our homes and city safe from all harm, but also are right there with every medical 9-1-1 call to accompany the EMTs and paramedics to ensure the safety of those who are in need of medical assistance. Along with their commitment to serve and save lives, it is amazing to see how much each department tries to do to contribute to the charitable causes in their city and beyond.

Yes, the effect of Coronavirus shook our nation and the whole world. In some ways, people think their lives have turned upside down. Many others called this situation the worst nightmare that people of this generation have experienced. In the midst of these long nights of grief, suffering, fear and yes, even panic, we all can look around and find countless stars shining to illumine the darkness of these days. The light of these ordinary stars around us is what gives us hope that things will get better and we will go through this together.

In Governor William Bradford's journal Of Plymouth Plantation, he described the journey of the settlement and the struggles of his fellow Pilgrims, who arrived in this land in 1620 aboard the small ship "Mayflower", and who had made a new home in Plymouth, Massachusetts, with the guidance of the Almighty God and the help of some Native Americans. He wrote: "Thus out of small beginnings greater things have been produced by God's hand than made all things of nothing, and gives being to all things that are; and, as one small candle may light a thousand, so the light here kindled has shone unto many..." Today in our nation we have countless number of people whose candle of service will not only ignite hope for the millions of Americans today but for generations to come.

Saint Teresa of Calcutta once said, "Intense love does not measure, it just gives." This truly echoes what our public safety personnel, healthcare workers, and frontline employees do who are out there every day without measure and giving their all to people who are hurting because of Coronavirus. And they do so indeed with concrete acts of love. For each one of these hidden heroes, Good Samaritans and next-door saints, we are eternally grateful. Their daily commitment to serve one day will be remembered in the history of our nation. We are already, and we will be, better people and a better nation because of each one of them.

Steps to Overcome Temporary Financial Hardships

With the ongoing COVID-19 pandemic forcing the closure and shutdown of most facets of daily life, more people are facing uncertainty surrounding employment and finances.

"Uncertainty breeds fear and anxiety — especially about money — and this health crisis is no exception," said Michael Sullivan, a personal financial consultant with Take Charge America, a national nonprofit credit counseling and debt management agency. "But even in these unprecedented times, there are several actionable steps to take to make it through this and any other financial hardship."

Sullivan shares several steps to take during a financial

setback:

- **Reallocate Budget:** If faced with a loss of income, take a close look at your existing budget and reallocate spending in accordance with a socially distanced lifestyle. Shift transportation or lunch money toward monthly bills or credit card payments.

- **Sell Stuff Online:** Classic yard sales may be off limits in the era of social distancing, but selling lightly used possessions remains a great way to earn extra cash. Focus on items that can be shipped on platforms like eBay or Poshmark that don't require physical contact between buyer and

Cont'd On Page 6

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Moments
in time

THE HISTORY CHANNEL

- On April 23, 1564, the great English dramatist and poet William Shakespeare is born in Stratford-upon-Avon, the son of a leather trader and the town bailiff. At age 18 he married Anne Hathaway, who was eight years his senior.

- On April 21, 1918, in the skies over France, Manfred von Richthofen, the notorious German flying ace known as "The Red Baron," is killed by Allied fire. Richthofen was the top ace on both sides of the Western front, downing 80 enemy aircraft.

- On April 24, 1945, President Harry Truman learns the full details of the Manhattan Project, in which scientists are attempting to create the first atomic bomb. The project was so secret that the former vice president only learned of it after President Franklin Roosevelt's death.

- On April 26, 1954, the Salk polio vaccine field trials, involving 1.8 million children, begin in McLean, Virginia. A year later, researchers announced the vaccine was safe and effective, and it quickly became a standard part of childhood immunizations in America.

- On April 22, 1970, Earth Day, an event to increase public awareness of the world's environmental problems, is first celebrated in the U.S. Millions of Americans, including students from thousands of universities, participated in rallies, marches and educational programs.

- On April 20, 1980, the Castro regime announces that all Cubans wishing to emigrate to the U.S. are free to board boats at the port of Mariel west of Havana, launching the Mariel Boatlift. The first of 125,000 Cuban refugees from Mariel reached Florida the next day in about 1,700 boats, overwhelming the U.S. Coast Guard.

- On April 25, 1990, the crew of the U.S. space shuttle Discovery places the Hubble Space Telescope, a space-based observatory about the size of a bus, into a low orbit around Earth. The solar-powered telescope remains in operation to this day.

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Scenes From Yesterday



THIS 1937 real photo postcard shows Quincy's famous Bargain Center just after it opened on the corner of Washington and Hancock Streets in Quincy Square. The founders: Joseph Coppleman, Louis Ross and Harry Van Dam and their next generation family members operated this store for almost 50 years until it closed in April 1986. The business began with 20 employees all taken from Quincy's relief-roll of the unemployed during the Great Depression. After World War II, the business grew so that a downstairs basement was opened in 1949 and an upstairs basement was added in 1951. In 1953 they expanded with a new three-story building and garage. Full-time employees grew to over 200. This unique business offered for sale a most diversified line of merchandise or, as they so aptly phrased it: "At the Bargain Center you can find almost any item at one time or another." When they had a sale newspapers carried

page after page of their ads. Their low prices and quality merchandise attracted shoppers from miles around. During the 1960s their famous three-day sales drew crowds of 25-30,000 shoppers. They were lined up under police control at the doors, and Quincy Square traffic was horrendous. Several hundred part-time employees were necessarily hired for the sales. Today's low-price eclectic stores don't even come close to resembling what many affectionately remember as simply "The BC" or "The Bargie." Its place in Quincy's retail legacy is legendary. A year after the store closed the building was demolished and ground was broken for the Presidents Place complex that now occupies this corner of Quincy Square. The Munroe Building on Hancock Street can be seen on the far left. Andy Sawicky of Milton contributed this postcard view.

From the Postcard Collection of Tom Galvin

AARP Fraud Update - April 2020

By CINDY CAMPBELL
Communications Director
AARP Massachusetts

Did you know that someone's identity gets stolen every two seconds?

The AARP Fraud Watch Network provides you with tips and resources to help you spot and avoid identity theft and fraud so you can protect yourself and your family. Our watchdog alerts will keep you up to date on con artists' latest tricks. It's free of charge for everyone: AARP members, non-members, and people of all ages.

The AARP Fraud Watch Network is:

- **An Educator:** Get real-time alerts about the latest scams, tips on how to spot them, and the inside scoop on how con artists think so you can outsmart them before they strike.
- **A Watchdog:** Our nationwide scam tracking map gives you access to a network of people who've spotted scams and the opportunity to pass along your own experiences, so together we can beat con artists at their own game.
- **A Resource:** Get connected to a real live person trained in how to avoid fraud and advise you if you or a loved one has been scammed by calling our fraud hotline or attending a forum in your community.
- **Free for Everyone:** Anyone, of any age, can access our resources at no cost.

SCAM ALERT #1:

DEATH, TAXES AND SCAMMERS

Tax time is here again and so are the IRS impostors! Scammers posing as IRS agents or Treasury Department officials continue their deceptive ways. Know that the IRS will first contact you through the mail if you owe taxes. If you receive a phone call or suspicious email or text from the IRS, chances are it's a scammer posing as an IRS agent. If you receive a scam call, hang up immediately and report the call to the IRS at 800-366-4484 or www.tigta.gov. If you receive an email, forward it to the IRS at phishing@irs.gov, and then delete it.

SCAM ALERT #2: SCAMS AND COVID-19

The world is rallying to combat the spread of COVID-19. People are looking for guidance to better protect themselves. But lurking in the shadows are scammers seeking to take advantage of this opportunity to steal money or sensitive personal information. Know there is currently no vaccine, treatment or cure for the disease caused by the

coronavirus – any claim of such is fraud. Consider products that claim they protect against coronavirus to be dubious at best. Carefully scrutinize any new investment opportunity related to a vaccine or cure. Your best bet is to stay up to date with new information and guidance through local, state and federal government sources (all government emails and websites end in ".gov.")

SCAM ALERT #3: IMPOSTER SCAMS BY THE NUMBERS

According to the Federal Trade Commission, impostor scams – scams where the con artists pretend to be a government agency, business or personal relationship – were the most commonly reported scam type in 2019. A recent AARP survey backs this up. AARP spoke to adults age 18 and older and found that 47% have been targeted by at least one impostor scam. Worse yet, 18% of U.S. adults targeted or victimized by a scam report experiencing health problems or emotional distress due to the experience.

The best way to avoid impostor scams is to know how they work. And despite the many ways scammers can do their bidding, they are most successful at finding victims by phone. Don't rely on caller ID. Let your answering machine screen calls. Listen to voice messages and ask yourself if something seems suspicious. Call back on a number you know to belong to whomever is calling (your bank, the IRS, Social Security Administration, etc.)

SCAM ALERT #4: SCAMS AND FRAUD, INC.

Traditionally, we think of con artists as lone wolves working out of their basement, but today's scammers are more like cogs in a much larger operation. Most scams today start with a phone call, often originating from foreign telemarketing businesses that operate just like legitimate call centers. "Executives" and "supervisors" manage "salespeople" – the scammers calling you to "close the deal."

These are professional criminal enterprises – and they are good at what they do. If you or someone you care about falls victim to their operations, know that it's not the fault of the victim for "falling for" something. Blame the criminal enterprise and fight back by sharing your story, so the next target may not end up as the next victim.

Be a fraud fighter! If you can spot a scam, you can stop a scam.

Report scams to local law enforcement. For help from AARP, call 1-877-908-3360 or visit the AARP Fraud Watch Network at www.aarp.org/fraudwatchnetwork.

Quincy's Yesterdays

This Week
1971
49 Years Ago

Broad Meadows Development Urged

Use of Broad Meadows' 115 acres of marshland for industrial development was urged by George D. Reardon of the Quincy-South Shore Development Corporation at Monday's City Council meeting.

He said it has tax possibility of \$1.5 million per year for the citizens of Quincy.

Attending with Reardon was Robert M. Faxon also representing the Quincy-South Shore Development Corporation.

The marsh area between Sea Street and Sothorn Artery was sold several years ago for \$80,800 to Mass Electric Co. for future development. They have held it for about 12 years.

Recently, Mayor James R. McIntyre secured approval of the area as the site for a community junior college.

Councillor John J. Quinn suggested that a junior college be built near an MBTA terminal for easy access.

MUSICAL CHAIRS GOES ON AT CITY HALL

The Quincy Sunbeams column reported that a summit meeting was held at Quincy City Hall behind closed doors in the mayor's office.

Attending were Mayor-State Sen. James McIntyre, Council President Arthur Tobin and Ward 5 Councillor Walter Hannon.

The Speculation Corps has been kicking around a three-way move for three weeks. If McIntyre accepts a state position and retires from active politics, Hannon will run for mayor and Tobin for his honor's senate seat.

If McIntyre decides to seek term number four, Hannon and Tobin will have to wait.

(Editor's Note: The move happened.)

QUINCYISMS

Mrs. William Mitchell of 3 Clement Ter., North Quincy, celebrated her 80th birthday by bowling three fast strings at the Wollaston Blvd Bowladrome. She is a member of the Marstonites League and had an 81 average... The Sunbeams Column also reported that if Richard J. Koch, Sr., decided to run for mayor he would shake things up politically. Koch, founder of the Koch Club, has never run for mayor but has had big influences on Quincy elections... **Mr. and Mrs. Domenico Marinelli**, 60 Elm St., was honored by more than 235 persons at a 50th wedding anniversary celebration at Montello's in Quincy Point. The couple was married in Abruzzi, Italy and has been residents of Quincy for 36 years... **Mr. and Mrs. Gunnar Skoog**, 30 Northfield Ave., Germantown, celebrated their 25th wedding anniversary at an open house at the Adams Shore Methodist Church. More than 100 family and friends attended the open house... Plans were underway to honor Miss Elizabeth "Betty" Close, librarian at the Temple Branch of the Thomas Crane Public Library at Quincy Point until its closing. Miss Close will be honored at the April 13 meeting of the Ward 2 Civic Association. President Keith McElmen will present a citation to Miss Close in recognition of her work and devotion to young people in Ward Two... **Miss Mary O'Brien** and **Miss Phyllis Ross** were co-chairmen of the Quincy Catholic Club's "Gay Nineties Night" held at St. Agatha's Parish Hall. **Mr. and Mrs. Timothy Reidy** of Quincy were in attendance along with **Msgr. Frederick Driscoll** of St. John's Church... **Rev. John D. Banks** of Bethany Congregational Church delivered the Easter Sermon; his topic, "You'll Never Walk Alone." **Rev. Arthur Curtis**, associate minister, led the prayers and responses... **Navy Seaman Morris Bernstein**, son of Mr. and Mrs. Sidney Bernstein, of 128 Greenleaf St., Quincy Center, graduated from Radarmen 'A' School at Great Lakes, Ill... **Joseph R. Harold**, 31 Riverside Ave., Adams Shore, DAV Department of Massachusetts Adjutant and **George McHugh**, a DAV member, attended the mid-winter conference at the Statler Hilton in Washington, DC... The Quincy-South Shore Chapter of the National Secretaries Association International named **Winifred E. Jarvelin** Secretary of the Year. Mrs. Jarvelin was the executive secretary to **James D. Asher**, president of Radio Station WJDA... **Pasquale "Pat" DiStefano**, 38 Payne St., South Quincy, was appointed chairman of the 1971 Cancer Crusade. Assisting him, as co-chairman was **James A. Sheets**, 926 Furnace Brook Pkwy., West Quincy... **Louis C. Arienti**, 22 Barry St., West Quincy, announced his candidacy for the School Committee. Mr. Arienti was a graduate of Providence College and received his Master's Degree from Boston State College... "Joy to the World," by Three Dog Night was the top record and Jesus Christ Superstar was the top album as of Easter Week 1971... **Donald H. Strong**, executive director of the Quincy Council on Aging, was honored at a "Send Off" party at the Hollow Restaurant. Strong, director of the council for 17 months, was leaving to accept a position in the State Department of Community Affairs.

With Schools Closed, Students Learning Remotely

Cont'd From Page 2

veying families to determine how many students did not have access to computers, DeCristofaro said; the school system has 1,500 Chromebooks, some of which could be lent to families while schools are closed.

Mayor Thomas Koch said he could use part of the money the city will receive from the \$2.2 trillion federal stimulus package approved in March to purchase Chromebooks for public school students. DeCristofaro said it would be at least a month before the city can receive those new computers.

Committee member Paul Bregoli said he was concerned Massachusetts schools might not reopen at all this school year. Several states have already ordered schools to close through the end of the academic year, including Alabama, Arizona, California, Georgia, Kansas, New Mexico, Vermont and Virginia.

"If that were to occur, I'm concerned about gaps in learning," Bregoli said.

He suggested summer enrichment courses be made available to students, in particular high schoolers whose classes are sequential in nature.

"If they have that time

frame where they haven't had that full instruction, can they get it so they can be up to speed when September starts?" Bregoli said.

DeCristofaro said educators throughout the country are worried about losing out on the remainder of the school year. He said summer enrichment courses could be offered remotely this year if necessary.

"The remote learning piece could be something that helps us for quite a bit of time, even with some of the programs we offer in the summer. We could be doing that and do a lot more of it," he said.

Committee member Doug Gutro likewise said he hoped administrators were preparing for the possibility schools might not reopen before the school year ends.

"I pray it's not, but I hope we're planning as if this could go into the remainder of the school year," Gutro said. "I know the day they open the schools, if it's May 5, you will all be prepared and we will talk that through and everything will be terrific, but I think we need to be in a position that we can teach with some semblance of consistency and access until the end of the school year."

DeCristofaro said administrators were preparing for that possibility.

Anthony Andronico, the committee's vice chairman, said he was confident teachers would be able to rise to the occasion.

"I have full faith that our teachers will be able to rise to the task of this unusual situation," he said.

Committee member Emily Lebo said students should be given the opportunity to interact with each other remotely while schools are closed.

"I think there is nothing more important than for the kids to have that opportunity, especially the little kids," she said. "The kids need to connect with each other. They have lost a whole community."

Lebo said some schools have already taken steps to connect teachers and students. Teachers from the Clifford Marshall Elementary School, for example, have posted videos of themselves on YouTube for students to watch.

"Even though it wasn't interactive, it really felt very, very personal," she said. "I'm hoping we will move toward more of that."

In addition, Lebo said teachers who might not be comfortable using technology to interact with students should receive the training to do so as part of professional development.

"We need to make sure they have the tools they need to be comfortable to use these platforms," she said.

Koch lauded school administrators, teachers and staff for their work in recent weeks.

"Everybody is working so, so hard to get through this very difficult time. These are uncharted waters, not only for us as a district but really...across the country," the mayor said.

"I think overall, the schools' response has been incredible. That's not to say we can't do better in areas - I get that. I think the team will continue to do that."

Koch also stressed the importance of social distancing to prevent the spread of the coronavirus.

"I want to remind everybody who is tuned into this meeting that the social distancing is so important. We've had to put things over the backboards in the parks. We've had to rope off sections because kids were congregating. We have to take this seriously - the families out there," Koch said.

"You may feel fine but you could be transmitting it to somebody else, so that is important to suppress that curve we're looking at - the surge in the next two or three weeks across the state."

DCR Beach Parking Areas Closed Due To Health Emergency

Parking Areas Include Wollaston Beach

Governor Charlie Baker issued an emergency order April 2nd requiring all coastal beach reservation parking areas managed by the Department of Conservation and Recreation (DCR) to close effective noon on April 3 to reduce large concentrations of people at beaches during the COVID-19 outbreak. Among the beach parking lots closed was Wollaston Beach on Quincy Shore Drive in Quincy.

Additionally, effective at noon April 3, DCR opened select seasonal state parks early and expanded access at other parks to provide additional open space opportunities for residents to enjoy and alternatives to popular state parks throughout the Commonwealth.

Coastal parkways that provide access to state beaches will also be closed to both parking and dropping off passengers. State beaches will remain open and available to pedestrians for transitory use only (walking, jogging, biking, solitary fishing, etc.).

State parks and associated parking areas remain open at this time; however, the public is asked to visit state parks and other open space properties that are located near their homes to ensure social distancing to limit the spread of COVID-19. Additionally, DCR's agency-owned ice rinks, visitor centers, campgrounds, playgrounds, fitness areas, athletic fields, athletic courts, golf courses, and bathroom facilities will remain closed until Monday,

May 4.

DCR is also limiting the amount of parking spaces available at certain high-visitation state parks. DCR continues to stress that if a park is crowded, visitors should consider visiting a different location or returning at a later date or time. The state parks system has over 450,000 acres of property, and every region of the state contains multiple parks to explore that may be less busy than others in the area. DCR advises visitors of state parks to:

- Stay within solitary or small groups, and avoid gatherings of ten or more people;
- Practice social distancing of at least six feet between individuals;
- Participate in only non-contact recreational activities;
- Practice healthy personal hygiene, such as hand-washing for at least 20 seconds; and,
- Stay home if ill, over 70, and/or part of a vulnerable population.

To centralize COVID-19 updates that impact the state parks system, DCR recently developed a Massachusetts State Parks COVID-19 Updates webpage. Prior to visiting a state parks property, members of the public should review the contents of the webpage. Furthermore, for information about the Baker-Polito Administration's ongoing efforts to mitigate the spread of COVID-19, please visit the Department of Public Health's (DPH) website.

State Income Tax Guidance, Penalties Waived For Corporate Excise Returns And Payments

The Baker-Polito Administration recently released guidance regarding the extension of the 2019 state individual income tax filing and payment deadline from April 15 to July 15 due to the COVID-19 outbreak, and announced that the Department of Revenue (DOR) will waive any late-file and late-pay penalties for corporate excise returns and payments due April 15 that are filed and paid by July 15.

This guidance, publicized in the form of a Technical Information Release (TIR) from DOR, clarifies that the extension for personal income taxpayers applies to 2019 returns and payments as well as the first installment of estimated tax due April 15. The second installment of estimated tax due June 15 will also now be due July 15.

The extension of the personal income tax return deadline is being implemented pursuant to legisla-

tion and applies to personal income tax, estate and trust income tax, and income tax due with a partnership composite return with an April 15 due date. It also applies to an April 2020 tax installment owed by a personal income taxpayer with respect to deemed repatriated income. Taxpayers that have previously filed their 2019 returns but have not yet made the associated payments have until July 15 to make such payments.

Additionally, DOR will waive late-file and late-pay penalties for corporate excise (including financial institution and insurance premiums excise) returns and payments until July 15. The waiver of penalties applies to corporate excise returns and payments with an original due date of April 15, including those of certain S corporations and non-profits that file on a fiscal-year basis and have tax returns and payments due April 15.

This income tax relief is automatic, and taxpayers do not need to file any additional forms to qualify.

Individuals and companies with questions or con-

cerns regarding taxes can contact the Massachusetts Department of Revenue at (617) 887-6367 or send a secure e-message through MassTaxConnect.

Steps To Overcome Temporary Financial Hardships

Cont'd From Page 4

seller. Hold off on selling furniture and bigger things until pandemic restrictions end.

• **Turn to the Gig Economy:** If you've lost your job, you may consider gig work for extra income. With people sequestered at home, demand for delivery services such as Instacart and Postmates has surged. Several companies have instituted policies to limit in-person contact and help workers stay safe. You'll want to assess your comfort level with the potential risks considering the current situation.

• **Eat What You Have:** Chances are you have plenty of food in your pantry and freezer that you haven't prepared yet. Putting together meals from food you already have helps stretch limited finances.

• **Call Landlord or Lender:** If you know you won't be able to make your rent or mortgage payment, contact your landlord or mortgage lender immediately. Being proactive helps ensure you have the most options available for possible reduced or deferred payments.

• **Explore Credit Hardship Plans:** Working on credit card debt can be extra stressful when facing a sudden loss in income. In this instance, call your creditors to ask about hardship plans, which temporarily lower interest rates and

credit limits while waiving fees. This allows payments to apply to the principal. Generally, these plans last three months, and interest rates may go back to normal immediately or rise over time afterward.

• **Don't Forget Your Student Loans:** The government already has offered some major relief for federal student loan borrowers. As part of the massive coronavirus relief bill, all payments on federal loans have been suspended through Sept. 30. Interest will not accrue and nonpayment during the timeframe cannot be used to affect credit scores or qualifications for loan forgiveness. Any payments made during this time will apply to your principal.

Consumers who are overwhelmed by debt or struggling to pay bills may find guidance with a free online credit counseling session.

Founded in 1987, Take Charge America, Inc. is a non-profit agency offering financial education and counseling services including credit counseling, debt management, student loan counseling, housing counseling and bankruptcy counseling. It has helped nearly 2 million consumers nationwide manage their personal finances and debts. To learn more, visit www.takechargeamerica.org or call (888) 822-9193.

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City Of Quincy Hospitality Support Fund

By TIM CAHILL
President, Executive Director
Quincy Chamber
Of Commerce

Mayor Tom Koch, the City of Quincy's Affordable Housing Trust Fund and the Quincy Chamber of Commerce have teamed up to create and distribute the Hospitality Support Fund to help those workers in the restaurant, hospitality and food & beverage industries who have been impacted by the almost complete economic shutdown caused by COVID-19.

We are working closely with leaders in the local restaurant scene such as Greg McDonald (Common Market), Jimmy Liang (Fuji), Kerri Lynch-Delaney (16C), Leo Keka (Alba), Victor Carvalho (Dunkin'), Karen Djerf (Tony's Clam Shop), Ryan Lavery (Widowmaker Brewing) and Vance Welch (Abby Park) to get financial assistance to employees trying to pay their rent and stay in their home during this severe health and economic

crisis.

Mayor Koch, during an emergency phone meeting of the Affordable Housing Trust Fund's Board said, "We want to create a mechanism to help local hospitality workers pay their rent while they are out of a job." The Board then unanimously approved the mayor's requested commitment to the fund*. Our mission at the Quincy Chamber is to provide direct rental assistance from this city fund as quickly possible to as many qualified workers so that they can remain housed during the next few months of this unprecedented economic shutdown.

Our commitment is to help as many people as we can!

To qualify for assistance, you must meet all of the following requirements:

- Complete & submit the application form
- Must be a full-time employee who worked in a restaurant, hospitality or food/

beverage establishment

- Submit last two pay stubs received

- Proof of lease or rent (lease agreement, canceled check, PayPal or Venmo payment to landlord)

- Reason of hardship (laid-off, collecting unemployment)

- No more than \$15,000 in liquid assets (bank statements)

Please note: Approved funding will be sent directly to the landlord on your behalf.

If you have any questions email info@thequincychamber.com or call the Quincy Chamber of Commerce at 617-471-1700

* If you are not part of the hospitality industry and need housing help, the Mayor and the Affordable Housing Trust has contracted with Quincy Community Action (QCAP) for assistance. Contact them at 617-657-5377 or Quincy-CovidRent@qcap.org and www.qcap.org.

Union Congregational Church

Union Congregational Church will be celebrating Holy Week with special services being held online via Zoom.

All are welcome to join in and hear the Word presented by Reverend Joy Eng Matos.

To join us, pcall (617) 479-666 or email the church at uccwoil@gmail.com at least one hour prior to the

service start time. The services are as follows:

A Maundy Thursday Service will be held on April 9 at 7 p.m.

A Good Friday Service will be held on Friday, April 10 at noon.

Easter will be celebrated on Sunday, April 12 at 10:00 a.m.

Union Congregational Church is a place where

Christ is taught, proclaimed, and lived in loving fellowship with others.

For more information, call the church at 617-479-6661, send an email to Uccwoil@gmail.com or visit our website at www.Union-CongWoll.org.

Project Bread Food Access To Low-Income Students

As Massachusetts grapples with the shuttering of public buildings, schools, and businesses due to coronavirus, the one in 11 households and 1 in 9 children experiencing food insecurity before this crisis can depend on uninterrupted access to a critical child nutrition resource: school meals.

Project Bread, in partnership with the Department of Elementary and Secondary Education, is leveraging decades of experience with federal nutrition programs and school meals in particular, to support community partners and school districts operationalizing grab & go meals at more than 1,295 alternative meal sites throughout the state.

As the Commonwealth adjusts to social distancing and a stay-at-home advisory, Project Bread and critical partners are quickly adapting existing programs and innovating to ensure continuity of school meal service in the context of a global pandemic. There is no one-size-fits-all school meals model during a public health crisis. In that context, Project Bread provides school districts with essential resources, expertise, grants

WHAT'S COOKING

with
Marie & Susie

By MARIE D'OLIMPIO and SUSIE FALCO



Curly Noodle And Beef Dish

By MARIE

Who doesn't love comfort food and who doesn't love a one-pan comfort food recipe even more!

Today's recipe is a one-pan wonder with very simple ingredients, but when served it will look and taste like it took a lot more time.

Recipe and Directions

- 2 tablespoons of olive oil
- 1 pound ground beef (or any favorite ground meat)
- 12 ounce package of curly egg noodles
- 8 ounce can crushed tomatoes

- 2 cups of hot water
- 2 cups of beef stock or chicken stock
- 1 small onion, diced
- 1 teaspoon of garlic powder
- 2 tablespoons of olive oil

In the hot oil, sauté the onion and meat for a few minutes and stir until meat is browned and onion is caramelized.

Add tomatoes, stock and the noodles.

Stir and cook for 5 minutes.

Add water cover and simmer until done.

Serve with grated parmesan or Romano cheese.

To make this dish a complete meal you can serve with a delicious tossed salad.

Brown Rice Salad

By SUSIE

Here is a delicious Brown Rice Salad recipe that is so nice to make when the weather gets warmer. It tastes even better the next day and is great to bring to a pot luck as well.

This is loaded with protein, nutrients, herbs and vegetables, and will keep you satisfied, and great as a side dish or a light meal. The fresh herbs really make it so don't substitute for dried. Hope you like it!

- 2 cups of brown rice cooked in 4 cups of vegetable or chicken BROTH according to package directions and let cool.
- Toss with.....

- 1 can organic garbanzo beans, drained and rinsed.
- 1 cup cherry or grape tomatoes, halved
- 1 cup chopped yellow, green, or red pepper

- ¾ cup chopped red onion
- ½ cup chopped fresh basil leaves
- ¼ cup chopped fresh parsley

And about 1 cup of vinaigrette.....
(More or less as needed)

- ½ cup apple cider vinegar
- ½ lemon, squeezed
- 1 cup extra virgin olive oil
- 1 clove minced garlic
- 2 teaspoons raw honey
- 2 teaspoons sea salt
- Pepper

Whisk vinaigrette together well. Toss well with other ingredients and check for seasoning.

This is best when chilled for a bit, stirred, and taste tested since all the flavors take a bit of time to "mingle." Enjoy!

Thanks Gennaro's Eatery For Helping Families In Need

To the editor:

On Sunday, March 29, while listening to Wicked Bites Radio Show, I heard Chef Gerry, owner at Gennaro's Restaurant in Quincy, call in and offer a free bundle meal per day to families in need. I work for COMPASS/Boston, an agency that provides support and stabilization to DCF involved kids and their families.....the Commonwealth's most vulnerable, needy and at-risk residents. I immediately called the radio station and left my name. Later, Gerry called back and let me know the specifics of his offer.

I knew this would be a wonderful treat for COMPASS families. The COMPASS families getting Gerry's delicious meals don't often have the financial means to go out to dinner together. Most are struggling with limited resources, especially while having their children home from school due to COVID-19.

Ironically, I've eaten

Gerry's food many times, both in the restaurant and from his catering division. I love Gennaro's delicious Italian specialties, the gigantic portions, and Gerry's great prices. Over the years, my brief interactions with Gerry definitely left me with the impression of him having a warm, kind and caring personality.

During my conversations with Gerry to arrange the pickups for COMPASS families, his big heart always shines through. He repeatedly states how he is a blessed man and is committed to making sure he gives back to his community, especially to those less fortunate than himself.

The COMPASS families have loved receiving Gennaro's very special Italian entree/dinners for five, a family size salad and a warm loaf of fresh Italian bread. A big shout out to Chef Gerry, his big heart, his fantastic food, and his hard-working staff!

Joanne M. Wilkinson



Homemade Ice Cream Since 1976

NEW Order in advance by phone or online & pick up your "make-at-home" supplies Wed-Sun 4-7 pm

This Month's Special Flavors:

- Chocolate Hazelnut
- Salted Caramel Pretzel
- Lemon Custard

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City Could Purchase Chromebooks For Students

By SCOTT JACKSON

Mayor Thomas Koch said he could use a portion of the funding the city will receive as part of a federal stimulus package to purchase Chromebooks for Quincy Public Schools students.

President Donald Trump signed the \$2.2 trillion stimulus plan into law on March 27 after it was unanimously approved by Congress. The package, the largest of its kind in the country's history, was approved to provide relief to Americans, businesses, and state and local governments amid the coronavirus pandemic.

Koch, during a School Committee on April 1, said cities and towns with 500,000 or more inhabitants would work directly with the federal government

to receive funding from the stimulus package. Less populous communities, including Quincy, will receive funding from their respective states. The mayor said Quincy would be eligible for aid from the stimulus.

"It is pretty much a guarantee. The formula is in place," Koch said. "I don't want to get into the number right now because I want to make sure we've got all our ducks in a row."

Koch said he is looking into purchasing Chromebooks or other laptops for students with the stimulus funding. Students in grades nine through eleven could receive laptops later this academic year, the mayor said, and middle schoolers could receive them after the city's new fiscal year begins July 1.

"I think this is a good time to be looking more in depth at this and perhaps the federal funding for it will make it a little easier for us to absorb it," the mayor said. "I think that would be a good use of some of this money that will be coming in."

Schools statewide are currently closed through May 4 and remote learning began last month.

The new laptops could be available within the next month, Koch said, noting school officials would also need to come up with guidelines for their use.

"I will make the funds available to get as many new Chromebooks as we can in the coming weeks," Koch said.

"We've got to come up with the guidelines. Are

these going home? Do they get returned at the end of the school year? Do they keep them and return in September with them? There are a lot of issues around that with the kids."

In addition to aid to cities and towns, Koch said the stimulus package included changes to make the Community Development Block Grant program more flexible. He said the city could now allocate funds from that federal grant program to area food pantries, for example.

"Our food pantries are all stressed out at this point so we're planning some resources to help them keep their shelves stocked," the mayor said.

At the close of the meeting, Koch reminded residents of the importance of

filling out the federal census. The information collected during the census is used to allocate federal funds.

"I know there are a lot of other things on people's minds, but that federal census request and the information required there is so necessary to get back to the feds

so we as not only a city but a school district get all the resources we deserve and need. It's very, very important," Koch said.

"People who are home looking for something to do, get online and fill out that census or use the one coming through the mail."

City COVID-19 Relief Fund

Cont'd From Page 1

Donations can be made at www.quincyrelieffund.com. Checks made out to The Quincy Foundation with "Quincy Relief Fund" in the memo line can be mailed to the Quincy Foundation, c/o Colonial Federal Savings Bank, 15 Beach St., Quincy, MA 02170.

All proceeds from the fund will go directly to people and organizations impacted by coronavirus pandemic. There are no administrative costs associated with the fund, and all donations are fully tax deductible.

For more information and questions, e-mail info@thequincyfoundation.com

Renewal Deadlines For MV Registrations Extended

RMV Also Implements Key Changes To Service Delivery, Organizational Protocols

The Massachusetts Registry of Motor Vehicles (RMV) is continuing to take several important steps following Governor Charlie Baker's declaration of a State of Emergency the week of March 9th and to complement the work that has been underway for weeks across state government to keep residents safe and healthy.

Effective April 1, 2020, all of the passenger plate registrations that have expired in March or will be expiring in April have been extended for 60 days. Reg-

istrations that expired in March have been extended until May 31st and registrations that expire in April have been extended until June 30th. Registration renewals can continue to be performed online at Mass.Gov/RMV during this time. Customers seeking to do so in-person will not be able to make an appointment and should delay their visit to a Service Center at this time.

In addition, the RMV recently has implemented key changes to service delivery and organizational protocols as follows:

- Due to the current COVID-19 pandemic, the RMV has implemented a strict no walk-in policy at a limited number of Service Centers that remain open to the general public. Service for necessary in-person transactions is available by appointment only. Customers should visit Mass.Gov/RMV to make a reservation at an open Service Center or find information on over 40 transactions that can be conducted online, by phone, or by mail.

- All Driver's Licenses, ID cards, and Learner's Per-

mits, including Commercial Licenses & Permits, that have expired or are expiring between March 1, 2020 and April 30, 2020, have had a 60-day extension applied to the current expiration date and do not need to be renewed at this time. This does not apply to customers whose end of stay in the United States is the same as the expiration date on their Driver's License, ID card, or Learner's Permit. CDL Medical Certificates that expire on or after March 1st until April 30th will be extended until June 30th to

prevent license downgrades and elective medical visits, as well as alleviate demand on medical providers.

- The annual motor vehicle safety and emissions inspection stickers that expire on March 31 and April 30 have been extended 60 days and all motorcycle inspection stickers originally set to expire on May 31 must be inspected by June 30. The RMV is also extending the time during which newly registered vehicles must be inspected based on the purchase date.

- In addition, the RMV

has suspended all road tests through April 12th. Class D and M Learner's Permits knowledge exams have been suspended indefinitely. Commercial Learner's Permit tests are available to be taken at the Milford and Wilmington RMV Service Centers during normal business hours and commercial road tests continue to occur.

For details on all of these extensions and additional information on RMV services and the RMV's response to COVID-19, visit <https://www.mass.gov/info-details/rmv-covid-19-information>.

How To Take Fear Out Of The Workplace During COVID-19

By RICH ARMSTRONG and STEVE BAKER

Fear. Uncertainty. A growing sense of panic every time the president delivers a national address about the far-reaching effects of the coronavirus.

Chatter around the workplace these days is filled with questions like: Will I get sick? Will I have a job tomorrow? Can I afford to pay my rent?

What can you do when you're facing fear in the workplace? The good news is that you can turn to four key principles: transparency, financial discipline, trust and respect for people, and a forward-focused approach. If you want to take fear out of the workplace, consider the following steps:

Embrace transparency. "Open-book management" is the idea that everyone inside your organization will be taught to understand the numbers that drive its success. Many growing business owners can be reluctant to share the truth about the financials inside their business. But they don't realize the kind of risks they take on by doing so. They take on the burden of keeping the business alive — solo. In many cases, CEOs and owners are forced to shut the doors of the business to the shock of their associates, who are then left to wonder if they could have done something to contribute to a different outcome.

That's why it's amazing what happens when you have the courage to share the news — good and bad — with your people. Treat them like adults. Get their attention directed toward what they can do to help — versus panicking. Plus, the more eyes you have on a problem, the more ideas you'll have to solve it. It's an automatic check-and-balance on the security of your business.

Discuss your cash position. It's been frustrating over

the past few years as we've watched startup companies under the guidance of universities, incubators, and even investors embrace the idea that the only way they could grow was to take on debt. Some of you may find yourselves in an over-leveraged position, but that can also be an opportunity to engage your workforce and tell them the truth about the situation. If you do find yourself in trouble, ask your associates for ideas about how they can contribute to cutting costs — and increasing cash flow to the point where you can actually cover your debt obligations. You'll be amazed at what can happen when you teach your people the rules of the game.

Protect jobs. Attracting talent and retaining it can be tough. We don't have a future without people. In the not-too-distant past, executives sometimes became idols when downsizing jobs became the new mantra, laying off people at a time they needed those jobs the most. Something similar could happen today. Difficult times can convince companies to resort to layoffs to survive. But it is wise to think differently. Whoever has the most talented workforce will dominate their markets as soon as 2021. The time to get your organization ready for the next upturn is today — not when it's already arrived. By then, it may be too late.

Get ready for the upturn. As bad and as uncertain as things look today, here's a secret: it's actually harder to get a company ready to take advantage of an upturn than it is to prepare for a downturn. Downturns can actually be opportunities to fix things inside your business that you can't afford to invest the time and resources in when the economy is booming. While it might seem counter-intuitive, the current down market comes as a kind of short-term relief.

It's giving us a chance to catch up — to make investments in our people and facilities — and to prepare ourselves to capitalize on the economic uptick that we expect to hit in late-2020, early-2021. By then, our workforce should be more stable and productive — and ready to take full advantage of the available opportunities. They have every incentive to do so, because, as owners of the business, they have a true stake in the outcome.

We know how painful things are today. But there's no reason you can't also dare to be successful. And learning how to build a culture based on transparency, financial discipline, trust and respect for people, and a forward-focused outlook, is a great place to start removing the fear that's pervading your workplace.

Rich Armstrong (www.greatgame.com) is the president of The Great Game of Business Inc., and co-author, with Steve Baker, of *GET IN THE GAME: How To Create Rapid Financial Results And Lasting Cultural Change*. This book is the how-to application of Jack Stack's 1992 bestseller, *The Great Game of Business*. Armstrong and Baker co-authored the update of Stack's book in *The Great Game of Business — 20th Anniversary Edition*. Armstrong has nearly 30 years of experience in improving business performance and employee engagement through the practice of open-book management and employee ownership.

Steve Baker (www.greatgame.com) is the vice president of The Great Game of Business Inc., and is a top-rated, sought-after speaker and coach on the subjects of open-book management, strategy, and execution, leadership, and employee engagement. Baker is a career marketing and branding professional and an award-winning artist.

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Hearing Loss: An Environmental Threat

A Message From Ruth Jones, City Of Quincy Health Commissioner

Editor's note: due to the coronavirus outbreak and health emergency, Quincy Health Commissioner Ruth Jones is unable to submit new articles to The Quincy Sun. We are running some of her old health articles in the interim. The column below first appeared in The Sun three years ago.

By RUTH JONES
MSPH, BSN, RN,
BC, CP-FS

Hearing empowers us and helps us lead our everyday lives without constraints. It makes it possible for us to communicate, socialize and work. It also assists us in staying connected to the outside world and it keeps us protected by alerting us of potential danger.

Loud noise exposure is a common environmental hazard in the United States that can lead to hearing loss and deterioration of other conditions such as sleep disturbance, cardiovascular disease and diabetes. Unless your hearing is tested, it's extremely difficult to know if it's damaged.

Recent CDC surveys found about one in four U.S. adults who say their hearing is good or excellent actually have hearing damage. The latest CDC report demonstrates that much of this damage is from loud sounds encountered during everyday activities at home and in the community.

Almost 58 million Americans are exposed to loud noises at work and home at least 4 hours per day, for

several days a week. Surprisingly, less than half of those exposed, used hearing protection. Additionally, for the almost 35 million Americans who use firearms, only 58 percent use hearing protection.

Excess noise exposure at home or in the community from things like using a leaf blower or attending loud concerts can impair a person's hearing just as much as working in a very noisy place. Approximately 40 million Americans show some hearing damage from loud noise, with nearly 21 million reporting no exposure to loud noise at work. This can be disturbing for not only those people affected, but also their loved ones.

CDC researchers analyzed more than 3,500 hearing tests conducted on adult participants in a 2012 survey. They found that 20 percent of people who reported no job-related noise exposure had hearing damage in a pattern typically initiated by noise. This damage, revealed by a distinctive drop in the ability to hear high-pitched sounds, emerged as early as age 20. The report found:

- About 53 percent of adults with noise-induced hearing damage reported no job exposure to loud sounds. This damage shown by a distinctive drop in the ability to hear high-pitched sounds, appeared as early as age 20.

- Almost one in four adults ages 20 to 69 who

reported good to excellent hearing already have some hearing loss.

- Almost 1 in 5 adults who reported no job exposure to noise displayed hearing damage indicative of noise exposure.

- The presence of hearing loss increased with age, from about 1 in 5 (19%) among young adults ages 20-29 to more than 1 in 4 (27%) among adults ages 50-59.

- Hearing loss is more common among men and people over the age of 40 years.

It is more expected that older people will have hearing loss however this study finds some young adults are already losing some hearing, so this is a problem for all age groups. Questioning patients about their hearing, and offering tips for reducing exposure to loud noises, can help assist patients preserve and sustain their hearing.

As the U.S. population ages, researchers report that millions more will confront the prospect of losing their hearing. Among American adults 20 and older, hearing loss is expected to increase from 44 million in 2020 (15

percent of adults) to 73.5 million by 2060 (23 percent of adults). The increase will be greatest among older adults, according to the researchers from Johns Hopkins Medicine in Baltimore.

In 2020, 55 percent of all adults with hearing loss will be 70 or older. In 2060, that rate will jump to 67 percent. In the approaching decades, there will be an amplified demand for affordable interventions and access to hearing health care services.

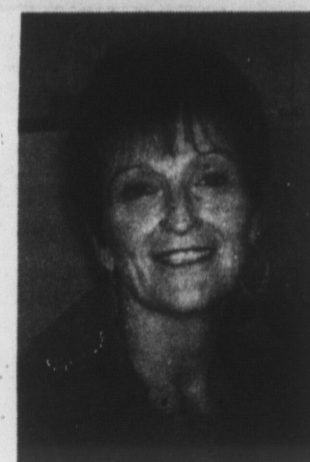
Difficulty with hearing is the third most frequently reported chronic health condition in the U.S. About 40 million Americans ages 20 to 69 have hearing loss in one or both ears that may be the end result of noise exposure. A few recent studies have shown an increase in the number of young people exposed to loud sounds through portable devices and at entertainment venues.

Research has shown that untreated hearing loss is linked to anxiety, depression, loneliness, and stress. In addition to hearing loss, chronic noise exposure has been associated with worsening of heart disease, increased blood pressure, and other unfavorable health

outcomes. The relevance of the necessity of more studies on exposure to noise in early life and its relationship to hearing loss as people age is very evident.

The cost for the first year of hearing loss treatment in adults ages 65 and older is projected to reach an estimated \$51 billion by 2030. Beyond the cost, hearing loss can take a toll on a person's quality of life and ability to communicate, work and remain involved in social and family activities. Hearing loss has been associated with a decrease in mental ability; reminding us of how essential it is to have a provision for hearing care for our population. Its significance will continue to intensify.

Healthcare providers can assist their patients to slow the progression of hearing loss from noise exposure. The CDC encourages primary care providers to question patients concerning their exposure to loud noise and difficulty hearing. When patients display or convey concerns regarding hearing problems, providers should examine their hearing, and/or refer them to a hearing specialist. Health care



RUTH JONES

providers should actively identify patients at risk and encourage the use of hearing protection in all patients. At routine health care visits, providers also should clarify how noise exposure can permanently damage hearing and educate patient's ways to protect their hearing.

People concerned about their hearing can follow some common sense tips:

- Avoid noisy places whenever possible.

- Use earplugs, protective ear muffs, or noise-canceling headphones when they are exposed to loud noises.

- Keep the volume low when watching television, listening to music, and using earbuds or headphones.

- Request a hearing test from your healthcare provider at your next checkup.

Ruth Jones is the health commissioner for the City of Quincy.

COVID-19 Community Tracing Collaborative To Mitigate Spread Of Virus

Cont'd From Page 3

are implementing support center capabilities for the CTC's tracing purposes.

"This is a key effort in the Commonwealth's work to slow the spread of the virus by adding capacity to reach individuals who have come in close contact with individuals are confirmed

positive for COVID-19," said Health and Human Services Secretary Marylou Sudders. "I encourage residents to cooperate with the operation so that we can further slow the spread of COVID-19 in Massachusetts."

The Collaborative will deploy nearly 1,000 contact tracers throughout the state

to connect with COVID-19 patients and their contacts to support Massachusetts' efforts to track and contain the virus.

Contact tracing through the CTC will support the Baker-Polito Administration's ongoing efforts to expand bed capacity, increase

personal protective equipment (PPE) supplies and provide resources for health care providers and patients.

For more information on COVID-19, visit Mass.gov/covid19. Get notifications to your phone or mobile device by texting COVIDMA to 888-777.

Boston Cannons Season Start Delayed

The Boston Cannons Major League Lacrosse team announce the league has delayed the start of the 2020 season due to the COVID-19 pandemic. The team plays its home games at Veterans' Memorial Stadium in Quincy.

The Cannons, in a letter to fans, stated:

"Right now, our world is experiencing an unprecedented situation as we face a global pandemic. Major League Lacrosse team presidents and league executives have been closely monitoring the development of COVID-19 and its impact on our world.

"As the scheduled season opener draws closer, it has become clear that opening our season on May 30 could put the health and safety of our players, fans and employees at risk. Today, Major League Lacrosse elected to suspend the start of the 2020 season. This decision was made to safeguard the health of our players, fans and staff, as well as those within the Boston and greater-MLL communities as a result of the global pandemic.

"Major League Lacrosse and the Boston Cannons have been vigilant in coordinating with the Center for Disease Control and Prevention (CDC), as well as federal, state and local officials to determine the protocols that will allow us to begin our season in the safest manner possible. We are carefully following their recommendations so that we can ensure the well-being of all MLL communities.

"We are grateful to all our fans for their support, and we extend our thoughts to those who have been impacted by the COVID-19 virus.

"The Cannons look forward to returning to Veterans Memorial Stadium for our monumental 20th season. We will keep our website and social media up to date with any changes or developments to the 2020 season."

Gasoline prices in Massachusetts are down six cents this week, according to AAA Northeast.

AAA Northeast's April 6 survey of prices in Massachusetts finds self-serve, regular unleaded averaging \$1.99 per gallon. Massachusetts' price is seven cents above the national average of \$1.92. A year ago at this time, the average price in Massachusetts was 56 cents higher at \$2.55 per gallon.

"This week, market analysts are watching crude oil prices, which started to increase at the end of last week," said Mary Maguire, director, Public and Legislative Affairs. "However, given the low demand, increases in crude aren't likely to have an impact on gas prices in the near-term."

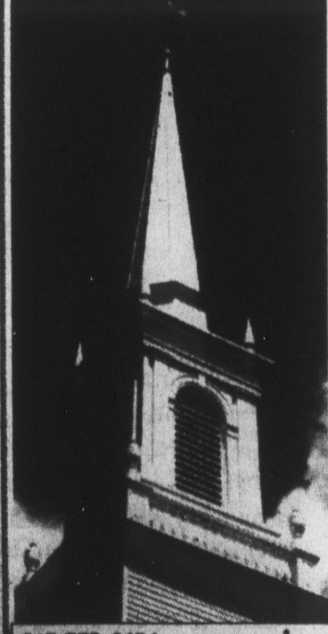
The range in prices in

the latest AAA survey for unleaded regular is \$1.09, from a low of \$1.50 to a high of \$2.59. AAA advises motorists to shop around for the best prices in their area.

Remember to slow down and move over for any emergency vehicles on the side of the road.

Find the most up-to-date

local gas prices with the AAA Fuel Finder by logging onto AAA.com and clicking on Gas Saving Tips & Tools.



**Quincy Point
Congregational Church**
United Church of Christ

HOLY WEEK VIRTUAL WORSHIP SERVICES

Maundy Thursday April 9 - 7:00 pm:
Bring a candle to this virtual solemn service of shadows and ponder Jesus's love for you

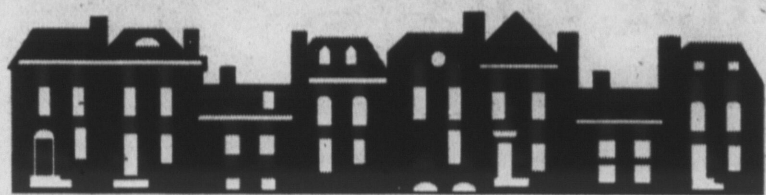
Good Friday April 10 - 12 noon:
A time of word, prayer, and song as we again remember what Jesus did for us on the cross.

Easter Sunday April 12 - 10:00 am
Rev. Kimberly Murphy of QPCC and Rev. Liz Williams, Wollaston, UCC join together to celebrate the Risen Christ in a service of music and word.

View services on the Quincy Point Congregational Church Facebook page or YouTube channel.

617-773-6424

Quincypointcong.org



Real Estate

Quincy Real Estate Transactions March 30 - April 3

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER	BUYER	AMOUNT	ADDRESS
327 Copeland Street LLC	Dorothy Joyce	\$540,000.00	327 Copeland Street
Ai Z. Gao & Shun L. Zhang	Yu-Xin Xu & Li Liu	\$534,880.00	70 Carlisle Street
Rong Liu & Lijun Xia	Josue D. & Katlyne Velasquez	\$500,000.00	689 Sea Street
Jessica R. Wilson & Marc Edmundson	Christopher R. & Rosanne T. Doyle	\$403,000.00	76 Macy Street
Marie J. D'Olimpo	Roger E. & Caroline Hughes	\$585,000.00	15 Grogan Avenue
Garfield Street LLC	Christine Mai	\$555,000.00	51 Garfield Street Unit D
Garfield Street LLC	Georgia A. Christoforou	\$525,000.00	51 Garfield Street Unit G
Mary Kelleher, Theresa Kelleher-Palmarin & Jonathan Grande	Tannaz M. Zadeh & Milad Z. Targhi	\$583,000.00	999 Hancock Street Unit 201
Katherine & Anthony Vento	David P. & Kham V. Leu	\$760,000.00	119-121 Russell Street
18 Johnson Avenue Realty LLC	Divya H. Rane & Sushrut S. Patil	\$530,000.00	18 Johnson Avenue Unit 18
Gabrielle Freedman & Gerard Squires	Tran L. Nguyen	\$655,000.00	58 River Street
Jeffrey R. Wootan	Bo Li & Dandan Mo	\$680,000.00	249 Pine Street
Cheryl A. Antonik	Josephine Florio	\$448,000.00	9 Canton Road
Katharine F. Plaza	Jennifer Li	\$295,000.00	111 Warren Avenue Unit 2F
Maria Conforto Mansfield	Shaobing Su & Guoliang Zhong	\$345,000.00	15 Bower Road Unit D-1
Willard Street Realty Trust LLC	James P. & Kelsey M. Davidson	\$700,500.00	589-591 Willard Street
Bostonia Nominee Trust	1445 Hancock Realty LLC	\$2,540,000.00	1445-1453 Hancock Street
David G. & Maria Bowness	Juan D. Puella-Martinez & Ana P. De Tejada	\$650,000.00	13 Westford Street
John Herr	Michael Orsi	\$353,500.00	29 Broady Avenue
Patricia Lovell	Marian C. Bowen	\$342,000.00	77 Adams Street Unit 1002
Hui Bao	Brian Palmucci	\$280,000.00	138 Willard Street Unit 5
Charles F. Kenney	Tuan V. Nguyen & Diem Dam	\$720,000.00	178 Centre Street
Ameera Hassan-Fiore	Susan S. Barton & Tyrone E. Smith	\$419,900.00	10 Seaport Drive Unit 207
Dorothea M. McGlame	Gerhard J. & Megan E. Vanderlinde	\$524,000.00	171 Harvard Street
Ruslan & Inna Y. Afasizheva	Kent A. Stirtz	\$1,250,000.00	21 Parke Avenue
Carol B. D'Alessandro	Flyhomes Investments MA LLC	\$600,000.00	239 Governors Road
Joyce Breda	Shauna Marie Diersch	\$248,000.00	308 Quarry Street Unit 100
28 Richfield Street Realty Trust	John & Colby Tilley	\$899,900.00	28 Richfield Street
Lisa M. Graham	Maria P. Spiropoulos	\$637,000.00	31 Seaway Road
Louise J. & Paul F. Lydon	Miles James Real Estate LLC	\$875,000.00	3 Sagamore Avenue

Strong 1st Quarter Real Estate Activity Despite COVID-19

O'Donnell Reports Real Estate Sales Up 9%; Average Sales Price Increases 8% In Norfolk County

Register of Deeds William P. O'Donnell reports real estate sales and lending activity experienced solid growth in Norfolk County during the first quarter of 2020 (January - March).

This growth came despite all the issues encountered with the COVID-19 coronavirus which began to appear in early March.

"During the 1st quarter, real estate sales in Norfolk County, both residential and commercial, rose 9% year over year," O'Donnell said. "There were 3,684 properties sold compared to 3,374 during the 1st quarter 2019. This growth can be explained by many real estate sales being in the pipeline

prior to COVID-19 impacting Massachusetts. Individuals and businesses were also taking advantage of low interest rates to purchase property."

The average sales price, again both residential and commercial, during the 1st quarter was \$794,546, an 8% increase from the 1st quarter of 2019. Additionally, the total volume of residential and commercial sales for the quarter was \$1.6 billion, a 17% increase year over year.

In Norfolk County, a dramatic increase was seen in the number of mortgages recorded during the quarter. A total of 7,768 were recorded during the 1st quarter

2020 compared to 4,532 during the same time period in 2019.

"A solid economy prior to COVID-19 and low interest rates were resulting in consumers not only looking to buy property, but also taking advantage of more favorable terms to refinance their existing mortgages," noted O'Donnell.

The number of Homesteads recorded during the 1st quarter also increased by 9% compared to the 1st quarter 2019.

O'Donnell reiterated the advantages of having a Homestead recorded against a homeowners primary residence.

"The Homestead law provides limited protection against the forced sale of an individual's primary residence to satisfy unsecured debt up to \$500,000. I urge Norfolk County homeowners to consider this important consumer protection tool," O'Donnell said.

A note of concern during the quarter was the rise in foreclosure activity.

"The number of foreclosure deeds recorded," O'Donnell noted, "was 43, a 19% increase from the 1st quarter 2019. Also, there was a 63% increase in the

number of Notice to Foreclose Mortgage filings, the first step in the foreclosure process."

Continuing, O'Donnell said:

"While the federal government recently ordered foreclosure activity to cease for 60 days in response to the COVID-19 coronavirus pandemic and many lending institutions have instituted mortgage relief efforts, I am extremely concerned that the current economic upheaval caused by the COVID-19 incident will result in a significant spike in foreclosure activity as we move further into 2020.

"My office continues to partner with Quincy Community Action Programs, 617-479-8181 x376, and NeighborWorks Southern Mass, 508-587-0950 to help anyone having issues paying their mortgages. These organizations have staff available to help anyone who has received a Notice to Foreclose Mortgage from a lender. Another option is to contact the Massachusetts Attorney General's Consumer Advocacy and Response Division (CARD) at 617-727-8400. Each of these programs is staffed by knowledgeable profes-

sionals. If anyone is facing a foreclosure, I recommend they avail themselves of one of these excellent programs."

In conclusion O'Donnell said, "While the COVID-19 coronavirus pandemic has prevented public access to the Registry building, the Norfolk County Registry of Deeds has remained open for the recording of land documents. We have been able to do this by utilizing electronic recording for our institutional users and also recording documents received via regular mail and a drop off box.

"While doing all we can to keep our employees safe by social distancing, instituting workshifts, utilizing alternate work sites and in some cases having employees work from home, we have been able to remain open to record land documents. By instituting these steps, the Registry of Deeds has done its part to keep the Norfolk County real estate market operational during these trying times.

"These efforts are a tribute to the professionalism shown by the Registry of Deeds employees and the cooperation and patience shown by our customers

and the residents of Norfolk County. Clearly, this pandemic has caused massive economic upheaval. There is no question the impact to the real estate market will be significant in the 2nd and 3rd quarters. Our pledge at the Registry of Deeds is to do all we can to help the local real estate economy and serve the residents of Norfolk County."

To learn more about these and other Registry of Deeds events and initiatives, like us at Facebook.com/NorfolkDeeds or follow us on twitter.com/NorfolkDeeds and/or Instagram.com/NorfolkDeeds.

The Norfolk County Registry of Deeds is located at 649 High St. in Dedham. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information. All land record research information can be found on the Registry's website www.norfolkdeeds.org.

Residents in need of assistance can call the Registry of Deeds Customer Service Center at (781) 461-6101, or email register@norfolkdeeds.org.

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The Quincy Sun



Historic Quincy's Hometown Weekly Newspaper Since 1968

VOL. 52 No. 28

Thursday, March 26, 2020

All Schools Closed Until At Least May 4

The Baker-Polito Administration announced Wednesday (March 25) new actions to support the ongoing

COVID-19 response, including extending the closure of all public and private schools and non-emergency

child care programs and steps to protect homeowners and low-income tenants from eviction and foreclo-

sure. The Department of Public Health (DPH) also issued an order relative to pharmacies and grocery

stores.

Schools and Non-Emergency Child Care Programs: Governor Charlie Baker issued an emergency order extending the closure of all public and private schools, and all non-emergency

childcare programs, until May 4 in an effort to prevent the further spread of COVID-19 in the Commonwealth.

This order expands on previous orders issued on

Cont'd On Page 2 (Page 12)



THE BEST – and only – float in the Saint Patrick's Day parade in Quincy. From left to right: Dick Leonard, Frank Hogan, Adrian Leonard and Kathy Hogan. More on the parade Page 6 (Page 16). The parade occurred before the state's stay-at-home advisory. Photo by Steve Samsel

36 COVID-19 Cases In Quincy; 1 Fatality

As of March 25, there were 36 confirmed and presumptive cases of COVID-19 in Quincy according to an update released by the city. Of that number, 8 people have recovered and one man in his 80's has died from contracting the virus.

Statewide as of March 25, there are 1,838 cases including presumptive and confirmed. State officials also announced four more fatalities due to COVID-19

bringing the total to 15 state-wide. These include a male in his 80s from Norfolk County, preexisting conditions, hospitalized; male, 80s, Barnstable County, preexisting conditions, hospitalized; male, 70s, Worcester County, unknown preexisting conditions, hospitalized; and a woman in her 70s, Worcester county, preexisting conditions, hospitalized.

Cont'd On Page 2 (Page 12)

Councillors OK \$500,000 For Coronavirus Response

By SCOTT JACKSON

City councillors, at the request of Mayor Thomas Koch, set aside \$500,000 March 20th for Quincy's response to the coronavirus pandemic, including funds to purchase personal protective equipment for first responders, acquire a tent for a mobile testing facility if needed, and overtime pay for the city's public nurses and other personnel.

Councillors voted 9-0 in favor of the appropriation during an hour-long special meeting held by videoconference, the first time the body has met in such a fashion. The money will come from the city's snow and ice removal account, which had roughly \$1 million remaining in it prior to the vote.

Chris Walker, Mayor Thomas Koch's chief of staff, said the \$500,000 could be the first of several appropriations the council would be asked to approve related to the pandemic. Walker said the administration would spare no expense in its response to COVID-19, the disease by the coronavirus, which has infected more than 234,000

people worldwide and killed nearly 10,000.

"Our concern is the safety and wellbeing of the people of the city. We will find the money," he said. "We are prepared to weather any storm and it is going to be quite a storm."

Walker identified three areas where the \$500,000 could be spent.

The city plans to buy personal protective equipment for first responders, including masks, gloves, and reusable suits that can be disinfected. The equipment would primarily be for police officers, Walker said, because firefighters' gear provides them with protection. Some of the equipment will also be set aside for Department of Public Works employees who respond to emergencies, like sewer backups, in individuals' residences.

The city has worked with Brewster Ambulance to source the personal protective equipment, Walker said, and was prepared to purchase it once the appropriation was approved.

The \$500,000 would also include funds to purchase a

tent for a mobility testing facility that could be located in the city. While the city would be setting aside funding for the tent, Walker said Koch would not have the final decision on whether such a facility would open in Quincy.

"This isn't happening tomorrow. There are already some in the area," Walker said. "When the call comes, we will be ready to go."

South Shore Health, the operator of South Shore Hospital, has already opened a mobile testing area at Union Point in Weymouth. If a similar facility were to open Quincy, Walker said it would likely be on the grounds of Quincy Medical Center, but that is subject to change.

He also noted there would be certain criteria to determine who was eligible for testing at the site.

"There will not be under any circumstances a testing free for all," Walker said.

The third area the city is looking to use the \$500,000 for is overtime for the nurses of the Health Department and other personnel, he said.

The \$500,000 could be

spent on other items related to the city's response, depending how the epidemic unfolds.

During the meeting, Walker also provided councillors with an update on Quincy Medical Center. The hospital closed in 2014 though the emergency department site remains open.

Walker said Koch has reached out to FoxRock Properties – the owner of the hospital and the surrounding site – to discuss the status of the building. FoxRock, Walker said, was "absolutely willing," to allow it to be used for any purpose deemed necessary.

A substantial capital investment, however, would be needed before the hospital could be reopened. That could require the assistance of the Army Corps of Engineers.

"It is not a functioning facility," Walker said. "That being said, it does not mean it is impossible."

Eastern Nazarene College in Wollaston has also offered its dorm rooms if necessary, Walker said.

While the city could make available those sites or

others, Walker noted the city would not be able to provide the equipment or personnel necessary to operate them.

"We would happy to build a field hospital, but we don't have the ventilators, the doctors or the nurses," he said.

Several of the councillors who spoke at the meeting applauded the work Koch and other city officials, including Health Commissioner Ruth Jones, have done in recent weeks amid the outbreak.

"It is important to show even in times of crisis we have a functioning government," said Ward 4 Councillor Brian Palmucci.

"The mayor has really set an even-keeled tone at a time when people's anxiety is high," Ward 3 Councillor Ian Cain added.

Councillor Anne Mahoney said it is important residents continue to follow city and state orders in relation to the outbreak.

"They do feel draconian at times, but it is important to follow the rules," she said.

As part of those rules, the state has banned gatherings of more than 25 people

through April 6. Walker said the Quincy Police Department has been asked to enforce that rule since it came into effect.

Friday's council meeting was the second city meeting held remotely this week. On Thursday, the Affordable Housing Trust Fund Committee set aside \$1 million for rental assistance for hospitality workers impacted by the outbreak.

Walker said the details of that program are being worked out. The Quincy Chamber of Commerce and Quincy Community Action Programs will both be involved in administering the program.

Gov. Charlie Baker has suspended the state's open meeting law in response to the pandemic, allowing local boards to meet remotely. Council President Nina Liang said her colleagues would likely meet again via teleconference at their next regularly scheduled meeting on April 6.

Liang also thanked her colleagues for their participation in the meeting.

"Everything is stopped, but this is the time we all can't stop," she said.

Baker Orders Non-Essential Businesses Closed Until April 7

Governor Charlie Baker issued an emergency order Monday (March 23) requiring all businesses and organizations that do not provide "COVID-19 Essential Services" to close their physical workplaces and facilities to workers, customers and the public as of Tuesday, March 24th at noon until Tuesday, April 7th at noon.

These businesses are encouraged to continue operations remotely.

The Baker-Polito Administration issued a list of designated businesses and other organizations that provide essential services and workforces related to COVID-19 that shall con-

tinue to operate brick and mortar facilities during this two-week time period. This list is based on federal guidance and amended to reflect the needs of Massachusetts' unique economy. While these businesses are designated as essential, they are urged to follow social distancing protocols for workers in accordance with guidance from the Department of Public Health.

Businesses and organizations not on the list of essential services are encouraged to continue operations through remote means that do not require workers, customers, or the public to

enter or appear at the brick-and-mortar premises closed by the order.

Restaurants, bars, and other establishments that sell food and beverage products to the public are encouraged to continue to offer food for take-out and by delivery if they follow the social distancing protocols set forth in Department of Public Health guidance. On-premises consumption of food or drink is prohibited.

Due to evolving spread of COVID-19 in Massachusetts, Governor Baker has directed the Department of Public Health to issue a stay at home advisory outlining

self-isolation and social distancing protocols. Residents are advised to stay home and avoid unnecessary travel and other unnecessary activities during this two-week time period. Residents over 70 years of age or with underlying health conditions, who are considered at high risk when exposed to COVID-19, should limit social interactions with other people as much as possible.

The Baker-Polito Administration does not believe Massachusetts residents can be confined to their homes and does not support home confinement for public health reasons.

The Baker-Polito Administration Order also limits gatherings to 10 people during the state of emergency, a reduction from the 25 person limit established in an earlier order.

This includes community, civic, public, leisure, faith-based events, and any similar event or activity that brings together more than 10 persons in any confined indoor or outdoor space. The order does not prohibit gatherings of more than 10 people in an outdoor space, like a park or athletic field.

Categories of COVID-19 Essential Services:

Health

Law Enforcement, Public Safety & First Responders

Food & Agriculture
Critical Manufacturing
Transportation
Energy
Water & Wastewater
Public Works
Communications and Information Technology
Financial Services
Defense Industry Base
Chemical Manufacturing & Hazardous Materials
Other Designated Community Based Essential Function & Government Operations
News Media

All Schools Closed Until At Least May 4

Cont'd From Page 1 (Page 11)

March 15 and March 18 suspending normal educational operations at schools and non-emergency child care programs until April 6, and the Department of Early Education and Care (EEC) established a process to approve Exempt Emergency Child Care Programs to serve vulnerable children and families of first responders and essential workers.

This closure extends one week beyond scheduled spring vacation week on most school district calendars.

The order does not apply to residential special education schools.

This extension will allow school administrators and educators added planning time to ensure students can complete course requirements, as well as provide teachers with time to expand remote learning opportunities.

Remote Learning and Education: During this time, the Department of Elementary and Secondary Education (DESE) is requesting that educators continue to develop and assemble high-quality educational materials to provide students with effective remote learning resources through the month of April. The Department is also creating a model for districts to use and modify in collabora-

tion with local stakeholders to fit their school district's needs, and will continue to work with schools to identify best practices for implementing effective remote learning.

Remote learning encompasses a wide variety of learning methods, including both analog and online. While technology is an excellent tool, districts should also consider ways students can continue to learn offline.

This could include exploring nature, activities to support students' local communities (with appropriate social distancing) and engaging in hands-on projects and artistic creations that stem from students' experiences.

Additionally, through a new partnership between DESE and WGBH, educational resources will be posted on the department's website, and middle and high school students can access WGBH and WGBY educational programming on WGBH and WGBY on the WORLD channel from noon to 5 p.m.

Housing Stability for Vulnerable Populations: The Baker-Polito Administration announced steps to keep vulnerable families in their homes, preserve the health and safety of low-income renters and homeowners, and prevent homelessness due to reduced or lost

income. These steps include the following:

DHCD is moving to temporarily suspend terminations of federal and state rental vouchers under their purview.

MassHousing is transferring \$5 million to the Department of Housing and Community Development (DHCD) for a COVID-19 Rental Assistance for Families in Transition (RAFT) fund to assist families facing rent insecurity.

The Division of Banks (DOB) has issued new guidance to Massachusetts financial institutions and lenders urging them to provide relief for borrowers and will advocate for a 60-day stay on behalf of all homeowners facing imminent foreclosure on their homes.

DHCD is issuing guidance recommending that all owners of state aided low-income housing, including Local Housing Authorities and private owners, suspend both pending non-essential evictions and the filing of any new non-essential evictions.

Affordable housing operators are urged to suspend non-essential evictions for loss of income or employment circumstances resulting in a tenant's inability to make rent.

This guidance urges operators to establish reasonable payment plans, notify

Section 8 or public housing residents about interim income recertification to adjust rent payments, and to consider offering relief funding for residents ineligible for income reassessment.

Pharmacies and Grocery Stores: DPH has issued a new order to support pharmacies and grocery stores and their employees during the COVID-19 public health emergency. This order will require grocery stores and pharmacies to:

- Provide at least one

hour per day of shopping for adults over 60-years-old.

- Offer sanitation options, such as hand sanitizer and disinfecting wipes, as available, to clean shopping carts and points of frequent contact.

- Appropriate social distancing policies, including a marked "Social Distancing Line," beginning six feet away from all checkout counters.

- Close any self-serve food stations.

- Instruct store employees who are ill to stay home, and for stores to accommo-

date employees who fall in the high-risk category with alternative assignments to limit exposure.

The Administration will continue to update the public on further developments and individuals are encouraged to consult both the Department of Public Health and the US Centers for Disease Control and Prevention websites for the most up to date information.

The latest information and guidance regarding COVID-19 is always available at mass.gov/COVID19.

36 COVID-19 Cases In Quincy; 1 Fatality

Cont'd From Page 1 (Page 11)

County-wide, the most reported cases are in Middlesex (446), Suffolk (342) and Norfolk (222).

What You Need to Know:

Governor Charlie Baker has issued an executive order to further extend the closure of all Massachusetts schools and all non-emergency child care programs until May 4, 2020.

A temporary emergency order has been issued that prohibits the use of reusable bags until further notice. Retailers will provide bags free of charge during this time.

Governor Charlie Baker ordered all non-essential businesses to close no later than noon on Tuesday, March 24. The order does

not apply to grocery stores, pharmacies and many other services deemed essential. For a full list of essential services included in the Governor's order, please click here.

Baker also reduced the maximum number of group assemblies to 10 people, down from 25. Additional guidance on that order, can be found here.

A Wollaston Elementary School Grade 5 teacher, who was last in school on March 12, has tested positive for COVID-19. In a letter to Grade 5 parents, Supt. Richard DeCristofaro asked that children in the class self-isolate in their home until March 26 as a precaution, based on the recommendation from Health Commissioner Ruth Jones.

An elderly man with underlying medical conditions is the city's first fatal case of COVID-19. There are a total of 36 cases of COVID-19 involving Quincy residents and 8 patients have recovered. Testing numbers remain uncertain, so the day-to-day reporting may not reflect the full spread of the virus.

All day-care facilities except Exempt Emergency Childcare Centers to serve families of first-responders and front-line medical personnel are closed.

City offices are closed to the public. The city will still be staffed, but residents will be required to conduct business via telephone, the Internet or through the mail. No emergency services will be impacted. For a full list of department phone numbers and contact information, see page 16.

All playgrounds in Quincy are closed, but park spaces are open.

Students can pick up "Grab and Go" meals at North Quincy High School, Quincy High, Snug Har

Cont'd On Page 4 (Page 14)

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Legislation Filed To Address Challenges Faced By Municipalities, School Districts During COVID-19 Outbreak

The Baker-Polito Administration has filed An Act to Further Address Challenges Faced by Municipalities and School Districts Resulting from COVID-19, which would provide administrative relief to state and local

Interfaith Social Services Food Pantry Open

Bureau Drawer Thrift Shop Closed; Monetary Donations Sought

A message from Interfaith Social Services regarding the COVID-19 health emergency:

FOOD PANTRY

Interfaith Social Services' food pantry is an essential program and is open regular hours (Monday-Friday, 10-11:45 a.m., and Wednesday evenings 5-7 p.m.).

We're following guidance from the CDC and local health officials and have implemented protective measures to limit person to person contact. We are also having our building professionally disinfected on a regular basis. We strive to continue providing exceptional service as well as food and emergency assistance to our neighbors in need.

Clients who drive will wait in their cars instead of waiting in the food pantry waiting room. They will pull up to our front doors and a volunteer will come out to their car and check them in. Groceries will then be brought out to the car. Clients who walk or take public transportation to the pantry will check in at the front desk as usual and may wait in the waiting room. We are limiting the number of clients in the building so that people can keep a safe distance from each other.

New clients are welcome. Please arrive during regular pantry hours and bring:

- Identification for each member of the household
- Proof of residency (ex. A utility bill, rental agreement, etc.). Our food pantry only serves residents of Braintree, Cohasset, Hingham, Holbrook, Hull, Milton, Quincy, Randolph, Scituate and Weymouth.

More details here: <https://interfaithsocialservices.org/food/>

BUREAU DRAWER THRIFT SHOP

The Bureau Drawer Thrift Shop is CLOSED until further notice.

We are unable to accept Thrift Shop donations at this time.

NEW DIRECTIONS COUNSELING CENTER

Interfaith cares deeply for all who depend on our programs. We want to make sure counseling clients can still access services, even if they cannot or do not feel comfortable coming into the office. The Counseling Center remains open, though therapists and clients may choose to conduct sessions over the phone.

The Counseling Center is accepting new clients. Call 617-773-6203 ext. 12 to schedule an appointment.

HOW YOU CAN HELP

Our biggest need is monetary donations. We have seen a significant decrease in the amount of food we are able to rescue from local supermarkets. And with our Thrift Shop closed, we've also lost more than \$10,000 a month in income. Fortunately, we have very strong spending power - with just \$1 we can purchase the equivalent of 5 meals.

DONATE NOW: <https://interfaithsocialservices.org/donate>

We are also in need of volunteers. Sign up for a shift here: <https://bit.ly/ISSvolsignup>

Donations of nonperishable food items, toiletries and cleaning products are welcome. Donations can be dropped off at Interfaith, 105 Adams St., Quincy, Monday-Friday 8:30am-2:30pm and also Wednesdays 4-7pm.

government entities impacted by the ongoing COVID-19 outbreak, including modifying local permitting processes, enabling municipalities to extend tax and finance deadlines, and extending deadlines for certain education requirements.

Full details on proposed changes in the legislation include:

Suspending the cap on hours and compensation for retired employees collecting a pension for hours worked during the state of emergency, allowing municipalities to tap qualified workers when their workforces might be disrupted.

Permitting establishments licensed to sell alcohol for on-premises consumption to sell wine and beer by take-out and delivery, provided that the wine or beer is sold in the original sealed container, is sold in the same transaction as a purchase of food and is not over certain volume limitations.

Modifying the local permitting process during the state of emergency by:

- Providing that no permit is automatically granted, approved, or denied because a local permitting authority is unable to act within a time period required by law.

- Providing that any permit that is currently valid will not lapse or expire during the state of emergency and suspends any time limitation on such permits during the emergency.

- Allowing applications for permits to be filed electronically, to eliminate the need for in-person filing.

- Suspending any requirement that a hearing on a permit application be held within a certain period until 45 days after the end of the state of emergency.

- Extending municipal tax deadlines by allowing municipalities to waive late-payment penalties for 4th quarter tax bills, which are due May 1. In addition, municipalities could change

their tax bill due date from April 1 to June 1.

- Allowing municipalities to extend the deadline for property tax exemptions and deferrals. The current statutory deadline is April 1, and this would allow municipalities to extend it to June 1.

- Permitting Regional School Districts to suspend the statutorily-required vote on the approval of their fiscal year 2021 budget and allowing the Department of Elementary and Secondary Education to certify an amount sufficient for the operation of the district, until a budget can be adopted.

- Modifying the MCAS by permitting the Board of Elementary and Secondary Education upon recommendation of the Commissioner of Elementary and Secondary Education to modify or waive the required competency determination for high school graduation. The Commissioner of Elementary

and Secondary Education would also be allowed to modify or waive the MCAS testing requirement.

- Extending a Student Opportunity Act deadline by permitting the Commissioner of Elementary and Secondary Education to extend the April 1, 2020 deadline for each district to submit its first 3-year plan to address "persistent disparities in achievement among student subgroups."

- Permitting electronic signatures for search warrants and criminal complaints. Allowing electronic signatures in these situations would result in less traffic in courthouses and reduce in-person encounters, while still allowing the criminal process to continue.

- Extending the dates by which the MBTA must approve a preliminary budget and submit a final budget to better align with the Commonwealth's budget process.

Access the equity in your home or free up cash monthly Here's how...

Maybe you'd love to access the equity in your home but you're nervous about taking out an adjustable home equity line with interest rates rising. Or maybe you went with a shorter term and that monthly payment has become a burden. **This is something that could work for you - refinance into a new 30-year mortgage.** With 30-year rates still so low, lower than fixed-rate equity loans, it's definitely a home equity loan/line alternative. And also a way to free up cash monthly and make your life easier. Would a new 30-year loan be right for you? It's easy to find out. Apply online or call Angela Blanchard at 617-471-0750. **Colonial Federal, a bank with ideas.**



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ONLINE: www.colonialfed.com

Some additional facts: Rate/Annual Percentage Rate (APR) effective as of 03/18/20 and may change. Applies to 1-4 family owner-occupied homes. Assumes a maximum 80% loan-to-value and first mortgage position. Subject to credit approval. A 30-Year Loan would be repaid in 360 equal monthly principal plus interest payments of \$4.42 per \$1000 borrowed, which do not include taxes or insurance premiums, if applicable. So your actual monthly payment will be greater. NMLS # 409557



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36 COVID-19 Cases In Quincy; 1 Fatality

Cont'd From Page 2 (Page 12)

bor and Lincoln-Hancock. Meals will be available from 11 AM to noon. Additional details are available on QPS website.

All restaurants and bars in Quincy are not allowed to serve food or beverages on site.

Any gathering should maintain "social distancing" meaning people stay further six feet away from each other at all times.

All public regulatory boards are postponed until at least April 7.

All public facilities will continue to undergo aggressive environmental cleaning on a daily basis.

Mayor Koch will use \$1 million from the city's Affordable Housing Trust to assist workers in the City's hospitality industry and maintain their housing during prolonged closures. The full details of the program will be developed in the

coming days.

Best Practices

Residents in potentially vulnerable populations, such as seniors and those with underlying medical conditions, are advised to stay home.

Many of the things you do to help prevent colds and the flu can help protect you against other respiratory viruses such as Coronavirus:

Avoid large gatherings.
Wash your hands often with soap and warm water

for at least 20 seconds.

Cover your coughs and sneezes.

Stay home if you are sick. If you are ill call your healthcare provider for instructions before going to a clinic, office or emergency room.

There are currently no vaccines available to protect against this novel coronavirus infection. It is not recommended that people wear masks when they are

in public. Masks can be useful in some settings, such as a clinic waiting room, to prevent someone who has a respiratory illness from spreading it to others. There is no hard evidence that wearing a mask protects the wearer outside of the health-care setting.

Don't flush Disinfecting Wipes, Paper Towel or Flushable Wipes down your toilet. They can clog sewer lines and cause plumbing is-

sues in your home.

Need More Information?

Ruth Jones
Health Commissioner
(617) 376-1272
rjones@quincyma.gov
City of Quincy COVID-19 Informational Hotline
(617) 376-1288
Mayor's Office of Constituent Services
(617) 376-1500
CDC COVID 19 Information Page
Mass.gov

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Moments
in time

THE HISTORY CHANNEL

• On April 8, 563 B.C., Gautama Buddha, the founder of Buddhism, is thought to have been born in what is now Nepal. Buddhist tradition had placed his birth in the 11th century B.C., until modern scholars determined he was likely born in the 6th century.

• On April 3, 1776, lacking sufficient funds to build a strong navy, the Continental Congress gives privateers permission to attack all British ships. Any goods captured by the privateer were divided between the ship's owner and the government.

• On April 6, 1830, Joseph Smith, founder of the Mormon religion, organizes the Church of Christ. Smith claimed in 1823 that he had been visited by an angel named Moroni who spoke to him of an ancient Hebrew text. Smith translated this text, and in 1830 The Book of Mormon was published.

• On April 7, 1945, the Japanese battleship Yamato, purportedly the greatest battleship in the world, is sunk in Japan's first major counteroffensive in the struggle for Okinawa. It sank after being struck by 19 American aerial torpedoes, drowning 2,498 of its crew.

• On April 5, 1969, some 100,000 antiwar demonstrators march in New York City to demand that the United States withdraw from Vietnam. The weekend of protests ended with demonstrations and parades in other cities.

• On April 2, 1979, the world's first anthrax epidemic begins in Ekaterinburg, Russia (now Sverdlovsk), killing 62 people. The Soviet government blamed tainted meat, but in 1992 the real cause was found: Workers at the weapons plant had failed to replace a crucial filter.

• On April 4, 1982, hockey sensation Wayne Gretzky of the Edmonton Oilers finishes the NHL season with 212 points, the only player in NHL history to break the 200-point barrier. He went on to repeat the feat three more times.

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Scam Alert: Government Relief Checks Trigger Latest Coronavirus Scam

By BETTER BUSINESS BUREAU

The proposed federal stimulus package announced this week includes sending every American a check to offset lost income from the coronavirus crisis.

Scammers wasted no time in taking advantage of this news! BBB is already getting reports on BBB Scam Tracker (BBB.org/ScamTracker) about government imposters calling about the checks. Watch out for these phony government grants that ask for personal and banking information.

How the Scam Works

You receive a message or see a social media post claiming that you qualify for a special COVID-19 government grant. With the news stories about the proposed stimulus plan, you figure it must be true. You click the link and are taken to what seems to be an official website asking you to enter your personal information and/or banking details. It's "necessary" to verify your identity and process your grant.

As always, there are several versions of this con. BBB Scam Tracker has received reports of people contacted through text message, social media posts and messages, and phone calls. One variation is a Facebook post telling seniors about a special grant to help pay medical bills. The link leads to a website claiming to be a government agency called the "U.S. Emergency Grants Federation" (phony, of course). The site requests your Social Security number under the guise of needing to verify your eligibility. In other versions, scammers claim that you can get additional money — up to \$150K in one case — or even receive your funds im-

mediately. All you need to do is share personal details and pay a small "processing fee."

No matter what the message, don't click! In addition to taking your money, these sites also can download malware to your device and use your information for identity theft.

Tips to Spot a COVID-19 Grant Scam:

Remember, government agencies do not communicate through social media avenues like Facebook. So, be wary of unsolicited messages.

Do not pay any money for a "free" government grant. If you have to pay money to claim a "free" government grant, it is not really free. A real government agency will not ask you to pay an advanced processing fee. The only official list of all U.S. federal grant-making agencies is Grants.gov.

Check for look-alikes. Be sure to do your research and see if a government agency or organization actually exists. Find contact info on your own and call them to be sure the person you've heard from is legitimate.

Don't assume an offer in a social media message is from a real friend. It's easier for scammers to impersonate real people on social media. Call your friend to verify they contacted you (and share this Scam Alert with them if they are spreading false information).

For More Information

Read more about government grant scams in this BBB tip. For more information about scams in the wake of coronavirus, see BBB.org/Coronavirus.

Resources Available To Support Business Community

The City of Quincy is working with the federal and state government to provide continued updates relative to resources available to the Business Community on COVID-19 information and alerts for funding/disaster business resources.

The following is a list of resources for the business community:

COVID-19 – Disaster Relief with helpful links for immediate connection to these agencies. <https://www.mass.gov/info-details/covid-19-resources-and-guidance-for-businesses>

Small Business Administration Economic Disaster Loan (EDIL) Program

The SBA's Economic Injury Disaster Loan program has been activated statewide in Massachusetts. Updated details about the SBA Economic Injury Disaster Loan and how to apply is available here:

To learn more, go to: www.sba.gov/DISASTER

It is recommended that you apply on-line at: disasterloan.sba.gov/ela

Customer Service Center can be reached at: 1-800-659-2955 or e-mail disastercustomerservice@sba.gov

No cost to apply, small businesses are urged to submit applications immediately.

NEW 12-Month Deferment period for the first payment was approved for EIDL program.

NEW Expedited Processing for loans under \$500,000 where the submission of current tax return is not required for small businesses.

Loans are available to assist with working capital needs.

SBA EIDL loans are for small businesses and private non-profits (of any size) that were previously profitable, but whose revenues have been adversely impacted by the outbreak of COVID-19 (since January 31, 2020). Loans can be up to \$2 million and have a long-term repayment schedule of up to 30 years.

Sign-up for the latest updates at www.sba.gov/MA or fol-

low @SBA_MA

Businesses can learn more about the SBA's response to COVID19 here: <https://www.sba.gov/page/guidance-businessesemployers-plan-respond-coronavirus-disease-2019-covid-19>

Executive Office of Labor and Workforce Development

Resources for businesses and employees relating to employee benefits can always be found at the Office of Labor and Workforce Development's website.

Programs include:

Updated information regarding unemployment resources can be found here.

The WorkShare program, a tool to help employers avoid layoffs during a downturn – read more about WorkShare here.

The Rapid Response program, which works closely with companies to avert layoffs and keep a skilled workforce engaged in the existing regional economy or industry; read more about how the Rapid Response Team can help businesses at the site found here.

MA's Emergency Operations

Center's Private Sector Hotline

The Hotline will be staffed Monday – Friday from 8am to 4pm. The hotline is 508-820-2094.

City of Quincy Contacts

• Maureen Geary, Director of Business & Government Relations, mgeary@quincyma.gov, 617-435-1824

• James Scribi, Business Relations, jamesscribi@quincyma.gov, 617-780-2247

State Business Partners:

• Margaret Laforest, Regional Director, Greater Boston, Massachusetts Office of Business Development, margaret.laforest@mass.gov, 617-939-3097

• Sue Whitaker, Regional Director – Greater Boston, Massachusetts Office of Business Development, 617-620-1005. susan.whitaker@mass.gov

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Scenes From Yesterday



THIS IS A 1922 real photo postcard view of Billings Road in Norfolk Downs looking east from Hancock Street which crosses in the foreground. The building on the left is now two stories; at the time it was A.R. Mackay's variety store. The Park Land Company, who developed what was known as the Massachusetts Fields coastal plain into Norfolk Downs, laid out Billings Road through their subdivision. The road, one of the widest in Quincy, originally had grassy green islands down the middle much like Elm Avenue does today, except it was an unpaved dirt road. Down the middle of the islands

they laid trolley tracks from here to West Elm Avenue then onto Elm Avenue rejoining Hancock Street in Wollaston. Electric trolleys ran for almost 30 years on this route until they were discontinued in 1920. Demands from the local residents led the Eastern Mass Street Railway Company to start using motor coach busses on the route in 1924. They were the first busses used in Quincy. Today, MBTA busses still run along this road, but only to Beach Street and then on to Wollaston Center. *From the Postcard Collection of Tom Galvin*

Stop The Stigma 5K Race Postponed

Dear friends,

I write to you not only as the Stop the Stigma 5K Race Director, but also as a fellow runner and someone who struggles with anxiety. The Stop the Stigma 5K is near and dear to my heart. Every year, I look forward to planning this event and seeing hundreds of people show up on that beautiful spring day to run in support of mental health.

So, it breaks my heart to let you know that because the current coronavirus crisis, we must postpone it. And I wish I could tell you the exact date that we can all get together in solidarity and run (or walk) for our loved ones who are suffering. But I can't. The reality is we do not know when it will be safe to gather again.

Yesterday, I went for a long run. I needed it to work through what I have been feeling and to try to feel hopeful. I am struggling to make sense of this all, with mounting anxiety about what this means going forward. And during my run I thought about what I was going to say in this email. I know we cannot control much right now. We are in the "long run" of our lives right now. It may not be as soon as we would like, but we can stay hopeful that we will be able to gather again to stop the stigma. Just like during any long run, if you take it one mile at a time and stay positive, you will get through it and it will feel rewarding in the end.

Since we changed the focus of this event several years ago to stop the stigma of mental illness and addiction and

to raise funds for our New Directions Counseling Center, the community support around this has been awe-inspiring. We have raised \$186,000 to provide counseling sessions to those that are uninsured or cannot afford their high co-pays or deductibles (close to 7,500 counseling sessions!). This event has truly saved lives. But there is still much work to be done. There are still so many of our friends, family and neighbors that suffer in silence or suffer because they cannot afford the help they so desperately need. And this current state of affairs is only going to exacerbate fears and anxieties. However, our New Directions therapists are there to help. They are currently taking protective measures and conducting counseling sessions over the phone.

We need your continued support to meet the demand that is and will be put on our therapists. This year we have raised \$36,000 for the Stop the Stigma 5K through generous sponsorships, donations and your registration fees. We were on the trajectory to make this a record-breaking year. Help us keep that momentum going to reach our goal of \$55,000. Please donate.

On May 2, go for a run or a walk and share it with us! As soon as we know when we can all get together again in celebration, we will be shouting it from the roof tops. Until then, please stay safe and stay well.

Take care,
Paula Daniels

Director of Development ~ Interfaith Social Services

Luna, Bella, Charlie Top Three Puppy Names 2020

March 23 was National Puppy Day and it couldn't have come at a better time! Having a pet in your life is believed to, among other things, reduce stress and improve overall health and well-being.

According to The Human Animal Bond Research Initiative (HABRI), an estimated 133 million pet owners save nearly \$11 billion on physician visits, while 20 million owners who walk their pets 5 times a week, show lower obesity and save over \$400 million in health-care costs.

So take the time and cel-

brate your puppy (or other favorite pet) today and be thankful for all the goodness they bring into your life.

Trupanion, the leader in medical insurance for pets, combed through its database of more than 600,000 insured pets and compiled the top 10 puppy names for 2020. Some popular names remain at the top of the list, while some new names (Rosie, Teddy & Molly) have found their way into the hearts of pet owners and on to the dog tags of their cuddly new friends.

Without further ado, here are the top 10 puppy names



for 2020.

1. Luna
2. Bella
3. Charlie
4. Cooper
5. Lucy

6. Daisy
7. Max
8. Rosie
9. Teddy
10. Molly

Quincy's Yesterdays

This Week
1973
47 Years Ago

25, 10 Cent MBTA Fares On Off-Hours

Fares on the MBTA South Shore Red Line are going down (April 2), but only at off-peak hours and only for 90 days, and in one direction, the reduction is less than in the other.

If that sounds complicated, listen a moment while MBTA General Manager Joseph C. Kelly explains:

"The plan is simplicity in itself," he said. "Monday through Friday, between 10 a.m. and 1 p.m., the fare will be 10 cents, instead of the usual 25 cents. The reduced fares must be paid at the collector's booth. The only exception to the 10-cent fare will be for people boarding at the three Quincy stations and riding into town. Here the basic fare of 50 cents will be reduced to 25 cents."

NIXON NAMES STEPHEN T. KEEFE FOR AIR FORCE BRIGADIER GENERAL

Col. Stephen T. Keefe, Jr., of 175 Rock Island Rd., Houghs Neck, a Quincy attorney who is currently assigned to the Pentagon as assistant deputy chief of the Air Force Reserve, has been nominated by President Richard Nixon to the rank of Brigadier General.

Col. Keefe, whose military service began, as a private with the U.S. Army Air Corps in March 1942, is a former assistant city solicitor of Quincy, past president of the Quincy Bar Association and a director of the Shipbuilders Co-Operative Bank.

He saw active duty in North Africa in World War II, in Korea during the Korean War and was recalled to active duty during the Cuban Missile Crisis in 1962.

Col. Keefe is the father of three sons, David and twins, Michael and Stephen, who attend Boston College.

6% HOSPITAL RATE INCREASE PROBED

A special subcommittee of the Quincy City Council met to begin an investigation into a proposed six percent increase in rates at the Quincy City Hospital.

The rate increase was voted by the Hospital Board of Managers and would go into effect on April 1, 1973.

The committee chairman, Councillor Joseph J. LaRaia described the meeting as informational. Other committee members included Councillors John J. Quinn, Theophilus McClelland and Albert Barilaro. The increase would bring the top room rate to \$92 a day.

QUINCYISMS

The Quincy Veterans Council's Past Commanders Club was making plans for its annual installation of officers to be held April 7 at the South Weymouth Naval Air Station. Incoming officers included Chairman Louis S. Cassani, Vice-Chairman Charles N. Ross, Adjutant Allen A. Kofman and Assistant Adjutant Thomas M. McDonald... The Quincy Sun Sunbeams Column noted that John J. Lydon of Wollaston began his campaign for Ward Five Councillor with a kickoff meeting at the Hollow Restaurant. (Editor's note: John "Jack" Lydon won election to the city council that fall, not as the Ward Five Councillor but as the Ward Three Councillor due to a realignment of the city's wards to comply with the "one man one vote" decision in the courts.)... Michael Vitagliano was on the honor roll for the fall semester at the University of New Mexico. He was the son of Michael J. Vitagliano of 755 Southern Artery, Quincy... St. Ann's Marianns of Wollaston were planning "A Night in Hawaii" theme in conjunction with their regular monthly meeting on April 4. Mrs. Norman Mahoney was chairman of the event... Gus Verra and John Calarase of Quincy were members of a committee planning for the 35th reunion of the Boston English High School Class of 1938. The event was scheduled at the Sidney Hill Country Club in Newton on April 27... Colpitts Travel Center, 1550 Hancock St., Quincy Center, was urging future travelers to "Take A Break To The Bahamas, The Caribbean Or Mexico, Low Season Rates In Effect After April 15"... The Quincy Emblem Club installed Mary Spalding as club president at the Elks Home. Other officers included: Mary Sances, vice-president, Marie Grabowski, junior past president, Geraldine Shepherd, treasurer, Marilyn Alcott, financial secretary, Susan McInnis, recording secretary and Dorothy DiBona, corresponding secretary... Joseph R. Harold of Quincy, Department Adjutant, Disabled American Veterans, was the principal speaker at a testimonial dinner honoring Florence E. Daley, State Commander of the Disabled American Veterans Auxiliary.

Arts & Entertainment

The Most Unique St. Patrick's Day Parade Ever?

Editor's Note: This event took place before the governor's stay-at-home advisory due to the coronavirus.

By FRANK HOGAN

The green light went off! In the words of McGreevy, "Nuff said! We're having a parade."

It's Saint Patrick's Day, March 17, 2020, and it's 2 o'clock in the afternoon. My wife Kathy had been on social media with her friend Adrian. Adrian had been musing about having a parade; Kathy had jumped on the idea. As it turns out, at the same time I had been thinking, "Something's missing. Is it the shamrock, the Guinness, or the great songs?" That's when the green light went off: We can't have Saint Patrick's Day without a parade — that's what missing!

By 3 o'clock it had been agreed that Adrian and Dick would dress up in their favorite Saint Patrick's Day outfits, and we would do the same. This is how Quincy's one-car Saint Patrick's Day parade came about. Adrian suggested putting the hood down on my 1992 convertible and dressing it up in green. Great idea!

The first thing I found was green bubble wrap, so we made a face mask for the grille of the car and trailed it to the trunk where it was tied with a green ribbon. This was just the start. Before long, we had a lean, green machine, more than ready for any Saint Patrick's Day parade. We had arranged to pick up Adrian and Dick at their house, so the parade got started at Cove Way where a quick rehearsal took place with the wife sitting up on top of the back seat with her ukulele. We did a few rounds of When Irish Eyes Are Smiling, just a little warmup for the parade's entertainment.

When we turned right onto Southern Artery, we started hearing horns blowing and drivers giving us a thumbs up. It felt good. We knew we'd done the right thing, to bring a little cheer on these dark days. On reaching our old neighborhood, we headed to Dick and Adrian's house on Hodgkinson Street, and they were waiting in the front yard. It was time now for Kathy and me to cheer and applaud.

There was Dick Leonard. The best way to describe him?! A mix of Elton John and Liberace on steroid green! What can I say about Adrian? Shades of the Jolly Green Giant. There stood a true Valkyrie, a Viking prin-

cess, flashing horns, a trident dripping green — Now we really had the makings of a parade! The oldest, I would drive wearing my green bowler hat and green shamrock; next oldest, Dick would direct, mapping out the route; Adrian, the youngest, blew her Viking horn and rang the jingle bells, shouting, "Let the parade begin!"; and this set off Kathy, third oldest, leading us in When Irish Eyes Are Smiling, while wearing an Irish scally cap and a green ribbon in her hair.

We went down Hodgkinson, left on Doane, turned onto Howe. On the way we sang to numerous neighbors and old friends, including Robb, outside their houses. We also serenaded a surprised Bill Bock and friend while walking the dog. The next stop was Crowley Court's senior homes. Our audience was growing as people came to the doors and windows, waving and smiling. Some of them joined while we sang Toora Loora Loora. I wished we had more time to spend at this spot, but we had other places to visit. Over to housing around the Shedd Memorial, and more car horns honked and people waved at us. An Asian lady appeared at the door waving a green flag.

What a great day we're having! No worries. Next stop, Dick says, "To the fire station!" Adrian was ringing the bells all the way to Houghs Neck. We parked at the fire station, and the first fireman out was Jim McCarthy. We started serenading Danny Boy with the ukulele, and soon others came out. It was great to see the amazement on people's faces. On the way back, we pulled off of Palmer Street to serenade a surprised Nora! Back in Germantown, we made another round of the old neighborhood, including our friends Steve and, across the street, Gina. We laughed a lot and had a good time.

Kathy and I dropped off Adrian and Dick, then we headed up to Sea Street to Our Lady of Good Counsel church. Sea Street was a blast — lots of horns blowing and people waving. Then we stopped outside the rectory, parked, and rang the bell. Out steps himself — Father Martin Dzengeleski — to hear us singing That's an Irish Lullaby (Toora Loora Loora). Was it possible that Father Martin was more interested in my car and its decorations than our entertainment? Father waved and blessed us as we took



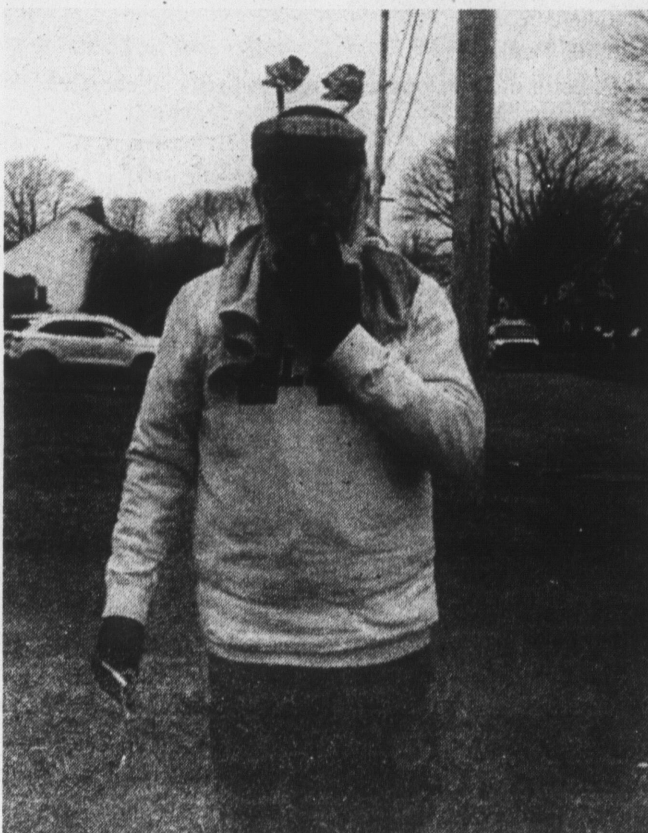
OUTSIDE THE Houghs Neck fire station: Left to right: Jim McCarthy, Adrian Leonard, Kathy Hogan, Dick Leonard, Frank Hogan. Photo by Jim McCarthy, Quincy Fire Department



ONE FLOAT PARADE celebrates Saint Patrick's Day March 17th in Quincy. Behind the wheel is Frank Hogan. Traveling along in the open convertible are Dick Leonard, Adrian Leonard and Kathy Hogan.

off. P.S. The ukulele was a great hit with this parade. We made other stops enroute, too, and at one point we were entertain-

ing the UPS driver and the Postal Service delivery man. So glad to be able to make people smile during this time. Not bad for a bunch of folks as old as 79!



DICK LEONARD. Would you believe this man is a great science teacher?! The best! Photo by Cathy McGahan



ADRIAN LEONARD and the wearin' of the green! Photo by Cathy McGahan

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Social

QHS Women's Athletic HOF Induction Sept. 25

The Quincy High School Women's Athletic Hall of Fame Committee announces 18 new inductees to the Quincy High School Women's Athletic Hall of Fame.

Class of 2020 inductees are:

1920 Mildred Wiley, 1974 Joanne Kussman, 1976 Terry Greenleaf, 1976 Patricia Kussman, 1977 Carole Lynch, 1977 Maryann McCarthy, 1977 Peggy Thorley, 1981 Linda Brennan, 1981 Donna Marcin, 1981 Ann McCarron, 1981 Maureen

Walsh, 1982 Mary Kamb, 1983 Theresa Munroe, 1984 Susan Beven, 1984 Kristine Picarski, 1985 Beth Veneto and coaches Mary Pratt and Peter Swanson.

An induction ceremony will be held Friday, Sept. 25 at 7 p.m. at the Neighborhood Club of Quincy. Those interested in purchasing a ticket or looking for more information should email Christine Barrett at christinebarrett@quincypublicschools.com.

The cost is \$60 per person.

Union Congregational Church Worship Service Via Zoom

Worship the LORD with gladness; come before him with joyful songs!

Join us, Union Congregational Church, (via ZOOM - see next paragraph) every Sunday at 10 a.m. to worship the Lord with gladness and hear the Word presented by Reverend Joy Eng Matos as she shares God's plan for our lives.

Union Congregational Church is a place where Christ is taught, proclaimed, and lived in loving fellowship with others. Because of the recent concerns with the COVID-19 virus, we are worshipping and having our Bible Studies and church

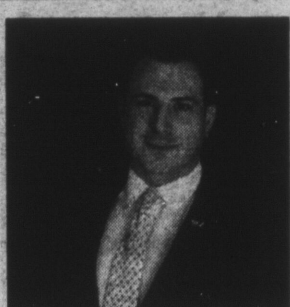
meetings via an online app called ZOOM. If you would like to participate, please call the church or send an email to the number and email address below.

With the recent election and dedication of new officers and formation of new Spiritual Team leaders we are getting ready for the 125th year of our church's ministry in Quincy. Our members believe God is leading us, His church in Quincy, and we are excited to see His plan for our future.

Want to learn more from the Word? Join us Tuesdays at 6:30 p.m. (via ZOOM) as Pastor Joy leads "Victory Over the Darkness" This Bible study shares how to (1) Realize the power of your identity in Christ; (2) Free yourself from the burdens of your past; (3) Stand against the spiritual forces of this world; (4) Win the battle for your mind; and (5) Become the spiritual person you want to be. Anyone interested is welcome to join.

Union Congregational Church is located on the corner of Beach St. & Rawson Rd. in Wollaston. All are welcome.

For more information, call the church at 617-479-6661, send an email to UccWoll@gmail.com or visit our website at www.UnionCongWoll.org.



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JDI DAY OF ACTION: VIRTUAL ADVOCACY DAY

Please sign-in by typing "First Name Last Name, Organization, Email" into the chat box.
Example: "Jane Doe, JDI, info@janedoe.org"
If you do not see the chat box, please click the "chat" icon located at the bottom of the call.

DOVE AND OTHER Massachusetts' based advocacy groups recently joined together (virtually) to urge legislators to pass critical legislation to support people impacted by sexual and domestic violence and their families.

DOVE Participates in Jane Doe Inc. Advocacy Day To Call For More Funding For Critical Services

DOVE (Domestic Violence Ended) recently participated in Jane Doe Inc.'s Advocacy Day to urge the Massachusetts State Legislature to allocate critical resources and to pass essential legislation to support people impacted by sexual and domestic violence and their families.

Initial plans to gather at the State House were replaced with remote meetings with elected officials where advocates, community members, volunteers and survivors made the case for increased state investment in services and prevention and measures to advance safety across the Commonwealth.

As a member program of the state coalition, DOVE joined JDI and organizations from across Massachusetts to educate our state representatives and senators on how the following items will help meet the needs of their district:

- More than \$5 million

additional funding for the Domestic Violence and Sexual Assault Prevention and Treatment Services line item in the state budget, which would enable community-based service organizations to expand survivor advocacy and outreach services;

- Level funding for the Healthy Relationships Grant Program and the Sexual Assault Nurse Examiner (SANE) and Pediatric SANE program;

- The Safe Communities Act to protect due process and rebuild trust between immigrant communities and law enforcement, and help support survivors in immigrant communities;

- The Healthy Youth Act to ensure that sexual health education includes medically accurate, age-appropriate, comprehensive sexual health information, including information on the development of healthy relationships;

- An Act to Lift Kids Out of Deep Poverty to support families and help alleviate

cycles of poverty;

"In the past year, the vast majority of JDI's member organizations have seen an increase not only in the number of requests for services, but in the breadth and complexity of those requests. Increased state investment and policy support is essential to ensuring that every survivor in the Commonwealth has access to confidential, survivor-centered, trauma-informed resources for safety and justice, as well as ongoing efforts to prevent future instances of gender-based violence," said Debra J. Robbin, Executive Director of JDI.

"DOVE's ability to respond to the needs of victims and survivors in our communities is steadily at full capacity. Our Community Advocacy Program and our Children's Specialist periodically have wait lists and have to assess for those at highest risk for immediate services," stated Sue Chandler, executive director of DOVE, "All victims are at

risk; there is no 'low risk.' We know that connection to a domestic violence program is the most 'protective' action a survivor can take in their effort to seek help and escape the abuser. Increased funding would enable us to add another Advocate/Counselor and be more responsive to those in need."

In the coming months, DOVE, JDI, and other advocates will continue to organize and mobilize to secure essential funding and policy action to ensure that survivors have the support they need. The current coronavirus pandemic has only deepened the Coalition's resolve to shore up resources and support for survivors whose safety and well-being can depend on access to community based sexual and domestic violence programs.

Detailed information on JDI's Budget and Legislative Priorities can be found here: <https://janedoe.org/policy-action/>

South Shore Stars Reschedules Gala To Oct. 14

South Shore Stars (www.southshorestars.org), a non-profit organization that provides comprehensive early education and youth development programs through a family-support approach, announced today the postponement of their Five Decades of Impact Gala, due to the current coronavirus pandemic.

The new date for the event is Wednesday, Oct. 14, beginning at 6 p.m. at Lombardo's in Randolph.

For 50 years, South Shore Stars has provided

comprehensive early education and youth development programs that enhance the optimal growth of children from economically and culturally diverse families, using a family-support approach in collaboration with schools and other service providers. Four core goals form the foundation of their work: enable parents to work; help each child reach their full developmental potential; facilitate positive youth development; and improve academic achievement for students at-risk of

academic failure.

At the Five Decades of Impact Gala, South Shore Stars will be celebrating a half-century of providing the highest quality programs to thousands of families and the South Shore's most vulnerable children. The 50th Anniversary Celebration will feature a signature cocktail reception, a full dinner, and a program that honors the five facets of Stars: the visionary founders, government leaders, corporate supporters, community partners, and phe-

nomenal staff.

Sheri Adlin, executive director of South Shore Stars, said, "Although we are disappointed to delay the gala, we know it's the right thing to do, and we wish all of our families, supporters, and employees stay safe and healthy during this time."

For more information about the gala, including sponsorship information, contact Kristen White at kwhite@southshorestars.org or text STARS50TICKETS to 41444 for a mobile link.

WHAT'S COOKING

with
Marie & Susie

By MARIE D'OLIMPIO and SUSIE FALCO



Red Velvet Whoopie Pies

By MARIE

I can usually tell how good a whoopie pie is by the filling. Today's recipe for a red velvet whoopie pie has the most delicious creamy filling made with only a few ingredients.

Preheat Oven to 375 Degrees; prepare cookie sheets with parchment paper.

Ingredients and Directions:

¾ cups butter, softened
1 cup of sugar
2 large eggs, room temperature
½ cup of sour cream
1 tablespoon of red food coloring
1 and ½ teaspoons of white vinegar
1 teaspoon of vanilla extract
2 and ¼ cups of all-purpose flour
¼ cup baking cocoa
2 teaspoons of baking powder
¼ teaspoon of baking soda
½ teaspoon salt
2 ounces of semi-sweet chocolate melted and cooled

Preheat oven to 375 degrees.

In a large bowl, cream the butter and sugar until light and fluffy. Beat in the eggs, sour cream, food coloring, vinegar and vanilla.

In another bowl mix the flour cocoa baking powder salt and baking soda gradually in the creamed mixture.

Stir in the cooled chocolate.

Drop the dough by tablespoons 2 inches apart onto baking sheets lined with parchment paper.

Bake 8 to 10 minutes until edges are set.

Let cool for 2 minutes and move to wire rack to cool completely.

Whoopie Pie Filling:

8 ounces of creamed cheese, softened
½ cup butter, softened
2 and ½ cups of powdered sugar
2 teaspoons of clear vanilla extract

In a large bowl, whip the creamed cheese and butter until fluffy.

Then beat in the powdered sugar and vanilla and mix until smooth.

Spread filling on bottom half of cookies and top with remaining ones.

Minestrone Soup

By SUSIE

Minestrone soup is an easy and hearty way to get in all your healthy vegetables in one steaming bowl. I grew up on minestrone soup. Usually served with hot Italian bread and a drizzle of olive oil with grated parmesan cheese of course!

This soup has everything you need nutritionally, is delicious, and wonderful to freeze even, for future use.

MINESTRONE SOUP

2 tablespoons olive oil
1 chopped onion
3 carrots, diced
2 stalks celery, diced
3 cloves garlic, minced
7 cups vegetable stock
1 bay leaf
1 28 ounce can tomatoes
1/2 cup quinoa
1 16 oz can kidney beans

1 10 oz package frozen green beans
1 zucchini, chopped
1 red pepper chopped
1 nice big handful of baby spinach to throw in at the end
1/4 cup fresh chopped parsley
sea salt and pepper to taste

In stock pot, saute onion, celery, carrots, pepper, and zucchini until softened.

Add garlic and stir a bit more.

Now add stock, tomatoes, bay leaf, and quinoa.

Bring to boil and simmer for about 45 minutes or so.

Now add green beans, kidney beans and parsley, along with spinach, and cook for another 10 minutes or so.

Remove bay leaf before serving. Season with sea salt and pepper. Drizzle servings with olive oil and pass the cheese!

'American Pickers' Looking For Leads

Mike Wolfe, Frank Fritz, and their team are excited to return to Massachusetts, Connecticut, Rhode Island, Maine, New Hampshire, and Vermont! They plan to film episodes of the hit series American Pickers throughout your area potentially this summer.

We understand that with the proliferation of COVID-19, we are all facing very uncertain times, and everything is changing daily. We at American Pickers are taking this pandemic very seriously and will be adjusting our schedule accordingly for the safety of those who appear on our show and our crew. We won't be picking until everybody is safe, so if we cannot make it this summer, nobody's time is wasted as we will re-schedule to

a date when conditions allow filming. However, we are excited to continue to reach the many collectors in the area to discuss their years of picking!

AMERICAN PICKERS is a documentary series that explores the fascinating world of antique "picking" on History.

The hit show follows Mike and Frank, two of the most skilled pickers in the business, as they hunt for America's most valuable antiques. They are always excited to find sizeable, unique collections and learn the interesting stories behind them.

As they hit the back roads from coast to coast, Mike and Frank are on a mission to recycle and rescue forgotten relics. Along the way,

the Pickers want to meet characters with remarkable and exceptional items. The pair hopes to give historically significant objects a new lease on life, while learning a thing or two about America's past along the way.

AMERICAN PICKERS is looking for leads and would love to explore your hidden treasure. If you or someone you know has a large, private collection or accumulation of antiques that the Pickers can spend the better part of the day looking through, send us your name, phone number, location and description of the collection with photos to:

americanpickers@cinetflix.com or call 855-OLD-RUST.
facebook: @GotAPick

The Fine Print Book Review:

'You Are Not Alone' By Greer Hendricks, Sarah Pekkanen

By BETH VACCA

Psychological thriller? No, thank you. I still haven't recovered from reading "Frankenstein" when I was in high school.

And I admit, the cover of this one would cause me to read it on my e-reader if I were commuting on the T.

However, as Netflix and my husband will testify, my penchant for books and movies with strong female leads won me over.

A group of women who discover that vigilante justice "is more effective than the unpredictable and often disappointing legal system. It's a lot faster - not to mention cheaper - than therapy. It's more intoxicating than a runner's high Their successes are completely addictive." What's not to love?

Killing someone, however, was never part of the plan. Sisters, Cassandra and Jane, believe they can control the situation. The group covered their tracks well. Alibi's were all in order. There wasn't even a connection between those involved and the victim.

There is just no accounting for conscience.

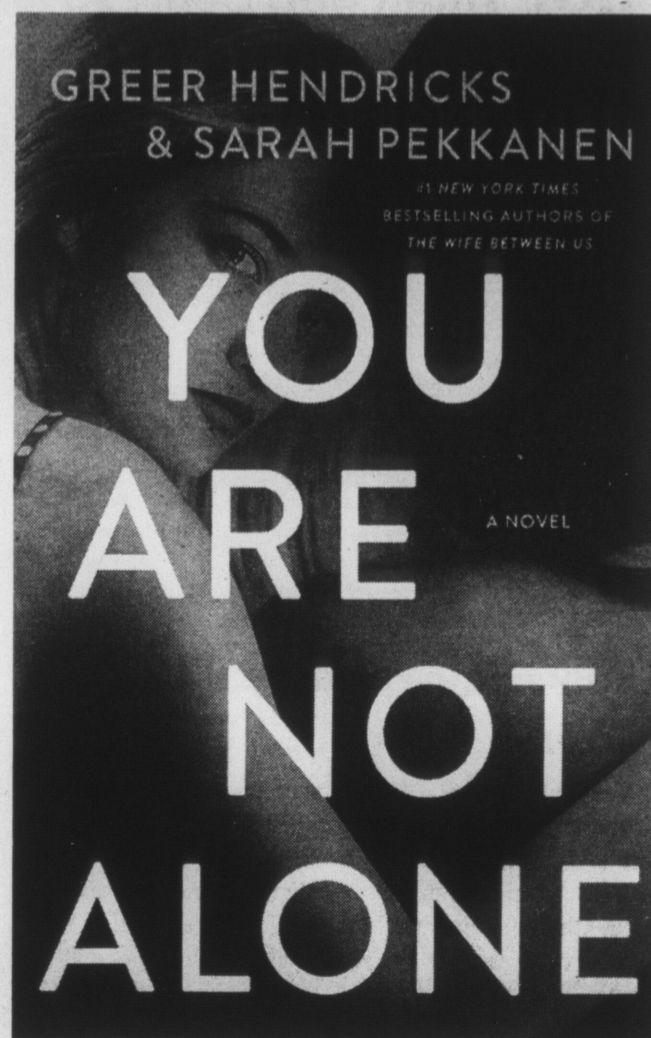
After witnessing a suicide Shay becomes obsessed with suicide victim Amanda. Her life seemed to be so much more fulfilling than Shay's. Shay was downsized at work and is in a dead end temp job. She is lonely. Her best friend is now married with a baby and her roommate (and secret crush) is in a new serious relationship. And on top of all that, Shay must deal with the post traumatic stress of watching Amanda die. Shay just can't let go of trying to understand what happened.

As a data researcher Shay cannot stop herself from trying to find out about Amanda's life. Her probing does not come across as innocent to the group of women who called themselves Amanda's friends.

Psychological thriller, yes. Scary, no.

I loved that "You Are Not Alone" by Greer Hendricks and Sarah Pekkanen uses well written story lines, master manipulation and character development to make this a thriller. Crazy plot twists and ridiculous decision making (think, No! Do not go into the dark basement alone to investigate the noise) were thankfully not necessary.

Smart, intelligent female versus smart, intelligent female. Although I was pulling for the innocent to



prevail there was a part of me that fully embraced the rebelliousness of women taking justice into their own hands. Women who refused to be labelled the "victim".

The protagonist: a smart, strong, tall female. The vigilantes: all smart, sexy and successful women. The lead detective: a no nonsense, smart, efficient female. I loved that this book did not need a male character to come save the day nor did any of the female characters need to become any less feminine to fulfill these roles.

Stilettos and high priced hats off to this writing team

for an enjoyable thriller that did not make me angry with worn stereotypes, characters with poor decision making skills or unbelievable story lines. I hope this one makes it to the big screen, but don't forget to read it first!

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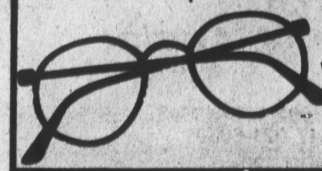
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Hiccups: Causes, Symptoms, Treatments, Complications

A Message From Ruth Jones, City Of Quincy Health Commissioner

By RUTH JONES
MSPH, BSN, RN,
BC, CP-FS

Hiccups are sudden, involuntary spasms of the diaphragm muscle. When the muscle spasms, the vocal cords snap shut, creating the hiccup sound.

Hiccups are frequently rhythmic. They are typically just a temporary trivial annoyance; however sustained hiccups may indicate a major medical issue. Females and males tend to develop hiccups equally as often, but hiccups that persist longer than 48 hours are more usual in men.

Hiccups can even occur in a fetus while still in utero. The medical term for hiccups is singultus, which is derived from the Latin word for gasp or sob.

Causes

Most often, there is no obvious cause for hiccups. However, there are some of the more common known triggers of hiccups include:

- Eating too quickly and swallowing air along with foods.
- Eating excessive fatty or spicy foods or drinking too much carbonated beverages or alcohol which can distend the stomach and cause irritation of the diaphragm, causing hiccups.
- Any disease or disorder that aggravates the nerves that control the diaphragm such as liver disease, pneumonia, or other lung disorders.
- Abdominal surgery can

also irritate the nerves that control the diaphragm, resulting in hiccups.

• Strokes or brain tumors involving the brain stem, and some chronic medical disorders such as renal failure have also been known to cause hiccups.

• Noxious fumes can trigger hiccups.

• Sudden changes in temperature.

• Fear or excitement.

Certain medications may also have hiccups as a side effect, for example:

• Medications for acid reflux.

• Most benzodiazepines, including Valium, Xanax and Ativan.

• Levodopa, nicotine, and Zofran.

Hiccups In babies

Similar to adults, hiccups in babies are common and generally of little concern. If hiccups occur during feeding, stop feeding until the hiccups subside. You may try changing the position of the infant or baby; try to get the child to burp; or calming them down to cure the hiccups. Sometimes resuming feeding will stop the hiccups. If your baby frequently hiccups during feedings, feed them when they are already relaxed and not excessively hungry yet. If your child's hiccups worsen or they appear to agitate the child, contact your pediatrician.

Signs And Symptoms Of Hiccups

Sudden, forceful move-

ment of the diaphragm, that causes the hiccup sound, is the only symptom of hiccups.

When should I contact my healthcare provider for hiccups?

Most cases of hiccups resolve themselves in a short time, and rarely are a medical emergency. Contact your provider if hiccups last more than 3 hours, or if they interfere with your eating or sleeping habits. Seek medical attention if hiccups are associated with: abdominal pain, fever, shortness of breath, vomiting, coughing up blood, or feeling as if your throat is tightening up.

Diagnosis

In a medical setting, the diagnosis of hiccups is based on physical evaluation. Blood tests or X-rays are usually not necessary unless your hiccups are a symptom of a related medical condition. In general hiccups generally subside on their own and do not require medical treatment, however, if hiccups last more than three hours or disturb eating or sleeping, you may see your primary care provider, such as a family practitioner, internist, or a child's pediatrician.

You may seek the care of various specialists who treat hiccups depending on the underlying cause, for example:

• If the cause is a stroke or other neurological disorder, you may see a neurologist, a specialist in the ner-

vous system and brain.

• If the cause is acid reflux, you may see a gastroenterologist, a specialist in disorders of the digestive system.

• If the cause is lung disease or pneumonia, you may see a pulmonologist, a specialist in disorders of the respiratory tract.

Getting Rid Of Hiccups

There are numerous home cures for hiccups. You can try these methods at home to relieve hiccups:

Methods that assist the body in retaining carbon dioxide, which is thought to relax and stop the spasms of the diaphragm, which cause the hiccups:

• Hold your breath

Techniques that stimulate the nasopharynx and the vagus nerve, which extends from the brain to the stomach, and can decrease hiccupping:

• Drink a glass of water quickly

• Have someone frighten you

• Pull hard on your tongue

• Bite on a lemon

• Gargle with water

• Drink from the far side of a glass

Medical Treatment For Hiccups

For persistent hiccups lasting more than three hours, treatment varies, and you may need to contact your healthcare provider. Hiccups are classified in the following categories:

• A "hiccup bout" is an episode of hiccups that lasts up to 48 hours

• "Persistent hiccups" continue more than 48 hours, up to 1 month

• "Intractable hiccups" last longer than 1 month

A health-care professional may prescribe medications for severe, chronic hiccups. Thorazine is usually the first-line medication that is prescribed for hiccups. Other medications used to treat hiccups include Haldol and Reglan.

Occasionally, some muscle relaxants, sedatives, analgesics, and even stimulants have also been reported to help alleviate hiccup symptoms. Phrenic nerve surgery, the nerve that controls the diaphragm, is a remedy used as a last resort. This procedure is rarely utilized, and phrenic nerve surgery is employed only in individuals with long-term hiccups that fail to respond



Health Commissioner
RUTH JONES

to other therapies.

Complications Of Hiccups

Because the majority of cases of hiccups resolve themselves either spontaneously or with self-managed treatment, complications are extremely rare. In severe and persistent cases, where hiccups disturb eating and sleeping patterns, weight loss or sleep interruptions may transpire. Rarely, cardiac arrhythmias and gastroesophageal reflux disease (GERD) have been observed in severe cases of hiccups.

Prevention

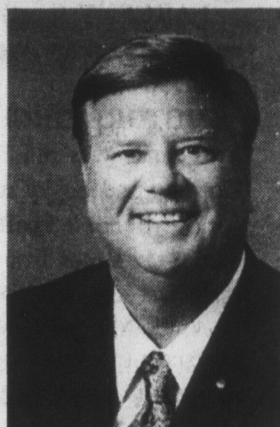
Hiccups cannot always be averted. Avoiding overeating, eating too quickly, or excessive drinking can assist in preventing this problem.

Ruth Jones is the health commissioner for the City of Quincy.

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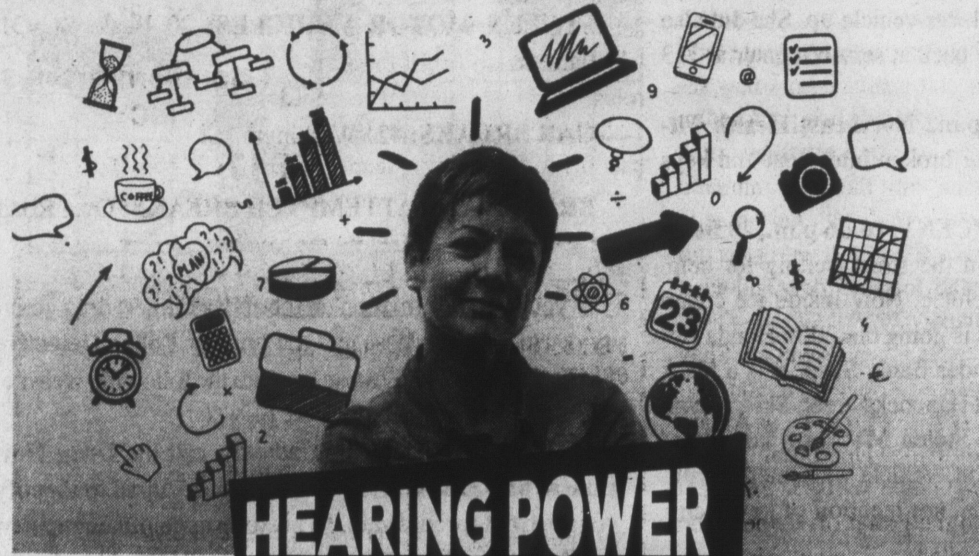
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On Friday, March 13, at approximately 1:15 p.m., Officer O'Donnell and several other officers were dispatched to the area of the North Quincy MBTA station on a report of a female in possession of a handgun. She was described as being 5'2, wearing a gray hoodie and gray sweatpants.

Units checked the area but were unable to locate the female, however, at 1:54 p.m., another report came in that the female was spotted in the area of the Cathay Pacific Restaurant after she brandished it in the bar area and then left the area. The description of the female given matched the earlier one.

A caller followed her out of the parking lot, reporting to the police that the suspect just crossed Newport Avenue and appeared to enter the Registry Building at 25 Newport Ave. Numerous Quincy Police and State Police units checked the surrounding areas.

Officer O'Donnell headed to the Adams Inn on Hancock Street, entered the lobby and asked the desk clerks if a female by that description had entered the hotel. They said the female was just in the building near the function room exit. Cautiously, Officer O'Donnell moved to that area while informing Communications the suspect may be in the hotel.

The officer spotted the suspect walking out the side door to the parking lot, so he removed his firearm and ordered the suspect to put her hands in the air. She began to protest and reach into her pocketbook. Fearing she was about to pull the firearm out, Officer O'Donnell rapidly closed in on her, grabbed her pocketbook and tossed it to the ground.

A Job Well Done

By QUINCY POLICE LT. DAN MINTON



LT. DAN MINTON

He then holstered his firearm, pulled the suspect's arms behind her back and placed her in handcuffs.

Sgt. Buonaugurio and Det. Glennon arrived within seconds to assist. There was no firearm on the suspect or in her pocketbook. Det. Glennon questioned the suspect after she was given her Miranda rights. After advising her of the dangers of leaving an unattended firearm and her liability, she agreed to lead officers to the location where she discarded the firearm. She also admitted to Det. Glennon that she pointed her firearm at some people at the Cathay Pacific.

She then led the officers to an area behind 25 Newport Ave. where Trooper Tronca had already located the firearm under a fence. She identified the firearm as the one she had in her possession. Detectives Chen and Landry secured the Lorcin 380 Semi-Automatic firearm with a magazine filled with seven rounds of ammunition. A check of the se-

rial number indicated that the firearm was reported stolen in South Carolina in 1997.

Officer O'Donnell then responded to the Cathay Pacific to interview witnesses. He first spoke with an employee who said that three males were eating lunch at the lounge bar when the female suspect entered the bar area. He was at the front desk and heard a commotion coming from the bar.

As the employee entered the bar area, he observed the suspect leaving while looking back at the bar and pointing something at the people inside. He then saw three males hiding behind the bar. When asked why they were there hiding, they said the female just pulled a gun on them.

The employee said he then called the police as he walked outside to relocate the suspect. He saw her looking back at him as she crossed Newport Avenue and was almost struck by a vehicle. Another employee provided video footage of the suspect engaged in conversation with the three males from a nearby table. It showed the female reaching into her pocketbook, stand up and then point the firearm at them.

She then put the gun in her pocketbook and walk out. The suspect, a 21-year-old Waltham resident, was transported to the station where she was booked. She did not have a valid license to carry so she was charged with assault by means of a dangerous weapon to wit: firearm (3 counts), possession of a firearm without a license, receiving stolen property (firearm), illegal possession of ammunition and improperly securing a firearm.

Nice Work!

QUINCY POLICE CRIME AWARENESS JOURNAL

Quincy Police Statistics

March 13 - March 18

Calls: 942

Arrests: 5

Stolen Vehicles: 2

FRIDAY, MARCH 13

BREAKING AND ENTERING/PROGRESS (dwelling), 12:46 a.m., Copeland Street. Arrest made. Male with a backpack and baseball cap inside the building. White male about 5'10" about 175 pounds back door damaged, still in the basement. Manager is outside and can see the male inside the basement on live feed camera. No weapons noted. Subject in custody, arrest for burglary.

VANDALISM, 11 a.m., 2 Hancock St. Tires slashed.

BREAKING AND ENTERING/PAST (dwelling), 12:52 p.m., Oval Road. Report.

LARCENY, 1:02 p.m., Corner Food Market, 1060 Hancock St. Report filed.

LARCENY, 3:55 p.m., McDonald's, 473 Southern Artery. Cell phone. In QPD lobby - happened around 10:30 a.m. this morning. Caller refused all police service.

SATURDAY, MARCH 14

VANDALISM, 1:20 p.m., Granite Street. Window smashed unsure if anything taken.

LARCENY, 3:30 p.m., Town Hill Road. Package off front porch. Incident closed. RP will return later to file. She was advised of units on a call and chage of shifts.

BREAKING AND ENTERING/PROGRES (possible) 9:29 p.m., Hancock Street. Home alone thinks someone entered house. Go to front. Heard back door open. House cleared by K-9. Nothing out of place, no forced entry.

ARMED ROBBERY, (5:57 p.m., Prime Gas, 571 Hancock St. Knife. Robbed gas attendant with a knife. Mas on black jacket, white sneakers. Money from registers and cigs. Headed Chester Street. Possibly a light skinned black or Hispanic male. Black coat mid size beyond the waist. PD Transit requesting trains be held at North Quincy MBTA station. Units checking Chapman for a possible suspect. Search of the area by responding units turned up with negative results. Report to be filed.

SUNDAY, MARCH 15

VANDALISM/PROPERTY (windows smashed), 9:57 a.m. Willow Street. In front of above. Serviced.

MONDAY, MARCH 16

MOTOR VEHICLE LARCENY, 12:58 p.m., 313 Willard St. Already found. R/P from QPD lobby states her vehicle was stolen from address above. She is fillin gout a stolen motor vehicle form to be brought to teletype when complete. R/P states she was reporting vehilce stolen after she saw vehicle on one local news channel. Reported stolen vehicle entered. Waiting additional information regarding vehicle's involvement in Boston crash. Called Boston PD because there were four recent queries by that agency and found that at 12:02 a.m. it was towed from Hyde Park Avenue to Precision 33 Edgewater Dr., Mattapn after being involved in a hit and run accident. Owner to be notified. After speaking with owner, she informed QPD that she had spoken with Boston PD yesterday (March 16) and was informed where her car was involved in MVA. Then she was informed where she could pick her vehicle up. She did also state that the vehicle was now back at service center at 313 Willard St.

LARCENY (past), 6:50 p.m., Northeast Health Fitness, 100 Quincy Ave. Locker broken into; coat and keys taken.

MOTOR VEHICLE LARCENY, 10:56 p.m., 20 Beale St. Female was running down the street yelling for help. Got into and out of motor vehicle. Now inside ice cream parlor will not tell caller what is going on. 2006 Honda Accord, gray stolen from Santander Bank. Suspect is a black male, last seen southbound on Hancock Street. Skinny b/m, black clothing, black hood. Stolen MV form completed and signed, brought into station. Vehicle was entered without a VIN, owners information, nor mention of keys being left in vehicle.

TUESDAY, MARCH 17

LARCENY ATTEMPT (EXTORTION), 7:41 a.m., Merrymount Road. In QPD lobby R/P states that he received a text from a cell number which shows what looks like it may be a homicide or a threatening message. Says

he received the text at 5:20 p.m. last night and that he just noticed it today. R/P states he has all texts that he is reporting on his phone in the lobby with him. Report submitted on attempted extortion.

BREAKING AND ENTERING/ATTEMPT (business), 8:22 a.m., Lube Lab, Inc., 645 Washington St. R/P requests to speak with officer regarding destruction of coin machine front plate. Report submitted on attempted break into a coin machine.

WEDNESDAY, MARCH 18

VANDALISM/PROPERTY (past), 9:46 a.m., Rock Island Road. R/P states that fence has been damaged. Caller did not have anything to write down number. R/P states that this isn't the first time the fence has been damaged.

If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617 745 5719

STOLEN MOTOR VEHICLES: 20 Beale St., 313 Willard St.

CAR BREAKS: 421 Washington St.

BREAKS AND ATTEMPTED BREAKS: Oval Road.

If you have information on the above crimes, drug activity or any crime, please call the Quincy Police Detective Bureau at 617-745-5764 or log onto the following website: <http://tinyurl.com/ytf6td>.

To report suspicious drug activity, call the Drug Hotline at 617-328-4527. You will not be required to identify yourself, but it could help. To make an appointment to view the Registered Sex Offenders book, call Detective James Dentrement at 617-745-5755.

To contact the Crime Prevention Officer for tips or comments, my direct line is 617-745-5719. My e-mail address is dminton@ci.quincy.ma.us -- Lt. Dan Minton

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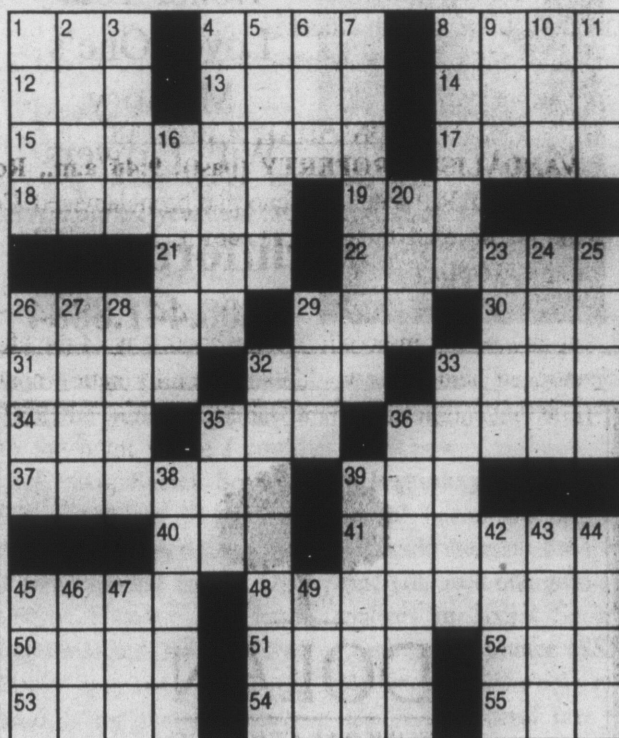
"Rock Solid Security"

SUN FUN PAGE

King Crossword

ACROSS

- 1 Poke
4 Crazy
8 Take a stance?
12 Bullring bravo
13 Bloodhound's clue
14 Basin accessory
15 Squid, on a menu
17 Rend
18 Knapsack
19 Biz deg.
21 Waste no time
22 Ailment
26 Actor Burr's role
29 Lustrous black
30 Pirouette pivot
31 Addict
32 Turf
33 Tittle
34 Wire measure
35 Lamb's-mama
36 Pinnacles
37 Antipasto ingredient
39 Rage
40 Conventual
- 41 Shrimp recipe
45 "So be it"
48 Milky Way et al.
50 Stead
51 Deadlocked
52 Muumuu accessory
53 "— have to do"
54 Utility bill datum
55 Sanctions
- 24 Shower affection (on)
25 Favorable votes
26 "— the word"
27 One side of the Urals
28 Hawk
29 Coffee, slangily
32 Monkey, at times
33 Mountaineering tool
35 Flightless bird
36 Esoteric
38 Cancel
39 Archipelago component
42 Actor O'Shea
43 Quick look
44 Fertility goddess
45 "The Greatest"
46 Cambridge sch.
47 Moray, for one
49 Ms. Gardner
- DOWN
1 Athlete
2 Jai follower
3 Sash
4 Realm
5 Saw
6 Supporting
7 Decorated
8 "Loves me (not)" factor
9 Leave unpaid
10 Vast expanse
11 Blunder
16 Detest
20 Baseball need
23 Fermi's bit



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MAGIC MAZE • OIDS

I A X V S P L Q N K I F D A X
V T Q O M A J I H D F C A Y W
U R P N L R J H P I F D S B Z
X V T D R A N D R O I D D D D
Q O M K I N I I I R I I I I I
H F D D B O D O Z O Y D O O O
W V T I L I N L V T R L M T R
R Q O B O D N A L K C B G C E
I H A V F Y D K M Y C A I A T
Z T E X W V M L C U U S S F S
R D I O E G Q A O N H M K J A

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Alkaloid Devoid Humanoid Sigmoid
Android Factoid Lipoid Tabloid
Avoids Fibroid Myoid Toroid
Cycloid Geoid Paranoid

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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Boy's shirt is missing. 2. Girl's hair is missing. 3. Book is missing. 4. Cap is missing. 5. Chest of drawers is smaller. 6. Arm is missing. 7. Arm is moved.
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Trivia test

by Fifi Rodriguez

- COMICS: What superhero's real name is Steve Rogers?
- LITERATURE: Which mystery author created the character of Sam Spade?
- ANATOMY: What disease is commonly associated with a lack of vitamin A?
- LANGUAGE: In the NATO phonetic alphabet, what word stands for the letter "J"?
- MYTHOLOGY: What is the Roman counterpart to the Greek god Odysseus?
- MOVIES: What 1954 movie included the song "The Man That Got Away"?
- HISTORY: What did the 1997 Kyoto Protocol international agreement attempt

to regulate?

- TRANSPORTATION: In what city is the Jose Marti International Airport located?
- MUSIC: What famous singer/songwriter was born with the name Robert Zimmerman?
- FOOD & DRINK: What plant does the coriander seed come from?

Answers

- Captain America
- Dashiell Hammett
- Night blindness
- Juliet
- Ulysses
- "A Star Is Born"
- Greenhouse emissions
- Havana, Cuba
- Bob Dylan
- Cilantro

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Wishing Well®

5 4 2 3 4 2 6 2 8 3 5 2 4
U B C S E O S N B Y S T C
6 5 2 4 8 3 7 3 7 3 6 2 7
P E R H E M T P A A R O K
3 8 5 2 5 3 2 5 7 6 5 3 2
T D C L O H A M E E M Y G
3 4 2 3 6 7 5 2 5 3 4 2 3
F E G O A A O R N R E E O
5 3 2 4 8 3 6 3 8 5 8 5 2
S T S R E H D E C E I N S
7 3 8 3 2 4 8 7 2 5 7 5 2
C R S S I F I T V S I E E
7 8 2 7 8 4 6 2 6 2 4 2 6
O V N N E U J E O S L S Y

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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Salome's Stars

ARIES (March 21 to April 19) Your curiosity might not be appreciated by everyone. Expect some resistance in getting answers to your questions. But stay with it. You need facts in order to make important decisions.

TAURUS (April 20 to May 20) Some of the mystery surrounding your recent fiscal situation soon will be dispelled with a clear explanation. Use this new knowledge to help you chart a fresh financial course.

GEMINI (May 21 to June 20) Start your Hanukkah and Christmas gift-buying now. This will help avoid problems caused by possible mid-December delays. A family member has important information.

CANCER (June 21 to July 22) Use a little more sense in how you plan to spend your end-of-the-year holiday dollars. Meanwhile, you continue to gain support for your stand on a workplace issue.

LEO (July 23 to August 22) Wearing that big, loving Lion's heart of yours on your sleeve leaves it unprotected. Let things develop a little more before you allow your emotions to spill over.

VIRGO (Aug. 23 to September 22) You might feel you're not ready to patch up an unraveled relationship. But the longer you wait, the more difficult it will be for all parties to take the first healing step.

LIBRA (September 23 to October 22) Your end-of-the-year holiday plans could be disrupted by something out of your control, but stay

the course. Ultimately, things will settle back into a normal pace.

SCORPIO (October 23 to November 21) Your honest approach to a workplace project earns you both respect and credit from those in charge. Meanwhile, that personal problem still needs to be dealt with.

SAGITTARIUS (November 22 to December 21) Money could be a little tight this month. This means the usually bargain-oblivious Sagittarian should look for ways to save on end-of-the-year holidays.

CAPRICORN (December 22 to January 19) Examine the facts, and you might find that it's a wiser move to shift gears and redirect some of your goals before the end of the year. Someone close to you offers good advice.

AQUARIUS (January 20 to February 18) Be careful that your generosity is not abused. Find out more, both about the special favors you might be asked to grant and who is asking for them.

PISCES (February 19 to March 20) You've come through a recent rough time in great shape. Congratulations. Now go out and enjoy your well-earned rewards. More good news comes in mid-December.

BORN THIS WEEK: You aim for truth, and you usually find it. Your honesty earns you the friendship and respect of others.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: G equals Y

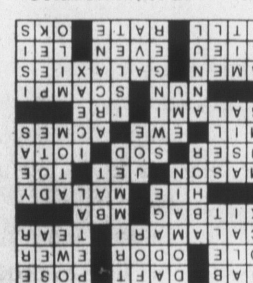
KBDLHJB DYRDLQU RJ OYB VRFP
DROG, PU GUH XFUV RE KLFXX
OYBCB CBQHWLCWG NCUSRPB
USBCPCLEO NCUOBDORUF?

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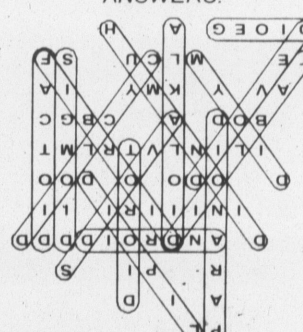
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King Crossword — Answers

Solution time: 27 mins.



Magic Maze ANSWERS:



CryptoQuip ANSWER:

Because Chicago is the Windy City, do you know if banks there regularly provide overdraft protection?

OBITUARIES

Claire E. Holbrook, 98

Claire E. Holbrook, 98, died peacefully on March 18, 2020, at Beth Israel Deaconess Hospital, Milton surrounded by her loving children.

Claire was born in Quincy, Massachusetts to the late Signe and Olaf Theller; formally from Norway. Raised and educated in Quincy, Claire lived in Quincy all of her life, most recently residing in Squantum. Claire was a proud graduate of North Quincy High School Class of 1938. Claire was an avid sailor and a member of the Squantum Yacht Club with her Dad. Claire was engaged to, "the love of her life", Deforest "Sonny" Ela, whose plane was tragically shot down during WWII on August 16, 1943.

Devoted wife of the late John L. Holbrook. Devoted mother of Diane L. Holbrook and J. Scott Holbrook both of Squantum.

Claire was proud of her professional career as a secretary for the Quincy Public Schools serving the students and their families of Wollaston, North Quincy and Montclair. Claire especially loved her many luncheon gatherings over the years, with the teachers "the lunch bunch" from Montclair School.

Claire's greatest joy in life was spending time with her children and friends whether it was on the ocean, ice skating or skiing on the slopes of New Hampshire.



CLAIRE E. HOLBROOK

Claire had a genuine gift for her impeccable style, optimistic persona and great smile. Claire loved animals, especially dogs, sailing, knitting, sewing, the outdoors, socializing, shopping with her Daughter and especially being on her Son's boat.

A special thanks to Bill McCarey for all his support and devotion over the past years.

Following Claire's wishes, there will be a celebration of her life at a date to be later announced of this upcoming Spring where friends and relatives will be invited to attend.

Memorial donations in memory of Claire Holbrook may be sent to MSPCA-Angell, Attention: Donations, 350 South Huntington Ave, Boston, Massachusetts 02130, or a charity of your choice. (Please include a note saying it is in memory of Claire E. Holbrook).

Katherine V. Dwyer, 78

Katherine V. (Decker) Dwyer, age 78, of Quincy, died peacefully, March 19, 2020, at Beth Israel Deaconess - Milton, in the comfort of her loving family.

Born in Quincy, to the late John W. Decker and Margaret (Ward) Adams, she was raised in Quincy and was a graduate of Quincy High School, Class of 1959, and the former Quincy City Hospital School for Nursing. She had lived in Quincy for the past four years, previously in Pocasset for 20 years, and earlier in Weymouth for over 20 years.

She worked for over 30 years as a nurse, specializing in elderly and pediatric healthcare. Katherine was employed for various nursing homes on the South Shore. She also worked at the Cape Cod VNA for twelve years focusing on pediatric care.

Katherine enjoyed sewing. Most of all, she was devoted to her family, especially her grandchildren, actively supporting their many activities and accomplishments.

Beloved wife of the late George S. Dwyer.

Devoted mother of Deborah L. Reilly and her husband Michael of Braintree, Diane M. Attesi and her husband John of Greenfield, the late David Dwyer, the late infant Peter Dwyer,



KATHERINE V. DWYER

and Charles W. Dwyer of Marshfield.

Loving grandmother of eight grandchildren and three great-grandchildren.

Dear sister of Lucille L. Zammitti and her husband Sal of California.

Also survived by many nieces and nephews.

In light of current events, funeral services will be private. Memorial services will be held at a later date.

For those who wish, donations in Katherine's memory may be made to American Red Cross, P.O. Box 37839, Boone, IA 50037-0839.

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Avenue, Quincy.

You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

Ethel J. April, 77

Ethel J. (Fleming) April, age 77, of Quincy, died March 21, 2020. The beloved wife of 53 years to Henry J. April of Quincy. Devoted mother of Jane April-Steinmetz and her husband Paul of Quincy, Jayson April and his wife Kimberley of Pembroke and the late Jeffrey April. Sister of Robert Fleming of Quincy and the late Marie Breton and Joan Duane. Cherished Nana of Jeff and Jonathan April and Jenna Steinmetz. Ethel is also survived by several nieces and nephews.

Ethel was born and raised in Boston and eventually moved to Quincy where she and her husband raised their 3 children. She was secretary at Village Auto School for many years. Ethel loved living by the beach and loved her cat, Sammy. Ethel was a loving wife, mother and grandmother. Her family meant everything to her and so did her close group of friends.



ETHEL J. APRIL

In consideration of current events and keeping in mind our number one priority of protecting our families and our community, the family will have a private visitation in the Keohane Funeral Home, 785 Hancock St., Quincy. Burial will be private.

In the coming months, Ethel's family will be planning a celebration of life where friends and relatives will be invited to attend.

Donations in memory of Ethel may be made to a charity of your choice. See www.Keohane.com or call 1-800-Keohane for online condolences.

Mario Malvestuto, 84

Mario Malvestuto, age 84, a longtime resident of Quincy, died peacefully, March 20, 2020, at South Shore Hospital, in the comfort of his loving family.

Mario was born and raised in Sulmona, L'Aquila, Abruzzo, Italy to the late Giovanni and Angela Malvestuto. He immigrated to the United States in 1963 and had lived in Quincy for 56 years.

He was employed as a laborer in the construction industry for many years.

Mario was an outdoorsman who enjoyed hunting and fishing. He was an avid gardener, loved cooking and especially enjoyed cooking for family and friends.

Most of all, Mario was dedicated to his family, especially to his cherished granddaughters.

Beloved husband of the late Antonietta M. "Antonina" (Marinilli) Malvestuto.

Devoted father of Lucio A. Malvestuto, Rita Maria Murphy and her husband Daniel, all of Quincy, and Patricia A. Malvestuto of Norwell.



MARIO MALVESTUTO

Loving Nonno of Alicia and Maggie Murphy.

Mario was the last of six siblings and is survived by many nieces and nephews.

In light of current events, funeral services will be private. A Memorial Mass to celebrate Mario's life will be held at a later date.

For those who wish, donations in Mario's memory may be made to the charity of your choice.

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Avenue, Quincy.

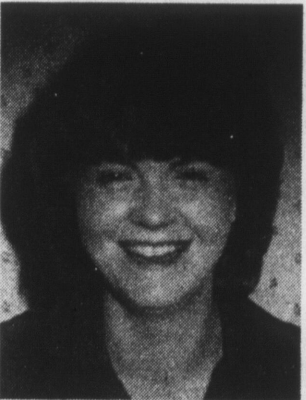
You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

Helen M. Bevacqua, 64

Helen M. Bevacqua, 64, of Quincy, died March 19, 2020 after a courageous battle with Huntington's disease.

The beloved mother of Jason M. Bevacqua and his partner Cynthia Johnson both of Quincy. Cherished daughter of Marie J. (Whalen) Bevacqua of Quincy and the late Edward Bevacqua. Grandmother of Hailey and Derek both of Quincy. Helen is also survived by many aunts, uncles and cousins.

Helen grew up in Milton. She graduated from Milton High School Class of 1973. She worked for several years as a Certified Nursing Assistant and later as a dispatcher for a sanitation company. Helen loved playing Bingo, horseback riding and throwing darts. Her greatest joy in life was her son Jason. Helen was a loving, kind and generous woman with a beautiful smile and a heart of gold. She will be remembered as a devoted mother, a cherished daughter and grandmother who will be



HELEN M. BEVACQUA

sadly missed.

In consideration of current events, and keeping in mind our number one priority of protecting our families and our community, the family will have a private visitation in the Keohane Funeral Home, 785 Hancock St., Quincy. Burial will be private.

In lieu of flowers, donations in memory of Helen may be made to Huntington's Disease Research @ Mass General Hospital, 55 Fruit St. Boston, MA 02114. See www.Keohane.com or call 1-800-Keohane for directions and online condolences.

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online at:**

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OBITUARIES

Patricia M. 'Tricia' Plaziak, 67

Patricia M. "Tricia" (Ritchie) Plaziak, age 67, a longtime Quincy resident, died March 20, 2020, at South Shore Hospital, in the comfort of her husband, Thomas.

Patricia was born in Medford, to the late William and Marion (Boyce) Ritchie. Raised and educated in Medford, she was a graduate of Medford High School, Class of 1970. She was also a graduate of the former Malden Hospital School of Nursing. She had lived in Quincy for the past 32 years.

Tricia was employed as a nurse in the healthcare industry for many years.

Beloved wife for 32 years of Thomas H. Plaziak.

Dear sister of Susan Palmieri and her husband



PATRICIA M. PLAZIAK

Joseph of Nashua, NH, and the late Karen Green.

Tricia is also survived by several nieces and nephews.

In light of current events, funeral services will be private.

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1-Independence Ave., Quincy.

You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

Keohane Funeral Home has announced new safety guidelines and care initiatives to help serve and protect families faced with loss during the COVID-19 pandemic.

These guidelines and initiatives have been implemented in all five of the firm's locations which are in Quincy, Hingham and Weymouth.

"The pandemic is an unprecedented situation which has caused additional stress and concerns for families facing a loss", said firm Co-President John E. Keohane. "We hope that through these initiatives we may allay many of these concerns so that families may focus on the emotional healing they need."

In response to the most recent public health direc-

tives given by local, state and federal governments, Keohane has instituted the following safeguards:

- Social Distancing will be maintained at all times. Team members will make verbal reminders of this and signage has been posted.

- Keohane has limited funeral ceremonies to private gatherings of no more than 10 family members.

- Facility hygiene will be constantly monitored to prevent virus transmission. This includes disinfection of conference rooms, equipment, workspaces and especially family gathering areas.

- Bottled water only will be offered. Use of water coolers/fountains is discontinued.

- Team members caring for a deceased person will continue to use universal precautions, will observe social distancing and will increase facility and equipment hygiene to reduce the likelihood of virus transmission with particular sensitivity to situations where a person has died at home.

"In addition to these safeguards, our team has also developed several ini-

tiatives that we hope will provide our community

with opportunities to connect and share despite the threat of COVID-19", added firm Co-President Dennis W. Keohane. "Social isolation is a concern for all of us but most especially for those like the grieving and our seniors who need connection most. We hope that these initiatives will help people feel less isolated."

Keohane is offering the following initiatives to help families heal and to aid in the reduction of virus transmission and social isolation:

- Remote funeral planning meetings by videoconference.

- Live streaming and recording of funeral ceremonies.

- Electronic and/or courier document processing.

- Public memorial ceremonies for those required to have private funeral ceremonies.

- Enhanced obituaries written by published authors.

- Tribute videos honoring the deceased posted on www.keohane.com.

- Active encouragement of electronic condolence

messages to comfort families.

- South Shore COVID-19 Neighbor Network, a Facebook group where people can connect and support one another during the pandemic.

The entire Keohane team is prepared to care for families and protect the public health. Every team member is working diligently to ensure that the firm can continue to provide a high level of service to families and the community during this time.

Those seeking additional information or wishing to leave condolence messages may visit www.keohane.com. Those with urgent needs or questions should call 1-800-KEOHANE.

Keohane is a family owned and operated group of funeral homes, with locations in Quincy, Hingham (Pyne Keohane Funeral Home), and Weymouth (McDonald Keohane Funeral Home). With a deep connection to the community and a high standard for professionalism, Keohane continues to be the choice for funerals, memorials, burial, cremation, and advance planning.

Social Security Matters

Ask Rusty: Using IRA Instead Of Claiming SS; Disability Appeal

By RUSSELL GLOOR

AMAC Certified Social Security Advisor
Association Of Mature American Citizen

Dear Rusty: I am currently unemployed and drawing funds from my IRA. I am 62 years old. My financial adviser instructed me to not take Social Security because once I do that the percentage of increase would stop. He said to wait until the benefits increased to the point where I could then take Social Security and leave my IRA alone. Does that seem right? Also, I have applied for SS Disability benefits and have been rejected, but I am currently appealing that decision. Is my next step a lawyer? If so do you have any recommendations? **Signed: Befuddled**

Dear Befuddled: If you take your Social Security (SS) benefits at age 62, your payment will be cut by about 27.5% from what it would be at your full retirement age of 66 1/2. If you wait, your SS payment when you claim it will have grown for each month you delay. You only get 100% of the SS benefit you have earned from a lifetime of working when you reach your full retirement age (FRA). The rate of benefit growth before you reach your FRA is a bit more than 6% for each year you wait, so I expect that your financial advisor compared that guaranteed growth to the interest you are receiving on your IRA and concluded that waiting to claim a higher SS benefit for the rest of your life is a better deal. Provided

you are in good health, that seems like a prudent suggestion. And just so you are aware, if you delay claiming SS beyond your FRA, you'll earn an additional 8% for each year you further delay, up to age 70 when your SS benefit would be about 75% more than it will be if you take it now.

Regarding your disability appeal, I cannot recommend a specific attorney, but I suggest you seek one who specializes in Social Security Disability Insurance (SSDI) claims. SSDI attorneys must adhere to Federal law and they are limited in what they can charge you. Usually that limit is 25% of whatever back SSDI benefits they can secure for you (paid from those back benefits) to a maximum of \$6000. There should be no charge for an initial consultation, and you shouldn't be required to pay anything unless they win your case for you. The easiest way to find someone to assist you is to do a search for "SSDI attorneys near me" and then do some initial research on your search results before selecting. You'll be able to judge the strength

of your SSDI appeal by whether the SSDI attorney accepts your case - they'll only accept your case if they believe they can win and be compensated for their efforts. Only you can judge if engaging an attorney is a wise idea at this point. You still have multiple SSDI appeal levels available to you, and an SSDI attorney can be engaged at any point you choose.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

To submit a question, visit amacfoundation.org/programs/social-security-advisory or email ssadvisory@amacfoundation.org.

**For Updates On
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www.TheQuincySun.Com**

Koehane Responds To COVID-19: Funeral Home Announces Care Initiatives



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Real Estate

Quincy Real Estate Transactions March 15 - March 20

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER

Adebusola Laguda
Michael H. Billone
Salkowski Family Holding Trust
John W. Robinson & Emma Kerry
John F. & Staci E. Goodwin
Brisk Inc.
503-505 Hancock Street Realty Trust
Li W. Guan; Ray G. & Ruiyong Zhu
295 Willard Street Realty Trust
George W. & Jayne Esau
David & Joanne E. Fuller
Jason M. Albanese & Alessandra Micco
Farzin Yashar-Rashti
Yue Y. Zhang & Nai Q. Xu
Brenda L. Verlicco
Katelyn E. Reardon
Jamie L. Plourde
Patrick A.T. & Alyce J. Lee
Joseph A. Debottis & Deborah M. Cooper

BUYER

Steven & Christine Adams
Lei Y. Yan & James Tian
Andrew Smeaton & Jaclyn M. Chasse
Ronald & Joann Burns
Jeff Lu
NQ3 Development LLC
NQ3 Development LLC
Grace Sheehan
295 Willard Street Realty LLC
Chunyan Wu
Rebecca Fuller & Patricia Grant
Andrew J. Grinham & Clarissa G. Ronzio
Jason M. Albanese & Alessandra Micco
Yuxin Lin
Demitrios S. Zapis
George L. Weidenfeller & James P. Hansen
Wein S. & Cynthia Z. Wong
Cleatia Passos Cassarino
Sammie Huang

AMOUNT

\$490,500.00
\$565,000.00
\$1,010,000.00
\$440,000.00
\$485,000.00
\$2,700,000.00
\$1,230,000.00
\$409,000.00
\$900,000.00
\$520,000.00
\$440,000.00
\$500,000.00
\$630,000.00
\$520,000.00
\$308,000.00
\$377,400.00
\$295,000.00
\$379,000.00
\$340,000.00

ADDRESS

39 Darrow Street
15 Young Street Unit 1
290 Bellevue Road
128 Greenleaf Street
118 Roberts Street
507-509; 511-513 Hancock Street
503-505 Hancock Street
85-87 Town Hill Street
295 Willard Street
42 Bennington Street
24 Robertson Street
143 Palmer Street
105 Greene Street
19 Miller Stile Road
62 South Street Unit 19
1 Adams Street Unit P2
90 Quincy Shore Drive Unit 506
100 Marina Drive Unit 618
27-35 Field Street

Norfolk County Registry Of Deeds Building Closed To The Public

The Norfolk County Registry of Deeds Building has been closed to the public, Register of Deeds William O'Donnell announced March 20th. In a message emailed March 20, O'Donnell said:

"The various entities housed within the Registry of Deeds Building are operating with their own employees. The Registry of Deeds operations in-house continues. Documents are being recorded. We continue to strongly encourage that the electronic recording filing system available at the Norfolk Registry of Deeds be utilized by filers of real estate documents.

"Please note that documents that are going to be recorded as a 'walk-in' will be utilizing a drop off procedure. All of these procedures implemented by the Norfolk County Registry of

Deeds are a result of dealing with the impacts of COVID-19 (coronavirus). The chief concern is the health, safety and welfare of our employees, their families and all those individuals and members of the public that intersect with the Registry of Deeds operations.

"This policy will continue so as to make sure documents get recorded, thus carrying out an integral role the Registry of Deeds has in the real estate economy.

"Thank you for your understanding and patience as we all work through these extraordinary times," O'Donnell added.

Ask Barbara Graceffa Best Times Of Year To Buy Items For Home

I just moved into my first home and don't have a big budget for all my needs and wants. When are the best times of year to purchase items for the home? Huizhong

I'd begin by making a list of the top items you need and then a second one of the those you want. Focus on the former first (and share this list with family and friends who want to give you a housewarming present!) and pick up those items you would like to have as funds become available. Do allow yourself a small splurge from time to time from the wish list, like a house plant or pillow (and share this list with others close to your birthday!).

Manufacturers do have sales on home products that correspond with everything from new year's resolutions to gifts for wedding season and inventory clearance before new furniture lines come out.

January: flooring, linens, paint, scales and fitness equipment, storage items, wall ovens

February: furniture, humidifiers, mattresses, snow blowers, TVs

March: china, garden and lawn care products, luggage, plants, vacuum cleaners

April: cookware, gas grills, lawn equipment, office furniture, replacement windows, vacuum cleaners

May: air conditioners, mattresses, office furniture, paint and wood stains, refrigerators

Summer months in general: indoor furniture

June: blenders, dishware, irons, power tools

July: decking and wood, dishware, home accessories, major appliances, mattresses, paint and wood stains

August: air conditioners, dehumidifiers, flooring, linens, patio furniture, perennials and shrubs, storage containers, vacuum cleaners

Fall months in general: major appliances (with the best prices in November)

September: beds, bookcases, chairs, gardening supplies and plants, home accessories, mattresses, replacement windows

October: small appliances, lawn equipment, patio furniture, smoke and carbon monoxide detectors

November: cookware, flooring, thermostats, TVs - and just about anything for Black Friday and Cyber Monday

December: carpet cleaners and steam mops, cookware, power tools, TVs

Do you have a decorating problem needing a professional solution? Send your questions to Secretary of the Interior at barbara@sec-interior.com.

Barbara Graceffa owns and operates Secretary of the Interior, an interior decorating company in Quincy offering creative solutions at reasonable rates. For more information on her services, view her portfolio, and read testimonials about her work, visit www.sec-interior.com. Or you can reach her at 617-921-6033.

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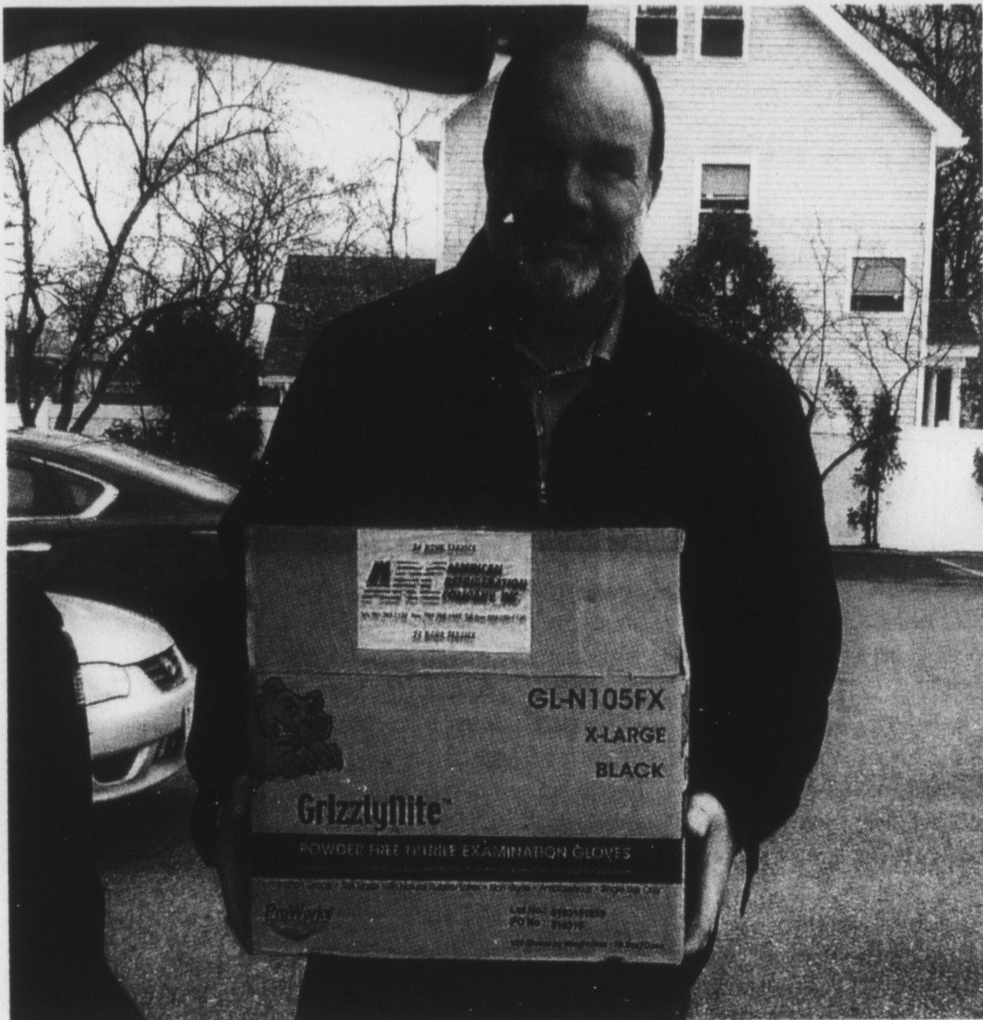
The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper Since 1968

VOL. 52 No. 29

Thursday, April 2, 2020

Non-Essential Businesses Closed Until May 4



PIPEFITTERS LOCAL 537 recently made donations of extra gloves, goggles, and face shields to Manet Community Health Center for frontline workers fighting COVID-19. Here Local 537 Business Manager Tom Kerr drops off the donations. Photo Courtesy Joshua Wolfson

The Baker-Polito Administration Tuesday announced several updates related to the COVID-19 outbreak including extending the non-essential business emergency order and guidance for Executive Branch employees until May 4.

The Department of Public Health's Stay-At-Home Advisory remains in effect. The Administration also updated the "COVID-19 Essential Services" categories for businesses and other organizations that provide essential services and workforces related to COVID-19 that are permitted to operate brick and mortar facilities during the emergency.

Essential Services Order: Governor Charlie Baker's emergency order requiring that all businesses and organizations that do not provide "COVID-19 Essential Services" close their physical workplaces and facilities to workers, customers and the public will be

extended until May 4. Businesses and organizations not on the list of essential services are encouraged to continue operations through remote means that do not require workers, customers, or the public to enter or appear at the brick-and-mortar premises closed by the order. This order also prohibits gatherings of more than 10 people until May 4th.

The Administration updated the "COVID-19 Essential Services" list Tuesday, which is based on federal guidance that was updated earlier this week. The new list went into effect Wednesday (April 1), at noon. While these businesses are designated as essential, they are urged to follow social distancing protocols for workers in accordance with guidance from the Department of Public Health (DPH).

Some of the updates to the essential services list include:

- Clarity around the supply chain that supports other essential services

- Adding health care providers like chiropractors and optometrists

- Expanding the types of workers providing disinfectant and sanitation services

Hotel/Motel Guidance: As part of the updated essential business list, DPH issued new guidance today around hotels, motels, inns, beds and breakfasts and other short-term residential rentals. Based on this new guidance, hotels, motels, and short-term rentals may only be used for efforts related to fighting COVID-19, like front line health workers or individuals, or for Massachusetts residents who have been otherwise displaced from their residences.

Stay at Home Advisory: Last week, Governor Charlie Baker directed DPH to issue a stay-at-home advisory, and the Governor announced today that the advisory will remain in effect. Residents are advised to stay home and avoid unnecessary travel and other unnecessary person to person

Cont'd On Page 4 (Page 28)

7 Deaths, 105 Cases Here

Due Date For 4th Quarter Property Taxes Extended To June 1

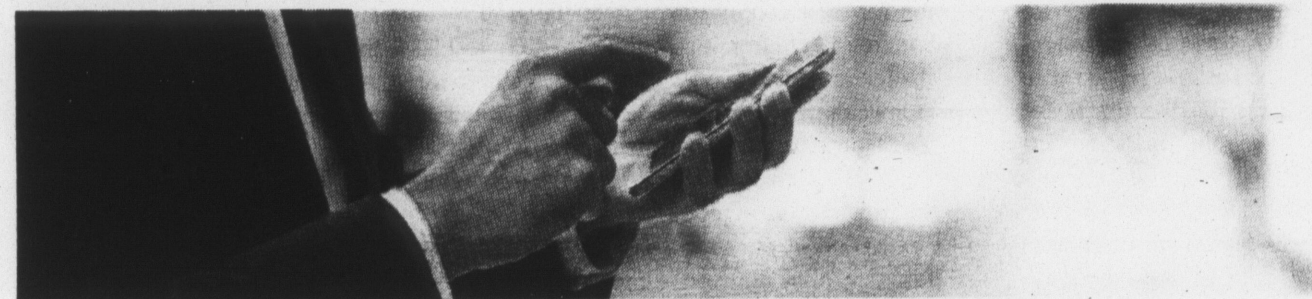
By ROBERT BOSWORTH
Seven residents have passed away from complications due to the COVID-19 virus and the number of presumptive and confirmed cases surpassed the 100

mark on Tuesday with 105 presumptive and confirmed. The city also reported Tuesday that 28 residents with symptoms of COVID-19 have recovered from the virus.

Statewide, there have been 89 deaths attributed to COVID-19 and 6,620 cases as of Tuesday. The death toll from the virus increased by 33 in one day according to the state.

Counties with the highest number of reported coronavirus cases are Suffolk which includes the City of Boston with 1,373, Middlesex (1,340) and Norfolk (738).

Cont'd On Page 8 (Page 32)



ALERT QUINCY is an important mass emergency notification system that can be utilized by City of Quincy officials to quickly alert citizens of any emergencies that may occur.

TEXT "ALERTQUINCY" TO 99411
to enroll in the City of Quincy Emergency Alert Program

https://www.quincyma.gov/govt/depts/emergency_management/alert_quincy/

COVID-19 INFORMATION

City of Quincy



DA Morrissey Responds To COVID-19 Threat

Norfolk District Attorney Michael W. Morrissey has been actively working to decrease the number of people being taken into custody and releasing medically fragile defendants in response to the threat of COVID-19 transmission in penal institutions.

"The first thing I did was reach out to my 27 police chiefs to ask that, wherever possible, they avoid arresting on new charges and instead summons defendants to court at a future date when the threat of transmission has abated," Morrissey said. "The result has been a marked decrease in the matters being brought in for arraignment, and I am very thankful to the chiefs for their cooperation."

Morrissey has also been asking defense attorneys with clients who are being held on bail for non-violent crimes to bring those cases forward for review — particularly if the defendant has an underlying medical

issue or age-related risk factor. "We have been able to agree to more than 70% of the cases brought forward," Morrissey said. "We have seen stalking matters and cases where there would be an unacceptable threat to a victim, and those we have asked the court to consider more closely."

Morrissey said he has been disappointed in the slow pace of cases being brought forward.

"We have the judges and assistant district attorneys in place in our courthouses to be handling at least two or three times as many petitions as we are seeing per day," Morrissey said. "To that end, we have established a hotline number and email address and sent it out to all of the relevant bar associations, asking them to bring these matters forward."

The high degree of communicability of COVID-19 plus the necessary close

Cont'd On Page 3 (Page 27)

State Treasury Agencies Continue To Serve The Public

The Massachusetts State Treasurer's Office consists of several agencies and departments that serve people across the Commonwealth every day. With the uncertainty of COVID-19 and the need for social distancing, Treasurer Deborah Goldberg and her nearly 750 Treasury employees are working hard to provide critical services remotely, without compromising the important work of the office.

"The Treasury has taken action to reduce the risk of COVID-19 to our employees and the public," said State Treasurer Deborah Goldberg. "The steps and procedures that have been put into place have allowed our employees to work remotely while still being able to assist the public with any Treasury needs they may have."

For information on specific departments, please reference the department updates and contact information listed below. For any general Treasury related matters, please visit [mass.gov/treasury](https://www.mass.gov/treasury) or call 617-367-9333 ext. 243.

Alcohol Beverage Control Commission (ABCC):

The ABCC is working to assist alcoholic beverage licensees across the state with a variety of needs they are facing at this time. The ABCC has temporarily postponed all public meetings.

As a result of challenges posed by COVID-19, the ABCC has issued an order granting hardship relief for all sec. 12 licensees on invoices issued on or after January 18, 2020, extending the delinquency reporting period from (30) days to a total of ninety (90) days.

For more information on COVID-19 ABCC Advisory Information, please visit: <https://www.mass.gov/service-details/covid-19-abcc-advisory-information>

To contact the ABCC, please call (617) 727-3040.

State Lottery:

All Lottery claims centers will be closed to the public until further notice. Claim forms are now available on their website. For more information on how to claim a prize by mail, and to access a printable claim form, visit <https://www.masslottery.com/about/news.html>. Due to anticipated mail volume, please allow extra time for processing.

Unclaimed Property (UCP):

The Unclaimed Property Division continues to process and pay out claims in a timely manner. They are available to assist by phone, over email, and by their website below.

Website: FindMassMoney.com

To search a name, check the status of a claim and general inquiries: 617-367-9333 ext.416 or UCPClaims@tre.state.ma.us

Inquiries from the corporate holder community: 617-367-9333 ext. 426 or UCPReporting@tre.state.ma.us

Veterans Bonus Division:

The Veterans' Bonus Division continues to process wartime bonuses through online applications to veterans that

lived in Massachusetts before entering the military and served during wartime.

For more information please visit: <https://www.mass.gov/forms/veterans-bonus-inquiry>.

To apply online, please visit: www.vetsbonusma.com

For questions, please email: veteransbonus@tre.state.ma.us

The Massachusetts State Retirement Board (MSRB):

The State Retirement Board staff continues to ensure that all pension benefits are paid in a timely manner and are all set to pay out the March pension payments on 3/31.

The MSRB posted an alert on their website with information for members. You can view it here: <https://www.mass.gov/alerts/msrb-special-announcement-update-3202020#undefined>.

To reach the MSRB Main (Call center team), please email: srb@tre.state.ma.us

To reach Communications, please email: MSRBCcommunications@tre.state.ma.us

To reach Survivor Benefits, please visit: survivorbenefits@tre.state.ma.us

To reach Buyback (Service Purchases): Buyback@tre.state.ma.us

Massachusetts School Building Authority (MSBA):

The MSBA continues to serve communities, school districts, and constituents throughout the state.

The MSBA has recently moved the deadline for the Core Statement of Interest applications to May 6, 2020.

Public meetings going forward will be held remotely.

To reach the MSBA, please email information@mass-schoolbuildings.org.

Massachusetts CORE/ SMART Plans:

The CORE/SMART Plans continue to assist participants and state and municipal employees.

For the SMART Plan: Due to safety concerns regarding the coronavirus, all SMART Plan office locations in Waltham, Worcester, Springfield, and in Boston at the Massachusetts State Retirement Board, will be closed to visitors in accordance with the governor's stay-at-home advisory emergency order.

For the SMART Plan: SMART Plan advisors are still available to assist participants at any time over the phone and virtually. Participants can view our regional map to find their local Retirement Plan Advisor.

For the CORE Plan: Participant services representative are available Monday-Friday, 8 a.m. to 10 p.m. Eastern time and Saturday 9 a.m. to 5 p.m. Eastern time. CORE Plan participants can access their account information 24 hours a day, seven days a week via the website at www.ma-core.com or by calling the CORE Plan Service Center at 844-365-CORE (2673).

The Massachusetts Clean Water Trust (CWT):

The CWT is continuing to fund water infrastructure projects for municipalities and other eligible entities.

As future projects go out to bid, the Trust is working with communities to navigate any uncertainty on a case by case basis. The Trust is fully operational and is available to assist communities as issues arise.

To reach the CWT, please call 617-367-9333 ext 508

Massachusetts Debt & Cash Management:

Massachusetts Debt and Cash Management are fully operational.

Cash management is ensuring payments are being made to vendors, employees, and retirees in addition to assisting with expediting payments for much needed supplies.

Office of Economic Empowerment (OEE):

OEE continues to support, advocate, and facilitate policies that support and empower all Massachusetts residents. Available Digital Tools:

OEE has created a resource page for families who might be experiencing lifestyle and income changes amid the COVID-19 outbreak. <https://www.mass.gov/ma-financial-resources-for-covid-19>.

They are working on fast-tracking digital expansion efforts originally planned for early summer 2020, including a partnership with Everfi digital financial education. <https://masstresury.everfi-next.net/welcome/myfinanciallife>

Workshops:

OEE is hosting senior scam and fraud prevention workshops via webinar. The webinars will touch on specific scams related to the COVID-19 outbreak. The first workshop will be on Wednesday, April 1st at 2pm. These workshops are a partnership with People's United Bank. <https://www.mass.gov/orgs/office-of-economic-empowerment>

OEE is continuing to host BabySteps Savings Plan enrollment trainings for organizations across Massachusetts. These workshops are being held by webinar. If you would like to host a training, please email: info@babystepssavingsplan.org.

Later in April, OEE is hosting financial empowerment webinars for women to replace their in-person Women's Financial Summits. Information will be on <https://www.mass.gov/orgs/office-of-economic-empowerment>

And the office will be collaborating with external partners to deliver additional financial empowerment workshops to those who need it the most during this time.

Additional Programs:

Credit for Life Fair grantees are able to expend funds for an additional school year in light of the COVID-19 outbreak.

To reach OEE, please email empowerment@tre.state.ma.us.

Massachusetts State Income Tax Filing Deadline Extended To July 15

Gov. Charlie Baker, Lt. Governor Karyn Polito, Senate President Karen Spilka and House Speaker Robert DeLeo recently announced an agreement to extend the 2019 state individual income tax filing and payment deadline from April 15 to July 15 due to the ongoing COVID-19 outbreak.

This income tax relief is automatic and taxpayers do not need to file any additional forms to qualify.

"Massachusetts will move the state personal income tax filing and payment

deadline to July 15, consistent with the federal government, in order to provide additional flexibility to filers during this crisis," Baker said. "In partnership with our colleagues in the Legislature, we are committed to providing this flexibility to taxpayers in a way that protects the Commonwealth's strong fiscal footing that we have all worked hard to develop over the past several years."

"We are proud to work with the Legislature to provide meaningful relief to people throughout the Com-

monwealth during this public health emergency," said Polito said. "This extension will afford taxpayers additional time to file their Massachusetts individual income tax returns as we carry out the historic response to the COVID-19 outbreak."

"The top priority during this public health crisis is to address the immediate needs facing our residents," said Spilka. "Our message is clear: residents should stay home and avoid social contact to be safe. Extending the tax deadline helps us ac-

complish that goal and provides peace of mind. I want to thank Chair Rodrigues, as well as our partners in the House and the Administration for their continued collaboration in confronting the challenges facing our Commonwealth."

"The House, in partnership with the Senate and the Administration, agreed to an extension of the state tax filing deadline to ease the burden on individuals while agreeing to borrowing measures that would protect the Commonwealth's revenue stream," said DeLeo. "Thank you to Chair Michlewitz for his leadership in ensuring the Com-

monwealth's fiscal viability while providing tax relief to those unduly effected by this crisis."

The announcement moves the state income tax filing deadline to match the July 15 deadline for filing federal individual income taxes. Legislation will be filed in the near future to finance the extension, and accompanying administrative changes will be implemented through the Department of Revenue. Specifically, the legislation will authorize the Commonwealth borrowing flexibility to manage deferred revenue this fiscal year and repay it in the next fiscal year, which starts July

1, 2020.

Individuals with questions or concerns regarding taxes can contact the Massachusetts Department of Revenue at (617) 887-6367 or send a secure e-message through MassTaxConnect.

The Commonwealth will continue to update the public on further developments and individuals are encouraged to consult both the Department of Public Health and the US Centers for Disease Control and Prevention websites for the most up to date information.

The latest information and guidance regarding COVID-19 is always available at [mass.gov/COVID19](https://www.mass.gov/COVID19).

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Lynch Supports CARES Act, COVID-19 Relief

Cong. Stephen F. Lynch (MA-08) voted earlier this week to pass H.R. 748, the Coronavirus Aid, Relief, and Economic Security (CARES) Act to help provide medical equipment to first responders and health-care workers and financial relief to individuals, families and small businesses across the country.

"America is currently facing a grave health emergency with a serious impact on our economy," Lynch said. "This latest piece of legislation is an important step in our ongoing effort to protect the American people and ensure workers and families have the resources they need throughout this unprecedented crisis."

Here are some of the initiatives in the CARES Act that will benefit the residents of Massachusetts:

- A \$150 Billion State and Local Coronavirus Relief Fund: Creates a \$150 billion State and Local Coronavirus Relief Fund to provide states and localities resources to address the coronavirus pandemic. It is estimated that Massachusetts will receive approximately \$2.673 billion.

- \$260 Billion in Expanded Unemployment Benefits: Includes numerous provisions to improve unemployment benefits including an additional \$600 per week for the next four months, providing an additional 13 weeks of federal

ally funded benefits, and expanding eligibility to include workers in the gig economy and self-employed workers.

- Direct Cash Payments to Lower and Middle-Income Americans: Provides for a direct cash payment to lower-and middle-income Americans of \$1,200 for each adult and \$500 for each child, beginning to phase out at an annual income of \$75,000 for individuals and \$150,000 for a married couple.

- More Than \$375 Billion in Small Business Relief: Provides more than \$375 billion in small business relief, including \$349 billion for forgivable loans to small businesses to pay their employees and keep them on the payroll; \$17 billion for debt relief for current and new SBA borrowers; and \$10 billion in immediate disaster grants.

- Approximately \$200 Billion for Hospitals, Health Care Workers, and Health Research: Provides an investment of about \$200 billion in our hospitals, health systems, and health research, including expanding funding for the personal protective equipment desperately needed by our health care workers, including ventilators, n95 masks, gowns, gloves, etc.

- More Than \$100 Billion in Additional Emergency Appropriations, including the following:

- o Transit Agencies: Provides \$25 billion to transit agencies, which have all seen a drastic drop in revenues as social distancing has been implemented. This funding is to be used to protect the jobs of the employees of the transit agencies, funding their paychecks during this public health emergency. Massachusetts will receive \$1,044,023,423 under this program.

- o HUD Emergency Solution Grants: Provides \$2 billion for HUD Emergency Solution Grants to states that will be distributed by formula. These grants are designed to address the impact of the coronavirus among individuals and families who are homeless or at risk of homelessness, and to support additional homeless assistance, prevention, and eviction prevention assistance. Of this \$2 billion, Massachusetts will receive \$60.8 million.

Cont'd On Page 8 (Page 32)



ON THURSDAY, MARCH 26, Quincy Police officers were dispatched to 125 Sea St. for a report of an unresponsive female in a vehicle. Officer Donnelly, who was at Southern Artery responded and arrived first on scene. The victim's grandson was with the victim and started chest compressions. Officer Donnelly extricated the victim from the vehicle and then started CPR while the grandson provided rescue breathing. Officer Leuchte arrived on location with an AED and attached it to the victim. A shock was advised and given to the victim. Officer Donnelly and the grandson continued CPR. Officers Michael McNeil and Tom Gaeta arrived on location and coordinated getting the ambulance and Fire Department personnel to the scene. Once the ambulance arrived the victim was turned over to the Paramedics, who reported that the victim had regained a pulse and was transported to the hospital. Nice Work! Submitted by Quincy Police Crime Prevention Officer Lt. Dan Minton. (More police news on Page 34).

DA Morrissey Responds To COVID-19 Threat

Cont'd From Page 1 (Page 25)

quarters of jails and houses of correction, creates the potential for mass spread. "The Norfolk County Sheriff, Jerry McDermott, to his credit, has invested in sophisticated sanitizing equipment, developed both sanitary and medical protocols, and is screening employees every day for fitness. But we still see it as important that we take steps to safely decrease the number of non-violent offenders in custody," Morrissey said.

Before the current move to decrease the population at the Norfolk County Correctional Complex in Dedham, the facility was at roughly 77% of design capacity, and every Department of Corrections facility in the state is below its design capacity, according to state officials. "We are not starting from the kind of overcrowded levels that are making other institutions even less safe during this time, but we are still working to do more," Morrissey said.

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Some additional facts: Rate/Annual Percentage Rate (APR) effective as of 03/18/20 and may change. Applies to 1-4 family owner-occupied homes. Assumes a maximum 80% loan-to-value and first mortgage position. Subject to credit approval. A 30-Year Loan would be repaid in 360 equal monthly principal plus interest payments of \$4.42 per \$1000 borrowed, which do not include taxes or insurance premiums, if applicable. So your actual monthly payment will be greater. NMLS # 409557



Member FDIC

Baker: Non-Essential Businesses Closed Until May 4

Cont'd From Page 1 (Page 25)

son contact during this time period. Residents who are considered at high risk when exposed to COVID-19 should limit social interactions with other people as much as possible.

Executive Branch Employee Guidance: The Baker-Polito Administration Tuesday also extended

the guidance issued to Executive Branch employees on protocol during the COVID-19 outbreak to ensure state government can continue to provide key services while protecting the health and safety of the public and the Executive Branch workforce. Under the guidance, all employees performing non-core functions who are able to work remotely

should continue to do so until May 4. Full guidance was sent to Executive Branch employees Tuesday.

Some Executive Branch services and walk-in offices remain open, but residents are encouraged to use online services when available.

Field Medical Station Announcement: The Commonwealth, through MEMA, has requested and received approval for a Field Medical Station that

will provide additional medical care capacity as the state plans for a surge in cases. The federal Strategic National Stockpile has approved a 250-bed field medical station that will be deployed to the DCU Center in the City of Worcester this week. This temporary facility will be managed by UMass Memorial and staffed by a partnership including the City of Worcester and others. The temporary field medical center

will be used to treat lower acuity patients who still need monitoring.

Nursing/Rest Home Program: The Commonwealth is implementing a pilot project that allows for safe, on-site testing of symptomatic residents of nursing and rest homes with a quick turnaround. The pilot will operate under the auspices of the Massachusetts National Guard in partnership with the Department of Public Health and Broad

Institute of Cambridge, and samples will be collected by trained personnel from the Massachusetts National Guard. Prior to this launch, the only way for nursing home residents to be tested would be to be transported to a hospital or physician's office.

Members of the public should continue checking www.mass.gov/covid19 for the latest information on impacts from the COVID-19 outbreak.

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Moments
in time

THE HISTORY CHANNEL

- On April 14, 1818, Noah Webster, a Yale-educated lawyer with an avid interest in language and education, publishes his American Dictionary of the English Language. Webster's dictionary was one of the first to include distinctly American words, introducing more than 10,000 "Americanisms."

- On April 13, 1870, the Metropolitan Museum of Art is officially incorporated in New York City. The city stipulated that the collection be kept open to the public year-round and free of charge. The first object the Met acquired was a Roman sarcophagus.

- On April 16, 1881, on the streets of Dodge City, famous Western lawman and gunfighter Bat Masterson fights his last gun battle. He would live another 40 years. Masterson had his first shootout in 1876 in Texas over the affections of a dance hall girl named Molly Brennan.

- On April 19, 1897, John J. McDermott of New York wins the first Boston Marathon, a measured distance of 24.5 miles from the Irvington Oval in Boston to Metcalf's Mill in Ashland. The marathon's distance was changed in 1908 to its current length of 26 miles 385 yards.

- On April 17, 1945, U.S. Lt. Col. Boris T. Pash commandeers over half a ton of uranium at Strassfurt, Germany, in an effort to prevent the Soviets from developing an A-bomb. Pash headed a group searching for German scientists to prevent the Soviets from capturing them.

- On April 15, 1959, new Cuban leader Fidel Castro visits the United States. President Dwight Eisenhower, however, had no intention of meeting with the communist revolutionary and instead went to the golf course.

- On April 18, 1983, the U.S. embassy in Beirut, Lebanon, is almost completely destroyed by a suicide car-bomb explosion that kills 63 people, including 17 Americans. The terrorist attack was carried out in protest of the U.S. military presence in Lebanon.

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Caregiving In The Age Of Coronavirus

By MIKE FESTA

AARP Massachusetts State Director

Even in ordinary times, the 840,000 of unpaid family caregivers in Massachusetts face a daunting set of daily tasks. Oftentimes with little or no training, they may be responsible for wound care, tube feedings, dressing, managing the finances and medical bills of their loved ones, transportation and more.

Of course, these are not ordinary times.

The coronavirus pandemic has complicated the lives of family caregivers, especially those with older loved ones who are most susceptible to COVID-19, the disease caused by the virus. It has added fear, anxiety and isolation to an already-stressful situation. Here in Massachusetts, routines have been upended as communities cope with this disease.

Since the outbreak of the virus, AARP has been urging family caregivers to develop a plan in case they get sick or their loved one does. Our recommendations include:

Pull Together a Team. Develop a list of family and friends who can perform daily caregiving tasks. If available, identify local caregiving services who may offer a respite for family and friends.

Identify Local Services. In response to the virus, many restaurants and pharmacies are adding or increasing their delivery services. The federal government's Eldercare Locator at www.eldercare.acl.gov can help you find support services in your area. The new online "AARP Community Connections" at www.aarpcommunityconnections.org enables people to enter their zip codes and find informal groups of neighbors and friends offering help right in their own communities.

Inventory Essential Items. Determine how much food, medication, and basic supplies your care recipient has on hand. We recommend a two-week supply of food, water, household cleaning supplies and medical materials and equipment.

Get Prescriptions in Order. Make sure you have a list of medications, medical contacts and important information about your loved one, such as drug allergies. If there are upcoming routine medical appointments, reschedule those or, if possible, switch to a virtual visit. The Centers for Dis-

ease Control & Prevention (CDC) recommends having an extra 30-day supply of essential medications on hand. Don't forget over-the-counter medications such as cough suppressants and fever reducing drugs like acetaminophen.

Stay Connected. Isolation is a big issue as we all follow the social distancing guidance from the CDC. However, social distancing doesn't have to lead to social disconnection. Develop a communication plan and identify times when members of the care team will check in on your loved one. Skype, Zoom and Facetime are useful digital apps that can help, but so are lower-tech options like email and telephone calling. To help fight the isolation, encourage people to send cards, letters, magazines, puzzles or other items a loved one would be happy to receive.

Protect Yourself. Like they tell you on an airplane, "Put your own mask on first." Now more than ever, it is important for family caregivers to take care of themselves. Follow the CDC guidelines of washing hands frequently, avoiding crowds, practice social distancing and, by all means, if you feel sick stay home. If you develop the virus, you will be of little use to those who are counting on you.

To help caregivers, AARP has a dedicated, toll-free family caregiving line for people looking after a loved one. Agents are available to take calls Monday-Friday, 7 a.m. to 11 p.m. (ET) at 877-333-5885.

AARP also has a Facebook group where caregivers get tips from experts, share their own stories and sometimes just get a little encouragement from others in a similar situation. You can also find answers to many of your questions online at the AARP Caregiver Resource Center aarp.org/caregiving.

Though we would welcome your membership, our caregiving information and services are available to everyone. Our founder, Ethel Percy Andrus, said, "What we do, we do for all." That has never been more important than in the face of this coronavirus as we all pull together to find our way through it.

Mike Festa is state director of AARP Massachusetts.

Quincy Pride Postponing All Activities

A copy of the following letter was submitted via email for publication in The Quincy Sun:

Dear Quincy Pride Community,

Our primary concern is and always will be the wellbeing of the community. That's why we have been closely following the latest developments surrounding COVID-19. We are deeply grateful to the public health officials and community leaders who have been working tirelessly to provide guidelines on how to stay safe and healthy during this troubling time.

In light of recent advisories from Governor Baker and the CDC, Quincy Pride is officially postponing all scheduled public events until we are confident that we can hold such events safely, including our annual fundraiser. As sad as we are that we will not be able to gather with you all, it is far more important that we engage in social distancing at this time.

Though the future is uncertain, we are determined to bring the spirit of Pride to Quincy in one way or another. Through commitment and creativity, we will press on, and we hope to do so with your help. If you are interested and able, we will still be collecting online donations at <http://bit.ly/qpride2020>. These donations will allow us to come back swinging as soon as it is safe to do so, with events

and activities that are bigger and better than ever before. We would greatly appreciate your support and generosity at this difficult time.

It is through the difficult times that as a community we are able to come together and find strength in one another. The Quincy Pride Organization invites you to look at our website for updates on what we are doing and what we hope to bring to the future.

Thank you all for your kindness and support. Stay healthy and stay safe.

Sincerely,

Your Friends at Quincy Pride:

Sheika Babin, President
Richard Ash, Vice President
Rafe Johnson, Treasurer
Amy LaPlume, Clerk
Genevieve Santili, Fundraising Director
Lia Cohen-Odiaga, Communications Director
John McDonald, Entertainment Director
David Swenson, IT-Director
Frank Rubino, Director-At-Large
Nolan O'Brien, Social Media Director

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Scenes From Yesterday



THIS 1940 POSTCARD is a view of Hancock Street in Quincy Center looking north from Revere Road. Woolworth's was later located on the left where Gambles Market and Matrix Shoes are shown. The large building, known as the Cliveden Building, was home to the Chamber of Commerce, the Community Fund and the Rotary Club. McGilvays had a drug store on the street

level with the awnings. Further down on the left can be seen signs for the State Theater and Salingers clothing store. On the right, in addition to Kane's, you can make out signs of the Quincy Loan Co., B&D Wallpaper and Robinson's Appliances. Signs protruding out over the sidewalk are not allowed in Quincy today.

From the Postcard Collection of Tom Galvin

AAA Survey: Gasoline Prices Down 11 Cents

Gasoline prices in Massachusetts are down eleven cents this week, according to AAA Northeast.

AAA Northeast's March 30 survey of prices in Massachusetts finds self-serve, regular unleaded averaging \$2.05 per gallon. Massachusetts's price is four cents above the national average

of \$2.01. A year ago at this time, the average price in Massachusetts was 48 cents higher at \$2.53 per gallon.

"This week, the national gas price will drop below \$2 per gallon for the first time in four years and it won't stop there as demand for gasoline diminishes as Americans

stay home," said Mary McGuire, director, Public and Legislative Affairs. "Crude oil continues to price low - in the \$20 per barrel range - as U.S. gasoline demand decreases to numbers typically seen during the winter driving season."

The range in prices in

the latest AAA survey for unleaded regular is \$1.03, from a low of \$1.72 to a high of \$2.75. AAA advises motorists to shop around for the best prices in their area.

Remember to slow down and move over for any emergency vehicles on the side of the road.

READERS FORUM

A Poem: Coronavirus, You Taught Us What Life Is

Streets are quite, very few cars are seen moving,
Doors are closed, people are scared of meeting.
Looking out of the window one feels that the world is mourning,
I can't knock at my neighbor's door to check how she's doing,
The only thing I hear is her dog barking and her cat mew-ing.

Coronavirus, you taught us what life is.

I still wake up to get ready to go to work every morning,
Then I realize everything is closed and go back to bed yawning.

Schools are closed, we are training our kids for home schooling,

Kids are missing their teachers and tell parents "You're Overruling".

Before we got overwhelmed with the homework that our kids were given,

Today we are asking for worksheets from our teachers for revision.

Coronavirus, you taught us what life is.

We always took family, friendships and relationships for granted,

Never had time for our kids or to look at the seeds they planted.

Today we have a lot of time to spend with our kids,
We are playing board games and teaching them about grids.

We would always grumble to go to the church or meet our parents,

Today we are praying at home, waiting to see them and do their errands.

We are missing going out with our friends and social-izing,

Henceforth we will cherish every moment and not waste time criticizing.

We have learned to respect our colleagues and every-

one's work,

We will treat them all well whether they are cashier or a clerk.

There was anger towards doctors for the bills they were charging,

Today they are the ones who are saving our lives and fighting.

Coronavirus, you taught us what life is.

Before we always complained we had no time to take care of ourselves,

Today we are going through old pictures and cleaning our shelves.

You made us realize that our nature is what we were harming,

Today we are suffering the consequences of global warming.

We never thought of reducing, reusing and recycling,
Today toilet paper is also what we are saving.

We never thought twice before spending money on drinking,

Today we are filing unemployment to afford grocery shopping.

Coronavirus, you taught us what life is.

After you are gone, we will realize what we were miss-ing,

Family hugs, goodbyes, hugging and kissing.
Today we are waiting for the longest weekend to end,

Our kids want to go to school to meet their best friend.
We will remember to pray to God each and every day,

Will wait for Monday and never be so happy on Friday.

Coronavirus we have learned our lesson on what true life is,

Please leave us, we will value everything in future we Promise.

By MONIKA TECKCHANDANI

Quincy's Yesterdays

This Week
1969
51 Years Ago

Memorial Service For Former President Eisenhower

An ecumenical memorial service for former President Dwight D. Eisenhower was held at Quincy's historic United First Parish Church. Participating clergymen included Rev. Bradford E. Gale, Rev. Dean E. Benedict, Rabbi David J. Jacobs, Rev. Richard J. Hawko, Rev. Demetius Michaelides and Rev. Stephen W. Brown.

The bell tolled sadly and solemn words were spoken in a farewell tribute to the late president.

The Rev. Stephen Brown, pastor of First United Presbyterian Church, Quincy, noted that "Dwight David Eisenhower is a symbol of that which is good and right and strong in our nation."

The nation's 34th president died at his home in Gettysburg at age 78.

\$112-\$115 TAX RATE SEEN FOR 1969

Quincy taxpayers face a threatened \$112-\$115 tax rate following City Council approval of a record high \$34,600,000 municipal budget for 1969.

Councillor John J. Quinn, chairman of the council's finance committee, said the budget anticipated the loss of state revenue and other factors will mean a tax rate impact of between \$14 and \$17. The 1968 tax rate was \$98.90.

Quinn's predicted figure is about \$3 under that forecast earlier by Mayor James R. McIntyre.

QUINCY-ISMS

The Quincy Sun Sunbeams column reported that **Edward Roberts** would succeed **John Schmock** as Quincy's Civil Defense Director. Schmock was recently appointed to the position of Superintendent of Fire Alarms... **Mrs. James McGregor** was installed as the president of the Quincy Emblem Club at the Club's 45th annual installation held at the Elks Home, 1220 Hancock St... **Mr. and Mrs. Joseph DeAngelis**, 62 Shennen St., Houghs Neck, are the proud parents of a daughter both March 22... Quincy Atty. **Richard J. McCormick** was scheduled to be installed as Exalted Ruler of the Quincy Lodge of Elks April 12. McCormick succeeds **Thomas M. Garrity**... Hancock Tire and Appliance Company, 115 Franklin St., South Quincy, was offering "18-inch Portable TV's for \$128.88"... Two long-time public safety officials retired. Firefighter **Daniel H. Kenley**, retired after 21 years of service, and patrolman **Ralph Lewis** after 36 years of service... **Dr. Edward S. Mann**, president of Eastern Nazarene College, was elected to a two-year term on the Board of Directors of the Evangelistic Association of New England... Members of the Cyril P. Morrisette American Legion Post were looking forward to celebrating the Post's 40th anniversary in the fall. The charter endowing the Post was granted Oct. 18, 1929. The present membership of the Post is 1,117... The Burgess Studio, 4 Faxon Ave., Quincy, was holding its "Annual Clearance Sale, Save Up to 50% on Famous Name Jewelry"... **Nancy Morrissey**, daughter of Mr. and Mrs. Richard Morrissey, 80 Woodcliff Rd., West Quincy, won trophy honors in the Greater Boston Original Oratory Contest. Miss Morrissey is a junior at Sacred Heart School, Weymouth... Grand Knight **Harold Esdale** will be honored at a dinner-dance noting the 48th birthday of the North Quincy Knights of Columbus Saturday, April 26... Smyth's Package Store, 66 Newbury Ave., North Quincy, was advertising "A Complete Line of Foreign and Domestic Liquors, Wine, Beer and Ale"... **Gilbert Crofts**, long-time secretary of the Quincy YMCA, was honored by "Y" officials, city officials and family members, on the occasion of his retirement... North Quincy's **Pete Varney** who promises to be one of Harvard University's all-time great athletes, will be the starting catcher for the Crimson's baseball team, although only a sophomore... Mayor McIntyre appointed **Edith A. Cameron**, 19 Bennington St., South Quincy, to the Board of Historical Places... Shorebank President **Robert L. Blair** announced a five-cent increase in the quarterly dividend rate to 30 cents a share. Shorebank is a holding company for South Shore National Bank of Quincy... General Dynamics, Quincy Division, was advertising openings for many tradesmen, including electricians, painters, welders and shipfitters.

YMCA Food Pantry Available To Quincy Residents

Last month, the South Shore YMCA temporarily closed several facilities for the safety of its members, staff and community as the Coronavirus (COVID-19) crisis began to unfold. The decision was made in order to protect the community in accordance with guidelines from state and local government, public health authorities and regional school closings.

As a charitable organization dedicated to opening doors and bringing people together to serve and strengthen communities, the decision to close a door is especially difficult for the Y. While closing its facilities was the correct move for the safety and protection of all, it meant the possibility that some local residents may not have access to the critical programs and services they depend on from the Y. Therefore, the YMCA will continue its Germantown Neighborhood Center Food Pantry, services for as long as possible with help from the community.

Since 1892, the South Shore YMCA has been an organization the South Shore community has turned to in times of crisis. In the coming weeks, the need for food and services for seniors and children will increase exponentially. With social distancing in place, and perhaps stronger measures coming soon, there has never been a greater need for the Y's Food Pantry services.

"As a community, we cannot permit children to go hungry or endanger the health of families by pausing critical services they



FOOD PANTRY LINE: More than 100 families were served at the South Shore YMCA's Germantown Neighborhood Center Food Pantry on March 18.

rely on," said South Shore YMCA President and CEO, Paul Gorman. "It is more important than ever to live our YMCA mission of serving and strengthening our community. I thank our staff, our members and supporters across the South Shore who are continuing to support these efforts in these unprecedented times. Together, we will get through this crisis. Take care of yourselves and your

families, and consider supporting the most vulnerable residents of our community as well."

The South Shore YMCA leadership team served more than 100 Quincy families on March 18 and expects to do so on Wednesdays and Fridays going forward. Their work was made possible by donations from many of our Y members and community leaders, the Greater Boston Food Bank, Trader Joe's in

Hingham, and Tufts Health Plan. Trader Joe's also donated flowers, an unexpected source of smiles for all.

The South Shore YMCA will register and serve all Quincy residents in need during this crisis. Visit the Germantown Neighborhood

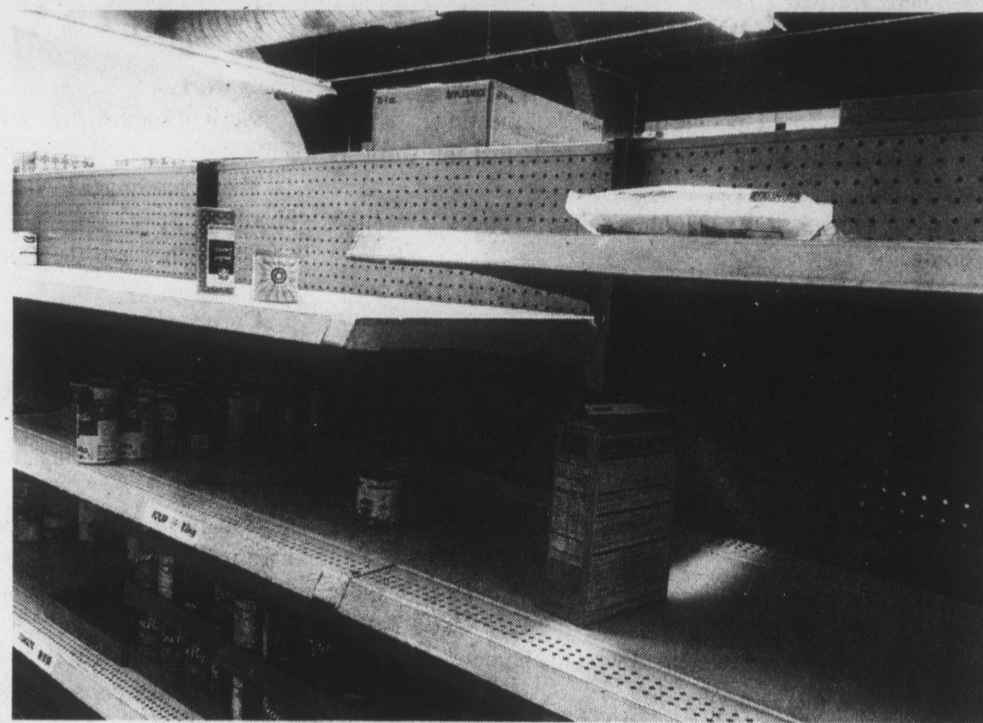
Center at 366 Palmer St. on Wednesdays or Fridays 8:30 a.m. to noon, with proof of Quincy residency or a South Shore YMCA membership key tag.

For information on ways to help the Germantown Neighborhood Center Food

Pantry, visit the website at ssymca.org. The YMCA extends thanks to its many supporters who have generously donated to date and we greatly appreciate anyone else who can help ensure everyone has food during this difficult time.



TUFTS BAGS OF FOOD: Tufts Health Plan donated bags and goods to support the YMCA's food pantry at the Germantown Neighborhood Center. Photos Courtesy SS YMCA



EMPTY SHELVES: Community support is needed to keep food pantry shelves stocked.

Deadline April 22 For Houghs Neck Garden Club Scholarship Applications

Applications for the Houghs Neck Garden Club Scholarship are due by April 22.

In the event the coronavirus prohibits you from having your application signed by your school counselor call Carol Johnston at 617-842-0327 for further advice.

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Union Congregational Church Palm Sunday Service

Union Congregational Church will celebrate Palm Sunday April 5 at 10 a.m. (via ZOOM - see below.) Hear the Word presented by Rev. Joy Eng Matos.

Palms will be placed on the front doorstep, available and free to the community (as long as supplies last) on Palm Sunday morning. Feel free to stop by and pick one up.

Union Congregational Church is a place where Christ is taught, proclaimed, and lived in loving fellowship with others. Because of the recent concerns with the COVID-19 virus, we are worshipping and having our Bible Studies and church meetings via an online app called ZOOM. If you would like to participate, call the church or send an email to the number or email address below.

With the recent election and dedication of new officers and formation of new Spiritual Team leaders we are getting ready for the 125th year of our church's

ministry in Quincy. Our members believe God is leading us, His church in Quincy, and we are excited to see His plan for our future.

Want to learn more from the Word? Join us Tuesdays at 6:30 p.m. (via ZOOM) as Pastor Joy leads "Victory Over the Darkness" This Bible study shares how to (1) Realize the power of your identity in Christ; (2) Free yourself from the burdens of your past; (3) Stand against the spiritual forces of this world; (4) Win the battle for your mind; and (5) Become the spiritual person you want to be. Anyone interested is welcome to join.

Union Congregational Church is a warm, friendly, neighborhood church located on the corner of Beach Street and Rawson Road in Wollaston. All are welcome. Join us for worship.

For more information, call 617-479-6661, send an email to UccWoll@gmail.com or visit the website at www.UnionCongWoll.org

HN Church Suspends Services Through End Of April

Due to the COVID-19 pandemic, Houghs Neck Congregational Church has suspended on-site church services at least through the end of April.

Those interested in taking part in virtual Sunday

services of worship should contact Pastor Steve Vandergrift at 617-479-8778.

Be wise, be safe, and keep in touch with one another, particularly our most vulnerable.

Fine Print Book Review: 'Sparrow' - A Novel By Mary Cecilia Jackson

By BETH VACCA

"There are two kinds of people on the planet. Hunters and prey ... you can't escape what you are, what you've always been." Quoted from the prologue of "Sparrow" a novel by Mary Cecilia Jackson. A tragic story of the cycle of abuse.

I began reading this novel because I was drawn in by the athletic ballerina on the cover. I had no idea of the ride I was in for.

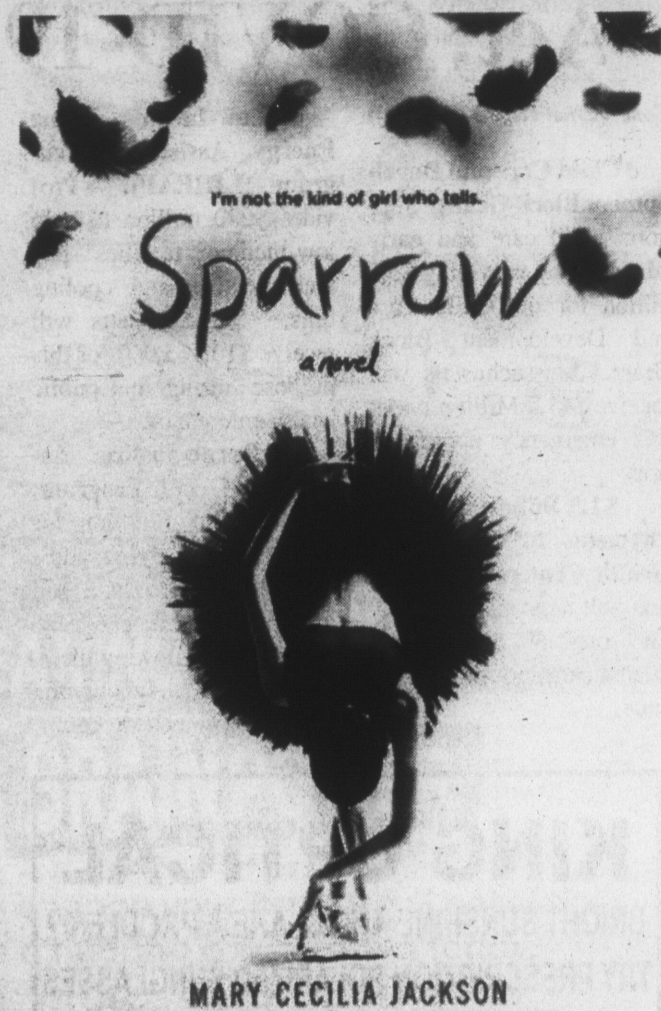
Savannah Darcy Rose, "Sparrow" to her friends and family, is a talented ballerina, a good friend and a keeper of secrets. She's been taught from a young age. Never tell.

When Sparrow's mother dies she thinks she is finally safe. She'll just bury her secrets. Her fear.

Years later Sparrow learns that burying feelings doesn't always work out the way we want. As Jackson quotes, "What's past is prologue", William Shakespeare, The Tempest.

It turns out that Sparrow is still her mother's daughter. An excellent secret keeper. Still prey. Still unable to escape.

Sparrow's story is not a heartwarming story. It is about fear, anger, hatred, unforgiveness and denial. Her



story is a tragic and stark reminder of the evil present in our world and the expected and unexpected places where it can be found.

In Sparrow's story we are shown that life is hard. We know this. There are so many circumstances we have no control over. We are shown through Spar-

'The Bridge Home' By Padma Venkatraman

'The Fine Print' Book Review

By LAURIE HIGGINS

As soon as I turned the last page, I thought, what a beautiful love letter!

"The Bridge Home" is a middle grade novel set in present day India. It is a harsh world for children. This might sound like I am contradicting myself. How can the harsh reality of children living in poverty and danger in India equate to a beautiful love story? That is the brilliance of Padma Venkatraman and the way she tells this story of two young sisters making their way alone. Venkatraman tells their story with honesty, hope, faith, and yes, the beauty of love.

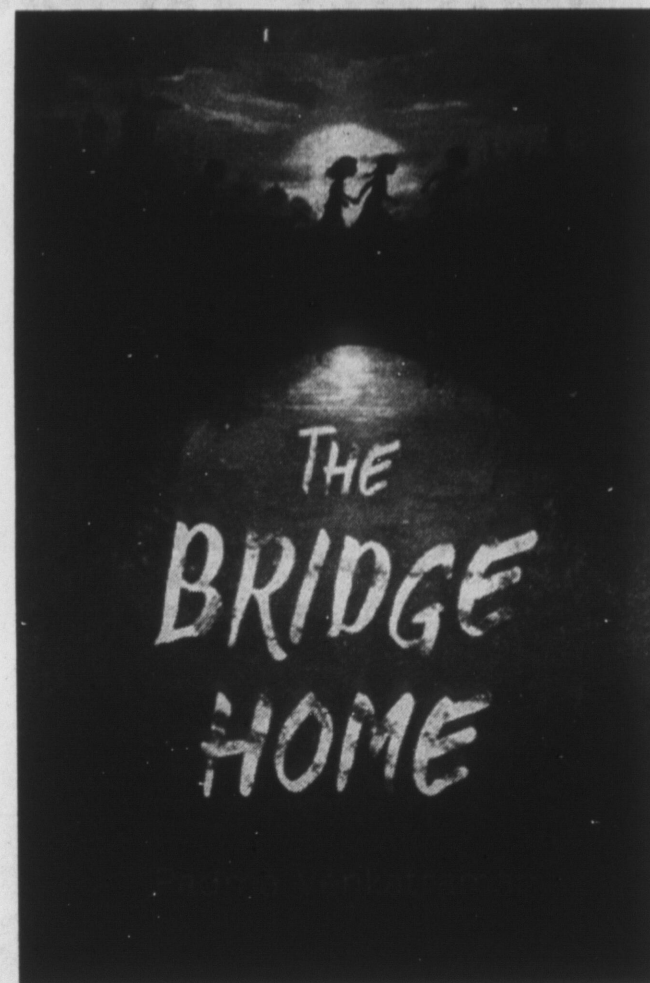
Viji has dreamed of being a teacher. However, she and her older sister Rukku live an impoverished, impossible life. Their mother is frail, their father abusive. One day Viji, out of desperation, takes Rukku and escapes to the city with only a small amount of food, a change of clothes and the money her mother secretly saved as a birthday gift. This is a huge risk, not only because they are young girls in a dangerous world, but Rukku has special needs. She sees the world for all that is good and beautiful. Viji must not only watch out for herself but also her sister. They are scared and

alone as they navigate the large, noisy, dirty city, but together, Viji and Rukku move bravely forward, with a positive attitude.

Soon they meet Arul and Muthu. Through their burgeoning friendship, Viji and Rukku learn what truly makes a home and family. They make their way by picking through the trash for recyclable items to sell. Within this dark world, there is also light. The four friends enjoy "sweets," find treasures, and tell each other stories. However, life continues to be dangerous, and they soon need help, the help that only an adult can provide. But how can they trust an adult when all the adults in their lives have so far let them down?

Venkatraman shines a light on the harsh world that is a reality for so many children in India. She does this with grace and dignity. Many children in this country live in fear and danger. While she doesn't shy away from these realities, Venkatraman leaves the reader with hope.

Venkatraman also highlights organizations in India working hard to provide safety for children living on the streets. While this story is a work of fiction, it is based on her experiences while growing up in India.



Explaining how her mother worked closely with organizations helping children, Venkatraman shares information about the resources that are available to the children of India. She also encourages all to learn more about not only the sadness but also the beauty of her home country.

This story opens with Viji writing a letter on "paper remade from wilted, dirty, hopeless litter that had been rescued, scrubbed, clean, and reshaped." Through her

journey, Viji discovers much about herself while teaching the reader how we all can be transformed by our circumstances for better or worse. This story, her story, is a beautiful love letter, a love letter to spark hope and recovery.

Don't forget to read...The Fine Print.

Padma Venkatraman lives in Rhode Island where she has worked as chief scientist on oceanographic ships. She is also the author of three other novels.

relationship, but she won't talk. She never does.

Lucas must deal with the guilt of having not spoken when he had the chance, with the injustice of the guilty not being punished and the loss of a friendship. With the recent death of his father from a terminal illness Lucas is filled with so much anger that he cannot control. He begins to lash out at those he loves most. He begins to self-destruct, and his family is afraid for his future.

Jackson's novel highlights the dangers of secrets. The dangers in not dealing with our emotions and how our actions never only affect just ourselves. Jackson re-

minds us that "... you can't be brave until you're frightened out of your wits and still do the thing that needs doing."

Leaning on family. Asking for help. Exposing our insecurities. Admitting our flaws. Acknowledging that our lives are messy. Understanding that "brave" doesn't always look like what we might think. And seeing our unselfish acts as not only benefiting others, but as a chance to grow. All things that need doing.

Jackson's love for the arts shines through in her writing. Her love for the ballet, classical music and Shakespeare woven throughout her novel brings together

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City Of Quincy COVID-19 Update

Cont'd From Page 1 (Page 25)

In other related COVID-19 news, the City of Quincy announced Monday that the due date for fourth-quarter property tax bills has been extended until June 1.

Deadlines for property tax exemptions and deferral applications are extended from April 1 to June 1.

The City of Quincy Park Department has also closed all basketball courts throughout the city due to a concern that people were not practicing proper social distancing.

What You Need to Know:

- On March 31st, Governor

nor Charlie Baker extended a stay-at-home advisory and order for all non-essential businesses to extend closure through May 4th. The order does not apply to grocery stores, pharmacies and many other services deemed essential. For a full list of essential services included in the Governor's order, visit www.mass.gov.

• Governor Charlie Baker has issued an executive order to further extend the closure of all Massachusetts schools and all non-emergency child care programs until May 4.

• A temporary emergency order has been issued that

prohibits the use of reusable bags until further notice. Retailers will provide bags free of charge during this time.

• The Governor also reduced the maximum number of group assemblies to 10 people, down from 25. Additional guidance on that order, can be found at www.mass.gov.

• A Wollaston Elementary School Grade 5 teacher, who was last in school on March 12, has tested positive for COVID-19. In a letter to Grade 5 parents, Quincy School Supt. Richard DeCristofaro asked that children in the class self-

isolate in their home until March 26 as a precaution, based on the recommendation from Health Commissioner Ruth Jones.

• All day-care facilities except Exempt Emergency Childcare Centers to serve families of first-responders and front-line medical personnel are closed.

• City offices are closed to the public. The City will still operate and offices will still be staffed, but residents will be required to conduct business via telephone, the Internet or through the mail. No emergency services will be impacted. A full list of department phone numbers and contact information appears on Page 18.

• All playgrounds in Quincy are closed, but park spaces are open.

• Students can pick up "Grab and Go" meals at North Quincy High School, Quincy High, Snug Harbor and Lincoln-Hancock. Meals will be available from 11 AM to noon. Additional details are available on QPS website.

• All restaurants and bars in Quincy are not allowed to serve food or beverages on site.

• Any gathering should maintain "social distancing"

meaning people stay further six feet away from each other at all times.

• All public regulatory boards are postponed until at least April 7.

• All public facilities will continue to undergo aggressive environmental cleaning on a daily basis.

• Mayor Koch will use \$1 million from the City's Affordable Housing Trust to assist workers in the City's hospitality industry and maintain their housing during prolonged closures. The full details of the program will be developed in the coming days.

Best Practices

• Residents in potentially vulnerable populations, such as seniors and those with underlying medical conditions, are advised to stay home.

• Many of the things you do to help prevent colds and the flu can help protect you against other respiratory viruses such as Coronavirus:

- o Avoid large gatherings.
- o Wash your hands often with soap and warm water for at least 20 seconds.
- o Cover your coughs and sneezes.
- o Stay home if you

are sick. If you are ill call your healthcare provider for instructions before going to a clinic, office or emergency room.

• There are currently no vaccines available to protect against this novel coronavirus infection. It is not recommended that people wear masks when they are in public. Masks can be useful in some settings, such as a clinic waiting room, to prevent someone who has a respiratory illness from spreading it to others. There is no hard evidence that wearing a mask protects the wearer outside of the healthcare setting.

• Don't flush disinfecting wipes, paper towels or flushable wipes down your toilet. They can clog sewer lines and cause plumbing issues in your home.

Need More Information?

- Ruth Jones
Health Commissioner
(617) 376-1272
rjones@quincyma.gov
- City of Quincy COVID-19 Informational Hotline
(617) 376-1288
- Mayor's Office of Constituent Services
(617) 376-1500
- CDC COVID 19 Information Page
- Mass.gov

WHAT'S COOKING

with
Marie & Susie

By MARIE D'OLIMPIO and SUSIE FALCO



Sally Lunn Batter Bread (No Need To Knead)

By MARIE

The wonderful aroma of homemade bread when we were growing up brought us all to the kitchen waiting for that bread to come out of the oven.

We would be ready and have fresh, oven-baked bread with butter which was the most delicious treat that anyone could have.

Our Baking Club baked a Lunn Batter Bread last week and it is one of those breads that does not need to be kneaded and it is very simple to make. I guarantee that if you bake this bread it will be gone in a flash.

Ingredients and Directions:

- 1 package of active dry yeast (one-quarter ounce)
- 1/2 cup warm water
- 1 cup warm whole milk
- 1/2 cup butter softened
- 1/4 cup sugar
- 2 teaspoons of salt

- 3 large eggs
- 5 and 1/2 cups of all-purpose flour

In a large bowl, dissolve yeast in the warm water.

Add the milk, butter, sugar, salt, eggs and 3 cups of flour.

Beat and mix until smooth.

Stir in enough of remaining flour to form a soft dough - do not knead.

Place in a greased bowl, turning once to grease the top.

Cover and let rise in warm place wait for it to rise, it will double in size this takes about an hour.

Stir the dough down.

Spoon in to a greased and floured 10-inch tube pan.

Cover and let rise until doubled, about another hour.

Bake in a 400-degree oven for 25 to 30 minutes until golden brown.

Remove from pan and place on a wire rack to cool.

Healthy 'Pudding Pops'

By SUSIE

When the warm weather arrives, ice cream will be on your children's list as well as your own as a must have for those longer evenings.

Here is an absolutely delicious and easy recipe taken from the Against All Grain blogger Danielle Walker. These taste exactly like the "pudding pops" that many of us grew up with and loved so much. These are good for you, taste amazing, and will be a hit with everyone. I promise.

Please do not substitute any other milk, because they will come out to "ice" and not creamy. ENJOY!!!

INGREDIENTS

- 2 1/4 cups full-fat coconut milk, divided (do NOT get "Lite")
- 2 1/2 teaspoons unflavored gelatin powder (I use the Vital Proteins brand which I get online from pasture raised cows)
- 1/2 cup pure maple syrup
- 1/4 cup natural cocoa powder
- 1 teaspoon vanilla extract
- Dash of sea salt



Instructions:

1. Place 1/4 cup of the coconut milk in a medium heat-proof bowl. Sprinkle the gelatin overtop and set aside to bloom for 5 minutes.

2. Heat the remaining 2 cups of coconut milk, maple syrup, cocoa powder, vanilla extract, and sea salt in a saucepan over medium-high heat for 5 minutes. Whisk the softened gelatin into the saucepan and continue whisking until all of the gelatin is dissolved.

3. Pour the liquid into popsicle molds and refrigerate to cool for 1 hour before placing into the freezer for 6 hours, or until set.

Lynch Supports CARES Act, COVID-19 Relief

Cont'd From Page 3 (Page 27)

o **Child Care and Development Block Grant:** Supports child care and early education by providing \$3.5 billion for the Child Care and Development Block Grant. Massachusetts will receive \$45.3 Million under this emergency appropriation.

o **\$1.3 Billion in Direct Payments to Community Health Centers:** \$1.3 billion will be available to pay for costs of coronavirus-related care and for lost revenue.

o **Low-Income Home Energy Assistance Program (LIHEAP):** Provides \$900 million to help low-income families pay their heating and cooling bills. Massachusetts will receive \$10,963,000 for this purpose during this public health emergency.

o **Byrne-Justice Assistance Grant Program:** Provides \$850 million for this program, giving additional support to state and local law enforcement agencies, thereby allowing them, for example, to obtain the personal protective equip-

ment and other medical items they may need during this public health emergency. Massachusetts will receive \$17,227,538 under this appropriation.

o **CDC Coronavirus State, Local and Tribal Grants Minimum Awards:** Provides about \$750 million in CDC state, local, and Tribal Grants Minimum Awards to help agencies cope with the public health emergency. The minimum award for Massachusetts is \$12,944,000. In addition, states can apply for additional funds above their minimum award, based on their needs.

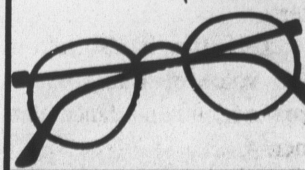
o **Election Assistance:** Provides \$400 million for Election Assistance Grants for states to help prepare for the 2020 elections. Coronavirus is already resulting in the postponement of some primaries and this funding can help states make voting safer for individuals. Funding can be used, for example, to increase the ability to vote by mail, expand early voting, and expand online registration. Massachusetts will receive \$8.3 Million for these purposes.

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On Tuesday, March 24, at approximately 11:53 a.m., Officer Goggin was dispatched to the Quincy Police Station lobby to meet with a female victim of domestic violence.

Upon arrival, the officer interviewed the victim, who stated that she is married and fearful of her husband, so much that she has been staying inside her bedroom for the past week and only comes out for food when her husband goes to work as an Uber driver. She added her husband was not keeping her in the bedroom and has not physically hurt her but has called her demeaning words and has frightened her with his anger.

She said her husband is very concerned for the well-being of his mother over the coronavirus because his mother lives so far away in California. She told the officer her husband is angry because she will not drive to California with him.

When asked about physical threats or violence, the victim said her husband has threatened to hit her by raising his hand at her and then close in but then does not make contact with her. She said she is afraid of him and related a story that happened five days ago.

She stated her husband told her, "I will beat you up and cut your tummy." She denied being pregnant. She added he also hides money from her.

Based on the victim's statements, Officers Goggin and Stanley responded to the Adams Shore address to arrest her 51-year-old husband on the charge of assault on an intimate partner. The officers then assisted the victim in obtaining an emergency restraining order

A Job Well Done

By QUINCY POLICE LT. DAN MINTON

and then served the husband in his cell. She was advised to call the police if her husband returns home or comes in contact with him.

Nice Work!

ANOTHER JOB WELL DONE

On Tuesday, March 23, at approximately 10 p.m., Officers Goldrick and Acevedo were dispatched to Faxon Commons on Southern Artery for a male with a red hat, dark clothes and a backpack trying to enter cars. Upon arrival, the officers met with the caller who led them to a black motor vehicle in a secluded rear lot.

The officers' attention was drawn to this vehicle because the dome light was on and there was a male wearing a red hat and dark clothing next to the driver's door. There was also a tote bag next to the male's feet.

The officers approached and placed the male into handcuffs. Officers Acevedo and Kaes stayed with the suspect while Officer Goldrick further investigated. Upon closer inspection, he observed that the ve-



LT. DAN MINTON

hicle's interior appeared to have been disturbed and there were additional items on the driver's seat. Based on the registration, attempts were made to contact the owner to no avail. On the top of the blue bag, in plain view, was a piece of mail addressed to the owner too.

The officer then spoke to the reporting party/witness who said he was outside utilizing the dumpster when he saw the male try to enter a parked car. Initially he didn't think anything of this until the male moved onto another car eventually trying to open 4 to 5 cars. He was unsure if he was successful at entering these vehicles. When he saw the male suspect enter one of the vehicles, he called the police.

Officers Acevedo and Kaes determined the identity of the suspect and a default warrant out of Roxbury District Court for possession of a burglarious instrument and larceny under \$1,200 for him. The suspect, a 41-year-old Taunton resident, was placed under arrest for the warrant and breaking and entering into a motor vehicle in the nighttime-felony.

During the booking process, the following items were located in the blue tote bag: 1) Two Garmin GPS units, 2) TCL cell phone, 3) Lolldeal vacuum, 4) Tekton digital meter, 5) Mi.com battery device, 6) library card/Chuck E. Cheese card/Stop & Shop card. These items were placed into evidence.

Detectives will follow up in the case to possibly bring further charges and return stolen items to their rightful owners.

Nice Work!

QUINCY POLICE CRIME AWARENESS JOURNAL

Quincy Police Statistics

March 20 - March 26

Calls: 778

Arrests: 5

Stolen Vehicles: 2

FRIDAY, MARCH 20

LARCENY, 8:54 a.m., Copeland Street. Medication. Not a larceny case number provided.

LARCENY, 4:03 p.m., BJ's, 200 Crown Colony Dr. Wallet stolen. Caller said she left her cart unattended and someone stole her wallet. Meet caller at the front desk.

SATURDAY, MARCH 21

LARCENY, 1:17 a.m., 397 Water St. Reported break. Caller states that she recently discovered that someone had broken into her residence at this address and stole an Apple Watch. States that she tracked the watch to the area of Smith Street and Arthur Street where she found three suspicious youths that ran when asked about the watch. Caller is waiting on the corner of Smith and Arthur. Caller stated she believes that one of the possible suspects left their cell phone in the unit; caller doesn't have the phone but states its still in the apartment. Two boys one in orange hat and two girls went up Smith towards Prospect Hill St. Two possible suspects located on Smith Street at Prospect Hill St. Report submitted on a larceny, no break occurred.

BREAKING AND ENTERING/PROGRES (business) 2:45 a.m., Kelly's Cellar, 1546 Hancock St. Someone smashed the windows and broke into Kelly's Cellar. Male and female both entered the building. Blonde female in all black, male party still inside. Two detained. Message left for the contact name on business; complaint for B&E nighttime. Property is now owned by City of Quincy. Will contact later this date.

VANDALISM/PROPERTY, 12:03 p.m., Billings Street, windshield. Windshield smashed no suspect info.

VANDALISM/PROPERTY, 1:04 p.m., Atlantic Street. Vehicle. Rock through window. Happened to multiple vehicles in area.

VANDALISM/PROPERTY, 3:16 p.m., Wilson Avenue. Gray Honda Civic. Windshield smashed, parked in the street. Happened this morning, March 21.

VANDALISM/PROPERTY, 7:19 p.m., West Street. Front door. Paint on the door. No cameras for possible footage. Paint was cleaned off prior to officers' arrival. Believed to have been a water-based paint splatter.

SUNDAY, MARCH 22

LARCENY/MOTOR VEHICLE, 12:18 a.m., South Street. Report person states vehicle was stolen March 10 and then got to Dudley MBTA today and it was there in the parking lot, key still in it. Signed form filed. Incident closed.

VANDALISM/PROPERTY, 11:55 p.m., Franklin Street. Smashed car window. Reporting person states female is no longer on scene. Reporting person states that a female threw a rock through the window.

MONDAY, MARCH 23

LARCENY/ATTEMPT (false check), 11:59 a.m., All-town Check Cashing, 34 School St. For \$3,000 check - customer in the lobby. Fraud to larceny/attempt.

WEDNESDAY, MARCH 25

LARCENY/MOTOR VEHICLE (possibly stolen), 11:23 p.m., Quincy Auto Auction, 196 Ricciuti Dr. Arrest made. Male took off in car up Ricciuti Drive in an unregistered car. Car is heading towards golf course. White male, jean jacket in a white pick up truck. Motor vehicle headed towards Willard Street high rate of speed. Arrest for larceny MV. Stolen vehicle turned over to auto auction security.

THURSDAY, MARCH 26

VANDALISM/PROPERTY (past), 8:40 a.m., 100 Coweway. Blood in car.

LARCENY, 3:38 p.m., Boston Textile Co., Inc., 254

Washington St. Hotel pillows. Caller states he had pillows stolen, but retrieved pillows from female. Reporting person given case number and will call back if involved parties come back to business. Reported to be three males that were involved and he had dealing with the female that was holding bag with pillows in them. All six pillows are back in the reporting person's possession.

If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617.745.5719

STOLEN MOTOR VEHICLES: STOLEN MOTOR VEHICLES: Ricciuti Drive, 55 South St.

CAR BREAKS: 10 Copeland St., Gardiner Road, 100 Quarry St., 350 Washington St., 1 Odom St., 26 Moore St., 49 Arnold St., 1055 Southern Artery

BREAKS AND ATTEMPTED BREAKS: none (many people now home due to coronavirus).

If you have information on the above crimes, drug activity or any crime, please call the Quincy Police Detective Bureau at 617-745-5764 or log onto the following website: <http://tinyurl.com/ytf6td>.

To report suspicious drug activity, call the Drug Hotline at 617-328-4527. You will not be required to identify yourself, but it could help. To make an appointment to view the Registered Sex Offenders book, call Detective James Dentremont at 617-745-5755.

To contact the Crime Prevention Officer for tips or comments, my direct line is 617-745-5719. My e-mail address is dminton@ci.quincy.ma.us -- Lt. Dan Minton

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YMCA To Provide Extra Space, Support To Most Vulnerable

During COVID-19 Crisis

South Shore YMCA, the City of Quincy and Father Bill's & MainSpring (FBMS) have partnered to create a temporary emergency shelter that will support some of the area's most vulnerable individuals during the ongoing COVID-19 crisis.

Starting on Wednesday, April 1, the South Shore YMCA Quincy Branch on Coddington Street will open up its gymnasium to approximately 50 individuals

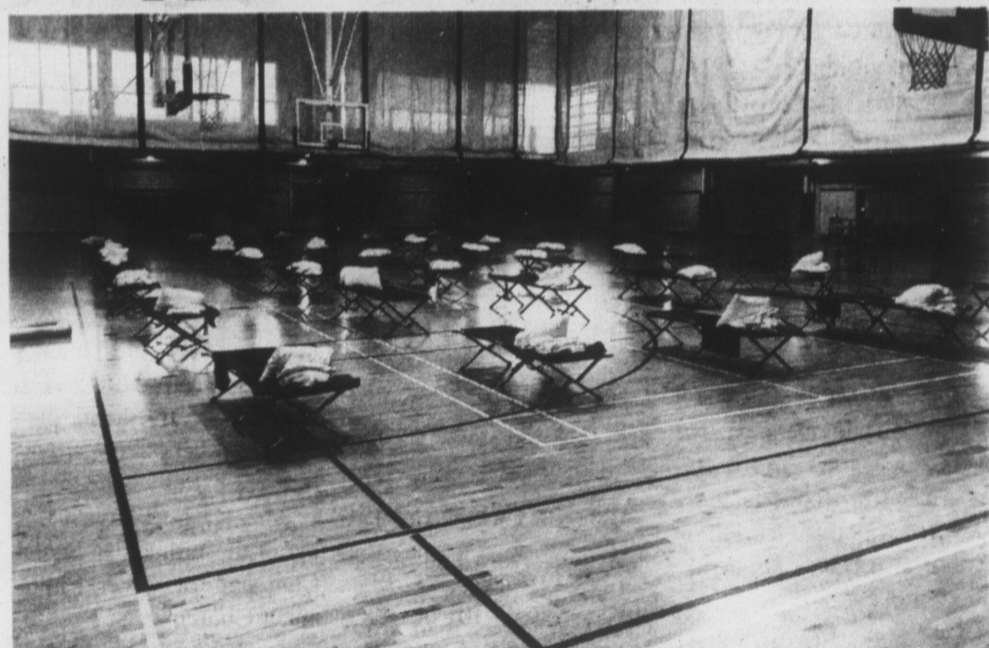
currently staying at Father Bill's Place, the emergency shelter operated by FBMS at 38 Broad Street. The temporary shelter will provide beds, meals, and supportive services to elders and individuals with underlying health conditions, who are among the most vulnerable to the coronavirus.

The City of Quincy's Office of Emergency Management, at the direction of Mayor Thomas Koch, has provided the cots and logistical support needed to operate an emergency shelter. The City, South Shore YMCA and FBMS are working together to provide support staff and to ensure site security.

By opening up a secondary shelter, guests and staff at Father Bill's Place will be able to practice the social distancing guidelines recommended by the U.S. Centers for Disease Control and Prevention. In addition, working with the Y, Father Bill's Place will have the relief necessary to create potential quarantine areas in other locations within Quincy, which would better protect guests and staff from exposure to COVID-19.

In recent weeks, Father Bill's Place has been providing shelter to more than 120 individuals per night.

"We're grateful to Paul Gorman, the team at the South Shore YMCA, Mayor Thomas Koch, and the City of Quincy for stepping up and providing the leadership and resources needed to support our neighbors in need during these unprecedented times," said FBMS President & CEO John Yazwinski. "Based on our communications with shel-



SOUTH SHORE YMCA Quincy Branch on Coddington Street opened up its gymnasium April 1 to approximately 50 individuals currently staying at Father Bill's Place, the emergency shelter operated by FBMS at 38 Broad St. The temporary shelter will provide beds, meals, and supportive services to elders and individuals with underlying health conditions, who are among the most vulnerable to the coronavirus.

Photo Courtesy South Shore YMCA

Social Security Matters

Retiring From Work; When Should I Claim Social Security?

By RUSSELL GLOOR

AMAC Certified Social Security Advisor
Association Of Mature American Citizen

Dear Rusty: I turned 63 August 12th, 2019. I will be retiring June 30th, 2020 from my current job. I will have made approximately \$35,000 by then and am receiving severance pay of \$19,000 on June 30th. Will the pay I receive through June 30th affect what I can draw from Social Security? Also, how much of a difference would it be if I wait until August 12th, 2020 to officially start drawing Social Security? Is there any other information I should be aware of before I start drawing Social Security? Signed: *Anxious to Retire*

Dear Anxious: First, let me assure you that the money you earned this year before your benefits start aren't counted as part of Social Security's "earnings test" which could affect your payment after your benefits start. When you claim, your Social Security benefit amount will depend upon two things - your "primary insurance amount" (or "PIA") which is determined from your highest earning 35 years (adjusted for inflation) over your lifetime, and the age at which you claim your SS benefit. By claiming at age 64 in August, your benefit will be cut by about 15.6% from what it would be if you wait to claim at your full retirement age (66 plus 4 months). Your earnings for 2020 won't be applied to your SS record until after you file your 2020 taxes in 2021, so won't affect your benefits (if appropriate) until after that. If your 2020 earnings are more than any of those in the 35 years used to initially compute your benefit, your benefit will increase at that time. The day of the month you were born isn't significant, only the month. So, if you apply to start benefits in August of 2020, your benefit cut will be as stated above because you're claiming exactly 2 years and 4 months early. But if you wait longer you'll gain another 5/9ths of 1% (.556%) for each additional month you delay up until your full retirement age (FRA).

Although you plan to retire from work, be aware that if you decide to return you'll be subject to Social Security's earnings limit once you are collecting benefits before your FRA, and that will be the case until you reach your full retirement age. If you go back to work after you start your SS and earn more than \$1,520 in any remaining month of 2020, you'll not be entitled to benefits for that month. Starting in 2021, you'll be subject to an annual earnings limit of at least \$18,240 (that's the 2020 limit - limits for future years aren't yet known but will be higher). Exceeding the annual limit will cause SS to withhold half of anything you earn over the limit. The limit is more, and the penalty is less in the year you reach your FRA and goes away once you have reached your full retirement age.

Finally, to be sure you're aware, you can actually defer claiming SS until age 70 if you wish. After you reach your full retirement age you'll earn delayed retirement credits (DRCs) of 8% per year of delay, which are added to your benefit when you finally claim it. That would give you a benefit which is 29% more at age 70 than it would be at your full retirement age.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

To submit a question, visit amacfoundation.org/programs/social-security-advisory or email ssadviser@amacfoundation.org.

ter providers on the West Coast, including those most impacted by the coronavirus in Washington state, we've determined that the best course of action right now is to depopulate our shelters, creating more physical space for individuals who don't have their own home. This temporary shelter in Quincy goes a long way in protecting our most vulnerable guests during this crisis."

"We made one phone call to South Shore YMCA President Paul Gorman to explore this idea, and his response was immediate: 'What do you need and when do you need it?'" said Quincy Mayor Tom Koch. "I am extraordinarily grateful for the SSYMCA's partnership on this important effort to protect some of the most vulnerable members of our community; the hard, fast work of the team at Father Bill's to make it happen; and the leadership

of Joe Finn and the Massachusetts Shelter and Housing Alliance for bringing all the parties together."

"The YMCA has been a part of the Quincy community for more than 125 years," said South Shore YMCA President & CEO Paul Gorman. "We have always had a strong relationship with the City and the Mayor's office and are happy to support the community in any way we can. We pour our hearts into our social services work, which is at the core of our mission. We are proud and honored to work alongside the City and Father Bill's Place in this time of need."

FBMS has been working with Boston Health Care for the Homeless Program, which operates a health care clinic inside Father Bill's Place, and Manet Community Health Center in order to implement health and safety measures that better protect guests and staff during

this pandemic.

Several weeks ago, FBMS began implementing precautionary measures at Father Bill's Place to better protect guests and staff, including a more thorough screening process for guests entering the shelter. The screening, conducted by staff and medical personnel, helps identify guests who are exhibiting symptoms similar to those of COVID-19. Guests displaying symptoms are directed to a health care provider for further screening.

All guests staying at the South Shore YMCA Quincy will have undergone the screening process at Father Bill's Place and displayed no COVID-19 symptoms.

In addition, FBMS purchased additional hand-washing stations and invested in cleaning services to help limit exposure to COVID-19. For more information, visit helpfbms.org/coronavirus.

Social Security Recipients Will Get Stimulus Checks

"It's the ONE question nearly all Social Security recipients are asking: Will I get a Coronavirus stimulus check? If yes, do I get one even if I haven't filed a tax return in recent years?"

The answers are YES and YES!, says Jeff Szymanski, political analyst at the Association of Mature American Citizens [AMAC].

The "Coronavirus Aid, Relief, and Economic Security Act" (CARES Act) passed by Congress provides for substantial stabilization of America's economy during the unprecedented medical crisis now sweeping the country. The Act provides critically needed funding in key areas like expanded unemployment benefits and specific aid to many business segments facing extraordinary disruption, along with financial relief payments to most Americans, subject to income guidelines below.

"Under the Act's provisions, Americans having a valid Social Security number will receive direct cash assistance, specifically including those who receive welfare and Social Security benefits. Relief payments will be \$1,200 for individuals, \$2,400 for couples, and \$500 per child, for individuals with incomes at or below \$75,000 (\$112,500 for heads of household) and couples with income at or below \$150,000. Individuals earning up to \$99,000 and couples up to \$198,000 will receive a reduced payment, prorated according to their higher income level," according to Szymanski.

The procedural details on how the approved payments will get into the hands of recipients are still being finalized, but these are the general elements:

• According to Treasury Secretary Steven Mnuchin, most payments should be in the hands of recipients within three

weeks

• Eligibility for cash payments is based on income as reported in your most recent income tax return (note: adjusted gross income is the figure used)

• If you did not file tax returns and are receiving Social Security payments, the IRS can use your Form SSA-1099 Social Security Benefit Statement or your Form RRB-1099 Social Security Equivalent Benefit Statement to send your check

• If you have received a tax refund in the last two years by direct deposit, that's where your money will be sent. If not, the IRS will mail a check to your "last known address"

• The IRS will mail a notice confirming distribution of your payment, along with IRS contact information if you haven't actually received the confirmed payment

• You do not need to do anything in advance. For many recipients, the IRS has your banking information and will likely execute direct transfers to your account

AMAC's sister organization, The AMAC Foundation, updates a site five days a week entitled The Social Security Report. For the absolute latest daily information on this vital program, visit www.socialsecurityreport.org. Many of this week's headline and latest news posts on The Social Security Report deal specifically with The CARES Act (Stimulus Bill), and those seeking more detailed information will find it a valuable resource.

But to reiterate, reports Szymanski, "Yes, Social Security recipients are eligible and need do nothing at all to receive their \$1,200 per person relief payments due them. If you are required to file a tax form, it is likely that having done so already may speed up delivery of the payment."

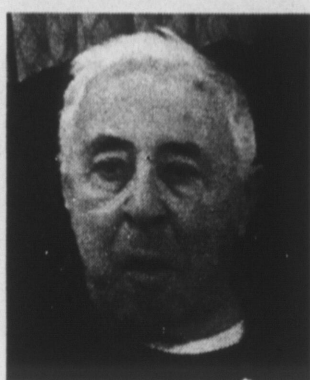
OBITUARIES

Arthur Crisafulli

Arthur Crisafulli, of Quincy, formerly of Hull, passed away peacefully on March 23.

He was the devoted husband of Rose Marie C. Crisafulli (Cerrutti) of 56 years, as well as, the devoted father of Maria Lisa Crisafulli of Quincy and Stacy Anne Gonsalves and husband Gary of Rhode Island. Devoted nonno of Gabriella. Arthur also leaves his loyal dog, Smokey.

He was the devoted brother of the late Nardina Trischitti, of California, the late Joseph, formerly of Hull, his brother Carmellino of Italy and Ferdinand of Quincy. He also leaves many nieces and nephews and dear friends.



ARTHUR CRISAFULLI

Arthur was a contractor and antique dealer. He was a kind generous man who loved going to the Casino and poking around in his garden, playing the lottery, bowling and playing cards.

Private services were held for his immediate family. In honor of Arthur please do a kind act or make a donation to a favorite charity.

Sean M. Graham, 45

Sean M. Graham, age 45, of Quincy, formerly of Dorchester, died peacefully, March 22, at Carney Hospital, in the comfort of his loving family.

Born in Dorchester, he was raised and educated in Quincy and attended Quincy High School. Sean was employed as a cook in various restaurants for many years. He also worked with his friend assisting him with the installation of water heaters.

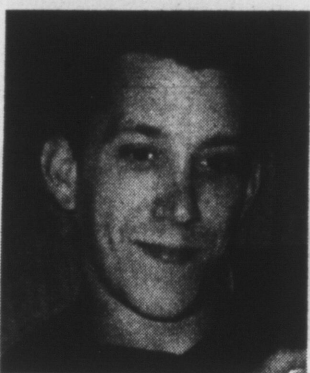
Sean enjoyed bowling and shooting pool.

Loving father of Kayla N. Graham of Quincy.

Beloved son of Robert V. Graham of Dorchester and the late Roberta E. (Dooling) Graham.

Devoted brother of Kelsey Graham of Salem, Andrew Graham of Taunton, and the late Amy E. Graham.

Dear grandson of Francis V. Graham of Dorchester.



SEAN M. GRAHAM

Nephew of Rachel Otka of Connecticut.

He was also survived by many nieces, nephews, cousins, and friends.

In light of current events, funeral services will be private. Memorial services will be held at a later date.

For those who wish, donations in Sean's memory may be made to the charity of your choice.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy

Bernadeta B. Karosas

Bernadeta B. (Mimgaudis) Karosas, of Quincy, died March 26.

Bernadeta's family and faith were the center of her heart and life. Holidays, celebrations, and family gatherings kept her close to the ones she loved. She also enjoyed shopping, gardening, and trips to Vermont.

Mrs. Karosas was a member of the Lithuanian Social Club and St. Peter Lithuanian Church in S. Boston. She will be remembered as a giving person, who had a deep faith, and exhibited unconditional love to all those she met.

Beloved wife of the late Rimvydas "Raymond" Karosas. Loving mother of Algis Karosas and his wife Alison of VT, Daina Rosa of Boston, and Ruta Beach and her husband Rick of Quincy. Sister of Irene Hannigan of DE, and pre-deceased by five siblings. Grandmother of Raymond Laverty, Alyssa Beach, Tyler Beach, Ryan Beach, Kaitlin Beach, Aleksandra Karosas, Tasija Karosas, and Maya Karo-



BERNADETA B. KAROSAS

sas. Also survived by many nieces and nephews.

Expressions of sympathy may be made in Bernadeta's memory to nonprofits helping to respond to COVID-19 or a favorite charity.

Normally, the funeral is an opportunity for the community to gather in support of one another. Although we cannot gather together with Bernadeta's family at this time, friends may still offer their support by visiting www.Keohane.com and sharing a special memory or message.

For those who cannot access the website, call 1-800-KEOHANE to have your message added.

Frederick P. Hallisey

Frederick P. Hallisey, of S. Weymouth, formerly of Quincy, died in the comfort of his home with his family by his side on March 21.

Fred was born and raised in Quincy to the late George and Margaret Hallisey. He attended Quincy High School and was a proud United States Navy veteran.

Fred worked hard to start his own contracting business; D.E.H. General Contracting Inc. and retired in 1995. He spent his remaining years working by the side of his son Fred in his business. He embraced the time with his family and also enjoyed spending time on his front stoop with neighbors, their children and grandchildren. He will be dearly missed by all who knew him.

Beloved husband of 50 years to Darlene E. Hallisey of S. Weymouth. Loving father to Lisa M. Bohmbach and Robert of E. Taunton, Anne M. Hallisey of S. Weymouth, Sharlene M. Cellini and Joseph of S. Weymouth, Frederick P. Hallisey II and Ellen of S. Weymouth



FREDERICK P. HALLISEY

and John S. Balonis. Dear brother of Anne Meade of Weymouth, Warren Hallisey of FL and the late George, Paul, Robert and David Hallisey. Devoted Grandfather to 6 grandchildren whom he adored; Scott Balonis, Joseph Cellini, Teresa Santos, Ariana Cellini, Molly Hallisey and Frederick P. Hallisey III. Soon to be great grandfather with the anticipated arrival Mia Belle Cellini. Also survived by many nieces and nephews.

Services for Fred shall be announced at a later date.

In lieu of flowers, consider a donation in memory of Fred to St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis TN 38105.

Ethel Frances Merrigan

Ethel Frances Merrigan, of Quincy, formerly of Dorchester, died peacefully at her home on Tuesday, March 24, 2020. She was 93.

Born in Boston, she was raised in Dorchester and was the daughter of the late Edward J. (1971) and Ethel M. (Lane) Merrigan (1957). Ethel attended local schools and graduated from the Jeremiah E. Burke High School with the Class of 1945. After high school, Ethel went to work for John Hancock where she retired after 40 years as an office manager.

In her spare time, Ethel enjoyed quilting and playing cards with friends. Primarily, she devoted her life, love and attention to her family; they were her universe. She especially enjoyed the annual family trips to Hyannis, Cape Cod and Lake George, New York where lifetime memories for two generations were forged. She taught her nieces, nephews, grand nieces and grand nephews the value of family. Ethel was the definition of a selfless individual. Her life lessons and example are her legacy that continues through her family.

Ethel was the loving aunt of Carol McLaughlin of Weymouth, Susan Curran and her husband James, Edward Merrigan and his wife AnneMarie, all of Quincy,



ETHEL F. MERRIGAN

Patricia Stein of Bridgewater and Karen Merrigan of Weymouth. She was the loving grand aunt of Artie of Quincy, Mark and his partner Christina of Hanover, Brian of Yarmouth, ME, Stephen of Rockland, Colleen of Weymouth, Katie, Griffin, Shae, Eddie, Joey and Rachael, all of Quincy, Danielle and her fiancé, Devin, of Halifax, and Jonathan of Attleboro. Ethel was the loving great grand aunt of Liv of Hanover. She was preceded in death by her brother Edward J. Merrigan, Jr. (1966) and Pauline O. Merrigan (1986).

In keeping with current health concerns regarding the Covid-19 coronavirus, services will be private.

Funeral arrangements were made by the Keohane Funeral Home, 785 Hancock St., Quincy.

In lieu of flowers, memorial contributions in Ethel's name may be sent to the charitable organization of one's choice.

Robert L. Patcha

Robert L. Patcha, age 81, of Quincy, formerly of Boston and Arlington, Virginia, died peacefully, Sunday, March 22, 2020, at South Shore Hospital.

Robert was born in Downey, California and raised in Long Beach. He was a graduate of California State University, Long Beach, Class of 1961.

He had lived in Quincy for the past four years, previously Boston for fifteen years, and earlier in Arlington, Virginia for twenty-five years.

Bob was proud to have served in the United States Coast Guard Reserve for over twenty years, retiring

with the rank of Commander.

In retirement, he worked as a webmaster for several Boston organizations including the Newmarket Business Association.

Bob was an accomplished and talented singer, performing at Symphony Hall as a member of a choral group which also performed in Europe.

Beloved son of the late Rudolph John and Rowena Josephine (Pence) Patcha.

Dear brother of the late Pamela Sue Weidner.

Also survived by several nieces, nephews, and his friends, Herb and Janice.

At Bob's request, funeral services were private.

Donald K. Kennedy, 68

Donald K. Kennedy of Quincy passed away unexpectedly on March 27 at age 68.

A lifelong Quincy resident, he was a Vietnam veteran, U.S. Army and worked as a carpenter in the Carpenter's Union. Don was the loving father of Shawn Kennedy and his wife Michelle of Quincy; dear grandfather of Rory; beloved brother of Diane Campbell of FL,

Debbie Shaigley of MD, Darlene Clausen of NY, Doreen Robinson of VT and David Kennedy of FL; and is also survived by many nieces and nephews.

In light of current events services will be held at a future date.

Funeral arrangements were made by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.



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OBITUARIES

Florence L. Steeves, 86

Florence L. (Martel) Steeves, 86, a longtime resident of Quincy, passed away peacefully and surrounded by family at her home on March 27.

Born in Laconia, N.H., she was a daughter of the late Irene Martel and Yvonne (Seigny). Proudly French-Canadian, Florence was raised in an entirely French-speaking household and learned English only upon entering first grade in 1939.

Florence was employed by the Stop & Shop Supermarket Co. in Quincy as a cashier for many years, a job she loved, retiring in 1997. Additionally she was a volunteer at the gift shop at Quincy Hospital, and Care-One at Weymouth.

Florence was what some might call a sports fanatic, following all of the Boston sports teams including the Boston Red Sox, the New England Patriots, the Boston Celtics and the Boston Bruins. Flo rarely missed a game on television or an opportunity to tell you what one or another of the teams was doing wrong and how it could be corrected.

One of the greatest joys of her life was the Red Sox World Series victory in 2004 when her hooting and hollering from her living room during the late night finish was later reported to have been heard from the International Space Station. At the time of her death, she remained disappointed in Tom Brady's tragic decision to leave the Patriots.

Florence was the beloved wife of the late Eugene K. Steeves, and the devoted mother of Nancy M. McDonald and her husband Tim of Quincy, the late Martin L. Steeves who died in 2013, and a dedicated caregiver and constant companion of her daughter, Carol Steeves of Weymouth.

She was the proud grandmother, known lovingly as Meme, of Eliza, Maeve, and Fiona McDonald all of Quincy and attended every



FLORENCE L. STEEVES

single one of their dance recitals and every play and musical in which they ever appeared at St. Ann School, St. Agatha School and Fontbonne Academy.

She was the sister of Grace Montplaisir of NH and Alice Parzek of FL, Robert Martel of SC, Donat Martel of NH, Helene Steniford of Wakefield, and the late Laurette Baillargeon, Rachel Pelczar, Blanche Mansour, Lucille Houde, and Lucien, Edmond, Leo, and Rolland Martel. She is also survived by more than 100 nieces and nephews.

In light of current circumstances, immediate services are private. A memorial gathering and service is planned for this summer or early fall, and will be announced on the funeral home website.

In lieu of flowers, expressions of sympathy may be made in Florence's name to Fontbonne Academy for the The Good Fountain Players C/O Fontbonne Academy, 930 Brook Rd. Milton, MA 02186.

Funeral arrangements were made by the Keohane Funeral Home, 785 Hancock St., Quincy.

Traditionally, the funeral is an opportunity for the community to gather in support of one another. Although we cannot gather together with Florence's family at this time, friends may still offer their support by visiting www.Keohane.com and sharing a special memory or message.

For those who cannot access the website, call 1-800-KEOHANE to have your message added.

Harold J. Merrill, Jr.

Harold J. "Harry" Merrill, Jr., age 94, of Braintree, formerly of Quincy, passed away, peacefully, March 29, at the John Bertram House in Salem, in the comfort of his loving family.

Beloved husband of the late Clara M. (Marcucci) Merrill.

Devoted father of Robert J. Merrill of San Diego, Calif., Lynn Raymond and her husband Reid of Norfolk, Va., and Debra M. Martin-eau and her husband Philip of Beverly.

Loving Pa of Jeff, Amy, Kimberly, Philip, Andrew, Brian, Brenda, Shawn, and Kelly.

Cherished great grandfather of eight.

One of three siblings, he was the dear brother of Mary E. Priscella of Braintree and the late Catherine E. Elliott.

Harry is also survived by many nieces, nephews, friends, and devoted neighbors who provided caring support for him over the past several years.

Born in Quincy, to the late Harold J. and Catherine L. (Roberts) Merrill, he was raised and educated in Quincy, and had lived in Braintree for the past sixty-three years.

Harry was a proud World War II veteran, having served honorably in the U.S. Army with the 355th Infantry Regiment. He participated in the Rhineland and Central Europe campaigns and received the World War II Victory Medal, Good Conduct Medal, American Service Medal, and the European African Middle Eastern Service Medal.

A founding member of the Adams Heights Men's Club of Quincy, he served as a manager there for many years.

Harry made many dear friends over his lifetime. He will be remembered for his great sense of humor. He always knew how to make people laugh. Harry had a passion for his family and of life, and sincerely appreciated all those who cared for him. He "loved all soooooo



HAROLD J. MERRILL, JR.

In light of current events, Harry's interment at the Massachusetts National Cemetery in Bourne took place privately. A celebration of Harry's life will be held at a later date.

For those who wish, donations in Harry's memory may be made to the John Bertram House, 29 Washington Square, Salem, MA 01970.

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

William E. 'Ed' Lambert, Jr., 78

William Edwin "Ed" Lambert Jr., a life-long resident of Quincy, died peacefully at his home, surrounded by his family on March 30. He was 78.

Born and raised in Quincy, he was the son of the late William E. and Mary A. (Pitts) Lambert. He was the beloved husband of Theresa A. (Chetwynd) Lambert, with whom he shared 60 years of marriage. Ed was the devoted father of Kevin M. Lambert and his wife Patricia of Vermont, Donna L. Kenney and her husband Daniel of Bridgewater, Bryan A. Lambert of Bridgewater,

Donna LaPenna (Iacovelli) passed away at her home after recent health issues March 30.

Donna was loved by so many. She loved to cook, sew, shop, take road trips, especially to Florida, watch crime shows, and be with her family, particularly her grandchildren. She always looked forward to her lunch dates with her school friends. Donna was always the one who made you laugh and always knew the right thing to say. She was the best Mother and Nonnie.

She is survived by her husband Bob, her daughters Dawn LaPenna, Carrie LaPenna-Sullivan, Lauren LaPenna, Donna Peterson and her son Michael J. Sullivan. Her grandchildren Andrew and Anthony Sullivan and her granddaughter Sophia LaPenna. Also her sister's Mary Ioannilli and Linda Grazioso her Brother Johnny Iacovelli and her many beloved nieces and nephews and cousins.

In lieu of flowers, donations in memory of Donna may be made to American



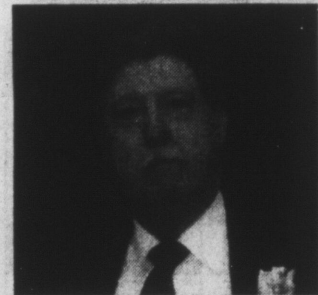
DONNA LAPENNA

Heart Association, P.O. Box 417005, Boston, MA 02241-7005.

Funeral arrangements were made by the Keohane Funeral Home, 785 Hancock St., Quincy.

Normally, the funeral is an opportunity for the community to gather in support of one another. Although we cannot gather together with Donna's family at this time, friends may still offer their support by visiting www.Keohane.com and sharing a special memory or message.

For those who cannot access the website, please call 1-800-KEOHANE to have your message added.



WILLIAM LAMBERT, JR.

ter, the late Paul A. Lambert, the late Jeannemarie Bacon and the late William E. Lambert III. He was the loving grandfather of nine and the loving great grandfather of ten.

Services will be held privately at a later date.

Arrangements were

made by the Keohane Funeral Home, 785 Hancock St., Quincy.

In lieu of flowers, memorial contributions may be sent in William's name to St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105.

Although we cannot gather together with William's family at this time, friends may still offer their support by visiting www.Keohane.com and sharing a special memory or message. For those who cannot access the website, please call 1-800-KEOHANE to have your message added.



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-Christopher P. Goulet & Michelle A. Lydon, Directors

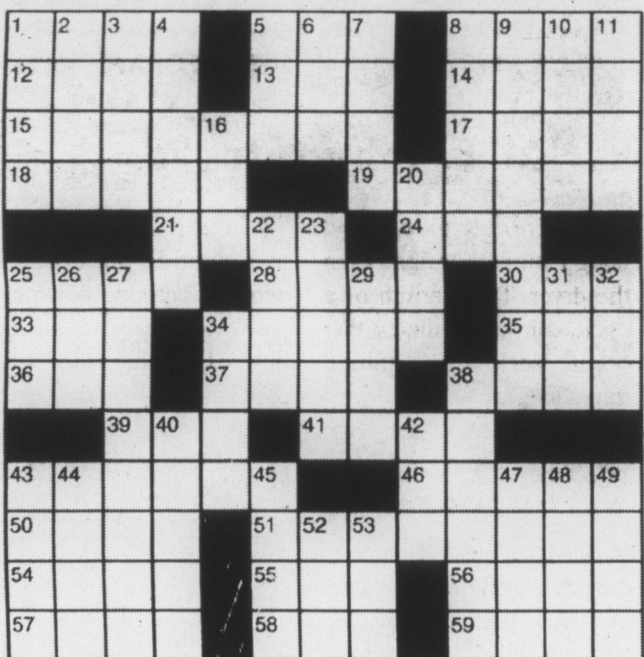
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SUN FUN PAGE

King Crossword

- ACROSS**
- Uncategorized (Abbr.)
 - Web address
 - Portent
 - Maleficence
 - Menagerie
 - Scruff
 - Reading material
 - Matures
 - World-weariness
 - Salty solutions
 - Fix, in a way
 - Raw rock
 - Knighted woman
 - Nuisance
 - Kennedy or Koppel
 - Carte lead-in
 - Newton or Stern
 - Anger
 - Gasoline stat
 - Dilbert's workplace
 - Check bar codes
 - Born
 - Fourth dimension
- DOWN**
- Viral Internet phenom
 - Terrible guy?
 - Autograph
 - Contract section
 - Submachine gun
 - Reagan or Howard
 - Leopold's co-defendant
 - Broadcasting
 - Attractive
 - Duel tool
 - Loch — Monster
 - Speed along
 - Campus mil. org.
 - Church section
 - Leavening agent
 - Water barrier
 - Jungfrau, for one
 - Mississippi bloom
 - Munro pseudonym
 - Historic period
 - Hideaway
 - Concept
 - Episodic TV show
 - Put up
 - Scratch
 - On
 - Fence opening
 - Urban pall
 - Maestro
 - Klemperer
 - Go no farther
 - Congers, e.g.
 - Whatever number
 - Jewel



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MAGIC MAZE • KEEPSAKES

S H E B Y Y W T R O L J G R E
B D Y W U H R P A E N K I I G
D B R Z X P V S U Q O M K N I
G E C A A O Y Q T W T U E E S
Q T P N C R I L O Y E C J V H
F Y N E S T F I G R K C A U Y
X V R A N U S S R L C Q P O N
M K I A D E J O A E O H F S E
C B N Z I N K C P W L A D E M
Y X G V U D E O H E T I R Q P
O M S O T O H P T J L K C I H

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally. Unlisted clue hint: OLYMPIC GOLD —

- | | | | |
|-----------|----------|-----------|----------|
| Antique | Jewelry | Photos | Souvenir |
| Autograph | Locket | Postcards | Token |
| Diary | Necklace | Relic | Trophy |
| Gifts | Pendant | Rings | |

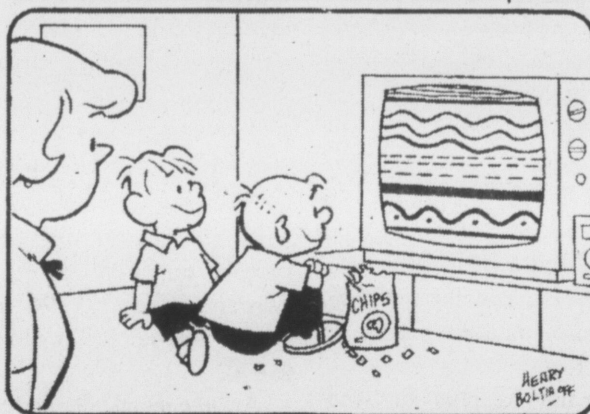
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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



1. Picture is missing. 2. Wave is added on screen. 3. Pants are different. 4. Chips on the floor. 5. Blouse is different. 6. Buttons are missing.



- 1. MOVIES:** Which 1980s hit movie was originally titled "When I Grow Up"?
- 2. BIBLE:** Which book of the Bible has the most chapters?
- 3. MYTHOLOGY:** What were the original names of our moon, according to the Romans and Greeks?
- 4. TELEVISION:** What was the name of the president in the TV drama "The West Wing"?
- 5. U.S. PRESIDENTS:** Which president and first lady hosted the first Easter egg roll on the White House lawn?
- 6. GEOLOGY:** What is the most common volcanic rock?
- 7. GEOGRAPHY:** Which range of mountains provides a boundary between the continents of Europe and Asia?

Answers

- "Big"
- Psalms, 150
- Luna to Romans, and Selene to Greeks
- Josiah Bartlet
- Rutherford and Lucy Hayes
- Basalt
- Ural Mountains
- A cygnet
- "The Great Gatsby"
- The Treaty of Versailles

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7	2	8	7	6	7	5	4	5	3	5	6	4
S	B	V	T	Y	E	A	L	W	S	O	O	I
6	8	2	5	7	4	7	5	8	7	8	4	3
U	I	I	R	P	F	C	T	S	A	I	E	E
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D	H	T	I	E	N	R	E	N	E	E	K	F
6	2	3	2	5	3	2	4	8	5	4	6	2
H	Y	M	O	Y	O	U	B	W	G	A	A	R
6	8	3	5	8	5	3	2	8	3	7	4	2
V	P	D	I	L	F	E	T	A	R	U	L	I
7	2	8	7	8	4	6	8	5	3	2	3	6
L	M	C	L	E	A	E	S	T	A	E	T	O
7	4	6	4	6	3	6	4	3	6	3	6	6
Y	N	P	C	T	I	E	O	O	N	N	S	

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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ARIES (March 21 to April 19) You might be upset about having to deal with problems that are no fault of your own. But you can turn the annoyance into an asset by showing how quickly and how well you can resolve them.

TAURUS (April 20 to May 20) The Bovine's fondness for tidiness pays off when you untangle a situation that seems hopelessly snarled. You might later be surprised to learn who will be expressing his or her gratitude.

GEMINI (May 21 to June 20) Although you can tackle your assignment the way you prefer, it might be a good idea to at least ask for suggestions. Who knows? One or two might even turn out to be helpful.

CANCER (June 21 to July 22) Make all the changes in your plans or proposals that you feel are necessary before -- repeat, before -- you submit them to your colleagues. You'll come off looking more decisive that way.

LEO (July 23 to August 22) You might feel a mite intimidated in a new environment, be it a job, a classroom or meeting the future in-laws. But enter with a big smile, and everyone will see you as a real take-charge Cat.

VIRGO (August 23 to September 22) This could be a romantic time for you if you can set aside your cynicism and let yourself believe that someone really cares. If you're already in a relationship, expect your partner to be extra-loving.

LIBRA (September 23 to October 22) It's a good time to shed any doubts about your abilities. You've proved yourself in the past, so why not accept that you'll do just as well, or better, in deal-



ing with the new challenge ahead?

SCORPIO (October 23 to November 21) Your suspicions might be on the mark, but unless you can prove what you assume, you need to exercise that Scorpion discretion and let events unfold without your assistance.

SAGITTARIUS (November 22 to December 21) Be careful not to go over the top this week. Avoid over-eating (especially of the wrong foods), or drinking too much, or working too hard. You can do it all, but in moderation.

CAPRICORN (December 22 to January 19) A family matter is given to you to resolve because you have the gift for bringing quarrelsome kinsfolk together. But while you're playing Dr. Phil, don't neglect your career obligations.

AQUARIUS (January 20 to February 18) Someone of importance shares your goals but disagrees with your plan to achieve them. Never mind. Defending your methods with logic and facts earns you admiration and respect.

PISCES (February 19 to March 20) Consider getting away, perhaps for the weekend, despite all the demands made on your time and energies. You'll return refreshed and ready to tackle it all with your usual finesse.

BORN THIS WEEK: You have a sense of honesty that makes people believe and trust in you.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: H equals R

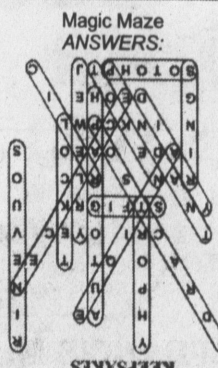
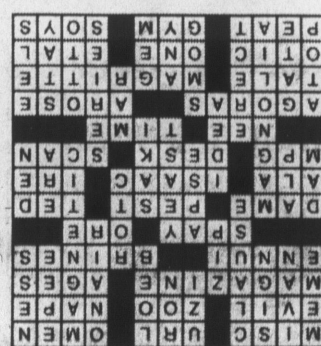
KV DSJ'HF MSBN MS ES VKTN ZTN
KTMFHQKFR Z YFQFT-VSSM EJD,
K'N YZD KM'Y Z MZBB SHNFH!

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King Crossword

Answers

Solution time: 25 mins.



CryptoQuip

answer

I'd say it's a tall order. Interview a seven-foot guy. If you're told to go find and

A
P
R

9

2
0
2
0

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD -- Super Bowl champion Tom Brady is preparing for his eventual exit from football. While many sports stars move into commentary and hosting sports shows, the six-time Super Bowl-ring holder is going Hollywood. The 42-year-old quarterback has already launched his production company, 199 Productions, to produce documentaries, feature films and television shows. The company is already developing several on-camera projects for Brady.

Romeo told Juliet, "Deny thy father and refuse his name!" Which is what Pulitzer Prize-winning author Ronan Farrow has done. Is he the son of Woody Allen and Mia Farrow, or the product of a reuniting of Mia Farrow and her former husband Frank Sinatra? That's one DNA test we'd like to see!

Ronan Farrow launched the "Me Too" onslaught that led to the conviction of Harvey Weinstein and exposed many others in the pages of The New Yorker magazine. His family exploded apart because of the alleged accusations that Allen sexually abused Ronan's sister and eventually married his mother's adopted daughter. Most recently, Ronan learned his book publishing company, Hachette, was secretly publishing Allen's memoirs despite many major publishing houses turning it down. Ronan cut ties with his publisher, and when the employees and authors of Hachette spoke up and gave ultimatums, Hachette dropped Allen's book.

The Walt Disney Company produced the most successful Peter Pan film, the animated 1953 classic that cost \$4 million and

grossed \$87 million (huge back then), are now producing "Peter Pan and Wendy," with unknowns Alexander Molony as Peter and Ever Anderson as Wendy. Anderson, 12, is the daughter of "Resident Evil" star Milla Jovovich. The 1991 "Hook," with Robin Williams as Peter, Dustin Hoffman as Captain Hook and Julia Roberts as Tinker Bell, was very successful (\$70 million cost/\$300 million gross), but the 2015 Hugh Jackman film "Pan," which cost \$150 and grossed only \$128 million, was a flop.

Have you discovered "Zoey's Extraordinary Playlist," the new NBC Sunday night show? Hit your On Demand and tune into the vivacious Jane Levy. You wouldn't think her breakout role in "The Evil Dead" (2013) would have prepared her for this show, in which computer coder Zoey Clarke magically hears people's innermost thoughts and desires through popular songs.

An impressive cast includes best supporting actress Oscar-winner Mary Steenburgen (for 1980's "Melvin & Howard"), who also appeared in "Philadelphia" (1993), "Nixon" (1995) and "Book Club" (2018), to name just a few. Also starring are "The Gilmore Girls" and "Parenthood's" Lauren Graham (who sings) and Peter Gallagher -- "The Idolmaker" (1980), "Summer Lövers" (1982) and "Sex, Lies and Videotapes" (1989) -- who spent five years on "Law & Order: SVU" and now three years of Netflix's "Grace and Frankie." Then there's the dynamic young cast that will make you try and guess who'll break into song next.

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GO FIGURE!

by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: **

* Moderate ** Difficult *** GO FIGURE!

	-		x		10
x		÷		+	
	x		+		10
-		+		÷	
	+		÷		6
5	9		4		

1 2 3 4 5 7 7 8 9

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KOVELS' Antiques & Collecting

By Terry and Kim Kovel

Blackball Box

As early as the 17th century in America, members of fraternal clubs often voted at their meetings without paper ballots. Decisions often required a simple majority, but sometimes had to be unanimous: Just one "no" vote could scuttle a project. So, they used a blackball box instead of paper ballots. Each person was given a random number of black and white marbles. To vote no, a black marble was dropped in the box. The box had a board that covered the voter's hand and marble so that no one could see the vote. Each marble made a noise when it was dropped, so only one marble could be used. When the box was opened, it was easy for everyone to see the number of black marbles and if the project, motion or request for membership had passed or failed. It was impossible to tell who had used a black marble.

The term "blackballed" is still in use, and the box was saved as part of history. The rules are still in "Robert's Rules of Order," a guide to parliamentary procedure, but there are few times when only one vote, not a majority, is needed. An old blackball box used by the Odd Fellows fraternal order was sold at a Gauth's auction recently for \$500.

Q: I have a light bulb that I have identified as an 1885 Heisler-Bernstein incandescent lamp. Does it have any value? And if so, where would I find a buyer for such a bulb?

A: Antique and vintage light bulbs are classified as "early technology," an area of collecting that includes electrical apparatus, astronomical

devices and medical instruments. Artificial lighting is significant, since its beginning in the 1880s marked the lengthening of the workday and other changes in everyday life.

Yes, there are collectors who hunt for early incandescent light bulbs, especially early carbon filament ones from the 1880s to early 1900s with intact filaments, like yours. Some early bulbs bring high prices; a few have sold for over \$5,000. Charles Heisler and Alexander Bernstein both owned businesses in the 1880s and early 1900s that developed bulbs and lamps, and their work was influential in making electric lighting practical and popular. Look for an auction house that specializes in early technology or scientific instruments. The website www.bulbcollector.com also has information.

CURRENT PRICES

Stoneware rolling pin, salt glazed, cobalt blue stenciled wildflowers, turned wood shaft & handles, 16 inches, \$60.

Hooked rug, cat resting on striped cushion, flower & leaf border, American, 1860-1930, 30 x 52 inches, \$150.

Sewing stand, walnut, oval lift top, silk pleated work compartment, removable fitted tray, England, 28 x 15 x 12 inches, \$290.

Tiffany & Co. sterling silver bowl, flared & flattened rim, openwork stylized flower & leaf handles, c. 1910, 2 5/8 x 11 inches, \$370.

TIP: If your tea caddy or knife box has a silver or brass keyhole, don't use a metal cleaner. The cleaner will damage the wood.

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STICKELERS

by Terry Stickels

Here's an alphabetic reminding us of the upcoming film awards season.

LET'S
GET
TO
+ THE
MOVIE

Let E = 2
I = 5
O = 0

There is no 9.

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Strange BUT TRUE

• A World War I homing pigeon saved 194 men by delivering a message despite losing a leg and an eye, and having been shot through the chest.

• Before settling on the Seven Dwarfs we know today, Walt Disney also considered the names Chesty, Tubby, Burpy, Deafy, Hickey, Wheezy and Awful.

• A study showed that customers in a bookstore were 3.48 times more likely to peruse romantic books if the store smelled of chocolate, and 5.93 times more likely to buy them!

• Gaius Julius Caesar arrived in the world on July 13, 100 B.C., but contrary to popular belief, it's unlikely that the future Roman emperor was born by caesarean section. Although the procedure existed at the time, it was usually fatal to the mother and therefore only performed when a pregnant woman was dead or dying, in an effort to save the child. Caesar's mother, Aurelia, lived until 54 B.C.

-- nearly half a century after her son's birth.

• While the technique of flattening fabrics with hot pieces of metal was introduced in ancient China, the first actual ironing board (then called an ironing table) was not invented until 1858, in New York.

• The Christmas song "Silver Bells" was originally called "Tinkle Bells" until co-composer Jay Livingston's wife informed him that "tinkle" had another meaning.

• Future president Herbert Hoover was Stanford's football team manager -- a decision the school might have questioned when, at the first Stanford-Cal game in 1892, he forgot to bring the ball.

• Martial arts legend Bruce Lee was a cha-cha dance champion, winning a competition in Hong Kong in 1958.

• The lifespan of a taste bud is just 10 days.

Thought for the Day: "Just living is not enough. One must have sunshine, freedom, and a little flower."

-- Hans Christian Anderson
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Now here's a tip!

by Jo Ann Derson

• If you're able to, fold and hang clothing straight from the dryer. The warmth of a cycle can set wrinkles that occur from being stuffed into a laundry basket.

• "I really abhor bar soap, but my husband prefers it. After cleaning the soap dish, I smear it with petroleum jelly. I do the underside too. There's a little lip that will keep the soap from sliding off, but the petroleum jelly keeps the inevitable sludge from sticking to the soap dish, making my cleaning routine much easier!" -- A.D. in Idaho

• For maximum effectiveness, spray, then wait, then wipe. Spray cleaners need contact time to both cut through grime and to kill germs. Give surfaces a light mist, then wait up to 10 minutes before wiping clean.

• To make an avocado rose as a garnish, place half an avocado cut side down and slice. Fan the slices out into a long line, then wrap around into a spiral shape.

• Chef's secret: If you sprinkle salt from 12-14 inches above the food you're seasoning, it's called "raining," and it helps the salt crystals to distribute evenly across the food's surface. Plus it will make you look cool.

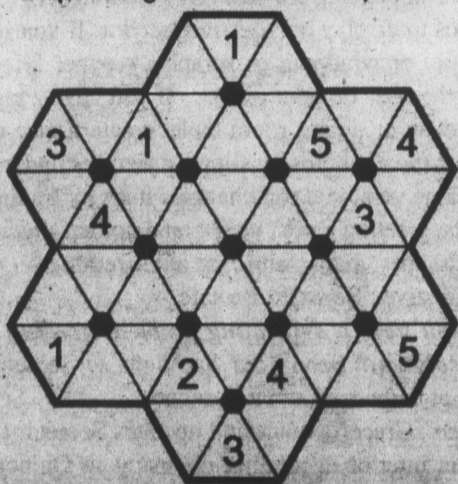
• "If your pup has an upset stomach, you can try giving him kefir. It's packed with probiotics and is especially good if Fido is on antibiotics or has a yeast problem. Not too much. Just a tablespoon as a treat once a day." -- B.T. in Texas

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.
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SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



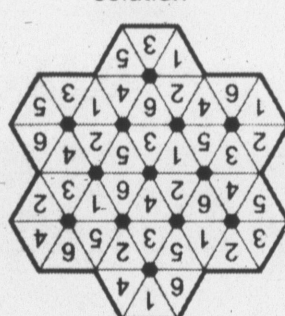
DIFFICULTY THIS WEEK

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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SNOWFLAKES

solution



Stickelers Answer

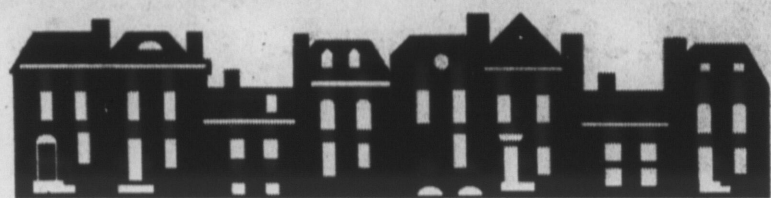
10452
+ 392
30
828
9236

Go Figure!

answers

4	6	5			
9	2	÷	8	+	4
÷		+		-	
10	3	+	7	×	1
	+		÷		×
10	5	×	7	-	9

SJOWMSUB



Real Estate

Quincy Real Estate Transactions March 23 - March 27

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER	BUYER	AMOUNT	ADDRESS
Galvcon Development LLC	Yiling & Alvin Zhou	\$734,900.00	2 Cliveden Street Unit 501E
DPC Properties LLC	Jonathan & Kristin Bohall	\$510,000.00	222-224 Newbury Avenue Unit 3
97 Atlantic LLC	Meng Xun & Jinyong Feng	\$560,000.00	97 Atlantic Street Unit 4
Maria Turchinets & Robert F. Stenberg; Dena & Stephen J. Kearney			
Glenna O'Halloran & Scott LaClair	Yong Q. Zeng & Xue-Q. Zou	\$1,080,000.00	66 Willow Street
Edward Carvalho	Alan Yu	\$421,000.00	999 Hancock Street Unit 308
Joan W. Gallagher	Aliosha & Majlinda Milc	\$280,000.00	133 Comdr. Shea Blvd. Unit 319
Oubo & Jinqing Huang	Evhen & Zina Kondratiuk	\$460,000.00	46-48 Aphrop Street
John J. & Christine M. Pasteris	Mulgrew LLC	\$906,000.00	43 Whitney Road
AP03 Management LLC/Faxon Development Nominee Trust	Gina Evans	\$699,900.00	32 Samoset Avenue
DPC Properties LLC	David Keirstead & Yiran Zhang	\$550,000.00	150 Quincy Avenue Unit 3B
Kevin J. & Breein D. O'Hara	Riza Salazar	\$515,000.00	222-224 Newbury Avenue Unit 1
Jie Cao	Manuel A. & Marysusan Tavares	\$410,000.00	328 Copeland Street Unit 1D
Geraldine A. Contrino Revocable Trust of 2010	William Mahoney & Scott M. Morrison	\$325,000.00	165 Quincy Shore Drive Unit C48
Inthearena LLC	Charleen M. Tan & Jingnan Shi	\$555,000.00	108 Franklin Avenue
Deutsche Bank National Trust Company	Joann R. Casinelli	\$463,000.00	96 Curtis Avenue Unit 96
U.S. Bank Trust N.A.	William Griffin	\$580,650.00	9 Lafayette Sreet
Marie DeLuca Realty Trust	Xia Zhong	\$370,000.00	90 Quincy Shore Drive Unit 710
Lauren Mastrocola & Jeffrey S. Mather	Joan W. Gallagher	\$385,000.00	11 Dorchester Street Unit 11-3
	Christopher C. Veale	\$440,000.00	100 Marina Drive Unit 406

Norfolk County Registry Of Deeds Building Closed To The Public

The Norfolk County Registry of Deeds Building has been closed to the public, Register of Deeds William O'Donnell announced March 20th. In a message emailed March 20, O'Donnell said:

"The various entities housed within the Registry of Deeds Building are operating with their own employees. The Registry of Deeds operations in-house continues. Documents are being recorded. We continue to strongly encourage that the electronic recording filing system available at the Norfolk Registry of Deeds be utilized by filers of real estate documents."

"Please note that documents that are going to be recorded as a 'walk-in' will be utilizing a drop off procedure. All of these procedures implemented by the Norfolk County Registry of

Deeds are a result of dealing with the impacts of COVID-19 (coronavirus). The chief concern is the health, safety and welfare of our employees, their families and all those individuals and members of the public that intersect with the Registry of Deeds operations."

"This policy will continue so as to make sure documents get recorded, thus carrying out an integral role the Registry of Deeds has in the real estate economy."

"Thank you for your understanding and patience as we all work through these extraordinary times," O'Donnell added.

Ask Barbara Graceffa Redecorating Advice To Refresh Home

I am in dire need of a decorating diversion to refresh my home during the pandemic. Other than online shopping for new items, what advice can you offer to redecorate? Phyllis

This time of social distancing brings a new meaning to cabin fever, doesn't it? Here are three no-cost tips on rearranging, repurposing, and changing photos and art around your home.

First, rearrange your existing furniture or swap items between rooms. Move items within the same room - try putting things on an angle if the room is large enough. Start with the rug and place the furniture accordingly. Remember to keep traffic patterns in mind and allow at least 24-36" wide paths for ease of movement. Or try swopping things between rooms. For example, swop rugs, curtains, lamps, art, mirrors, pillows and the other home décor you can easily move on your own or with the help of one other person. Don't be afraid to think outside the box, too. Swop your end table and nightstand for a different look. Move your dining room hutch into your kitchen or nearby living or family room or position your bed in the middle of an oversized bedroom for a different look.

Second, repurpose décor items for a second life. For example, to refresh a tired coffee table, put leftover tile or a mirror on top. Or replace it with a trunk, ottoman, or a child's wooden tea table. Cut down the legs on an old dining table or place two nesting or end tables side by side to fashion a new coffee table. Move a short bureau or hopechest from a spare bedroom to become a new media stand. A bureau, old changing table, or vanity table could also become a home bar (I'll drink to that!).

Finally, update family photographs by changing photos you have in existing frames. Or glue magnets to the back of photos to display on your refrigerator. If you have some craft paint or wrapping or scrapbook paper lying around, change the mats on your photos. If you have a glass top on your bureau or dining room table, create a nice display of family or travel photos by slipping pictures under the glass. In the same vein, you can change out art by framing theatre playbills, greeting cards, your grandmother's recipe, calendar landscapes, maps, fabric, or old love letters.

Be creative. Be well. Be safe. Do you have a decorating problem needing a professional solution? Send your questions to Secretary of the Interior at barbara@sec-interior.com.

Barbara Graceffa owns and operates Secretary of the Interior, an interior decorating company in Quincy offering creative solutions at reasonable rates. For more information on her services, view her portfolio, and read testimonials about her work, visit www.sec-interior.com. Or you can reach her at 617-921-6033.

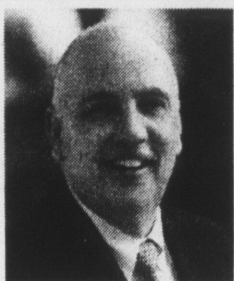
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Health Commissioner: Take Social Distancing Seriously

Cont'd From Page 1

The state notifies the city each time a resident tests positive for the disease, Jones said; negative tests are not reported to the city. The Health Department then reaches out to the individual to begin contact tracing to determine who that individual came in close contact with. Close contacts of reported cases are asked to self-quarantine for 14 days, the incubation period for COVID-19.

As of Monday, more than 110 Quincy residents had been told to self-isolate based on their contact with confirmed cases, Jones said. Nine Quincy residents have died from complications related to COVID-19 and another 54 residents have recovered, according to statistics released by the city Monday.

The Health Department notifies the Fire and Police Departments along with the Department of Public Works of new active cases so those employees can take the necessary precautions if they are called to their homes, Jones said.

With a surge in cases expected over the next two weeks, Jones advised residents to take social distancing seriously by avoiding large gatherings and close contact within six feet.

"People really need to take this seriously. I think social distancing has not been adhered to as much as it should be," she said.

"I know the weather is beautiful and people have been getting a little bit antsy in the house, but social distancing is so important. We have found it very hard to remind people to continue to do that."

The health commissioner also cautioned that the num-



"PEOPLE REALLY NEED to take this seriously. I think social distancing has not been adhered to as much as it should be," Quincy Health Commissioner told city councillors Monday night.

Quincy Sun File Photo

ber of cases in Quincy and elsewhere is likely higher than what is being reported because there are asymptomatic cases and mild ones that might go untested.

"I do probably think there are more cases out there than we know. I don't know how many," Jones said. "That's why the social distancing becomes so important."

Chris Walker, the chief of staff to Mayor Thomas Koch, said tennis courts at city parks would be closed starting this week; the city had previously closed playgrounds and basketball courts. The parks themselves remain open and Walker said residents can still exercise outdoors.

"We are encouraging people to go out and walk around if they want to get some exercise. Walking is OK. Walking past someone is OK," he said. "If people are actively congregating in a group in any public facility - whether it be the track or any park - that's when the police will take notice."

Last week, the U.S. Cen-

ters for Disease Control and Prevention recommended Americans wear "non-medical, cloth masks," in public to slow the spread of the virus; the CDC has previously recommended only those showing symptoms of the disease wear masks.

Such masks can stop infected individuals from spreading the virus to others, Jones said Monday, but might not prevent a healthy individual from becoming infected.

"The mask that you are wearing protects the other person - not you - and I want people to be aware of that so they don't get a false sense putting the mask on, walking out and thinking everything is OK," she said.

Jones said residents should continue to practice social distancing and other steps, including handwashing with soap and water for at least 20 seconds after returning home. People should also avoid touching their faces when out in public.

Symptoms of COVID-19 include fever, coughing and, in more severe cases, shortness of breath or difficulty breathing. Jones said residents who suspect they have the disease should contact their primary care provider or 9-1-1 in severe cases.

Joseph Jackson, the city's acting fire chief, said one firefighter has tested positive for COVID-19. That firefighter, who contracted the virus from his girlfriend, a health care worker, should be able to return to work later this week.

"He is feeling much better," Jackson said. "We expect him back to work in the next few days."

Three other firefighters were asked to self-quarantine following their

colleague's positive test, Jackson said. A total of ten firefighters have been tested, nine of whom were negative.

In an effort to minimize turnover at firehouses, Jackson said firefighters are now working 48-hour shifts followed by six days off. The department's hazardous materials team is also regularly sanitizing the living quarters at each of the city's eight firehouses as well as the city's fire apparatus and the St. Mary School in West Quincy, which is being used to train new recruits.

Jackson said the council and mayor's support of the department has left it in a good place.

"Considering the size of our city, we're in a really, really good place. It's in large part due to the support we've gotten from you, the council, and from Mayor Koch," he said.

Police Chief Paul Keenan said one of his officers has tested positive for COVID-19, but is expected to make a full recovery.

"He's feeling better. He's on the mend. I think he's going to be 100 percent at some point," Keenan said. "He still is not completely out of the woods yet, but I believe he will be making a full recovery and he shouldn't be too much longer."

Five other officers have been tested, Keenan said. Two were negative and the department is awaiting tests for the other three officers.

The department has made contingency plans to switch to 12-hour shifts for officers with 16 days on followed by 16 days off if necessary, Keenan said. He said the department would move to that schedule if a number of officers become ill or if

other departments around the state make a similar decision.

Keenan said the department has taken several steps to shield officers from the virus. Those include paring down the number of civilian employees at the station, closing the main lobby to the public except for emergencies, issuing summons instead of making arrests for certain non-violent crimes, and transporting those who are arrested in the department's transport van instead of cruisers. The station and vehicles are routinely sanitized as well.

The department, Keenan said, has had to "beg, borrow and steal" for equipment but is in good shape in terms of masks, gloves and gowns. The department, however, is running low on hand sanitizer and disinfectant wipes.

Councillors in March approved Koch's request to set aside \$500,000 for the city's response to the pandemic. Walker, Koch's chief of staff, on Monday said \$100,000 has gone to area food pantries; \$63,000 was used to purchase personal protective equipment that should be delivered in the next week or two; \$50,000 went towards the purchase of a tent for a drive-up testing facility at Manet Community Health Center in North Quincy; \$50,000 was given to the YMCA to allow the organization to operate a shelter to relieve crowding at Father Bill's Place; and \$32,000 will go towards a citywide mailing to provide information on COVID-19 to all residents.

The Affordable Housing Trust Fund Committee in March set aside \$1 million for rental assistance for hospitality and service indus-

try employees impacted by the pandemic. Walker said 140 people applied for assistance from the program within the first week and the first checks could be issued by the end of this week.

Several councillors who spoke during the meeting credited Jones and her department for their efforts to protect residents amid the pandemic.

"You and your entire team have been a wealth of information and support for all of us," Council President Nina Liang said to Jones. "I know that when we are fielding phone calls and emails and question that we are very lucky to have you as a resource."

"I just want to reiterate to you as we have said in the past that every single one of us here on the council are here to support you and to do whatever it is you and your team need as we move forward. We can't thank you enough for being on the frontlines of this."

Ward 3 Councillor Ian Cain thanked the administration, the Health Department and the Police and Fire Departments for their work in recent weeks.

"I just want to thank everyone. I want to thank Chris Walker, the mayor, his administration, Chiefs Keenan and Jackson, Ruth Jones," Cain said. "This has been a widely impressively managed operation for such an emergency that we are going through, so I really thank you for your effort and thanks for keeping us safe."

"I know this is such a strange time for everyone, so just to see the city's resources being utilized in such a positive way, helping all residents of the city right now, is totally impressive."

Financial Impact Of Pandemic On Next Week's Council Agenda

By SCOTT JACKSON

City officials are expected to provide an update on the impact the COVID-19 pandemic could have on Quincy's finances when the City Council convenes again next week.

Councillors on Monday unanimously approved a resolution seeking a presentation on the pandemic's fiscal impact. Chris Walker, Mayor Thomas Koch's chief of staff, said the administration would be ready to make the presentation on April 13.

The resolution seeks updates on four items in particular: The city's anticipated revenue for the current fiscal year, which ends June 30, compared to outstanding obligations in the \$330 million municipal budget as well as contingency plans to

make up any potential shortfall; the administration's thought process in putting together the municipal budget for the fiscal year that begins July 1; funding the city expects to receive from the \$2.2 trillion stimulus package approved by Congress in March; and advice from credit rating agencies on how to proceed amid the pandemic.

Ward 2 Councillor Brad Croall, who cosponsored the resolution with six of his colleagues, said it is important to have the discussion before the council begins reviewing the new fiscal year's budget next month.

"The pandemic amongst us has certainly sent a shockwave throughout the nation. I know there a lot of questions and thoughts

around how it may articulate itself to us locally in Quincy," Croall said.

"The resolution is simply asking for an interactive dialogue between the City Council as well as the administration and also the city's financial advisor...to get more of a thought process sort of - where we are at, where we are heading - and set the tone for the budget season."

Councillor Noel DiBona, who likewise cosponsored the resolution, said the pandemic would affect state and local taxes, including the meals tax, hotel tax and sales tax.

"We depend on a lot of state funding - Chapter 70, Chapter 90. This also affects our meals tax, our hotel/motel tax, the sales tax through-

out the state," he said.

"It's good to get the dialogue out there up front. I know we are in early April, but we don't know how long this is going really to go on for...we need to look at and forecast now and see how it

goes."

Ward 4 Councillor Brian Palmucci, who also cosponsored the resolution, asked the administration to forecast the best- and worst-case scenarios.

"If you could put it to-

gether so that we can see a best-case/worst-case so we have the full spectrum of what potentially lies ahead of us in the next budget season, I would appreciate that," he said.

\$680,000 Sought For Tide Gate, Drainage Improvements

By SCOTT JACKSON

Mayor Thomas Koch is seeking to appropriate \$680,000 for a new tide gate and related drainage improvements in the vicinity of the Beechwood Knoll School.

Koch is seeking to spend the money to fund the hydraulic modeling, layout and construction repairs/upgrades to the tide gate on

Langley Circle and the associated drainage collection system adjacent to Beechwood Knoll School, Fenno Street, and Sims Road area.

The appropriation was introduced at Monday's City Council meeting and referred to the finance committee for consideration at a later date. Ward 5 Councillor Charles Phelan Jr., whose district includes Beechwood

Knoll, said he hopes the appropriation is approved in time for work on the project to commence this summer.

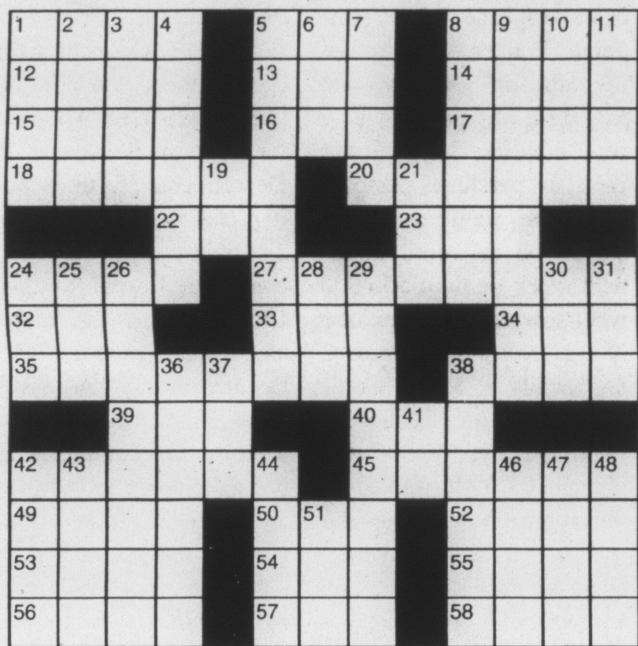
"This is a project that has been waiting for a long time," he said.

The money for the appropriation would come from the sewer and drain rehabilitation fund, which if funded by fees charged to developers.

SUN FUN PAGE

King Crossword

- ACROSS**
- Radius neighbor
 - Letterman's network
 - Atlantic food fish
 - Public disturbance
 - Have a bug
 - Dumbo's "wings"
 - Pace
 - Also
 - Greek vowels
 - Proofreader's finds
 - Lava rock
 - Army rank (Abbr.)
 - Cul-de-
 - Make fun of
 - Small caterpillar
 - Literary collection
 - Actress
 - Vardalos
 - Cattle call
- DOWN**
- Incite
 - Taleteller
 - Bleak, in Hollywood
 - Assault
 - California island
 - Resume
 - Unkempt one
 - Playground
 - Braised beef
 - Help in crime
 - Swiss river
 - Spring mo.
 - Walk quietly
 - Lengthy list
 - Defeat decisively
 - Bashful
 - Pelvic bones
 - "— do for now"
 - Not neg.
 - Punch
 - Partner
 - Nevertheless
 - Golf gadgets
 - Subterranean passage
 - Caspian feeder
 - "Hey, you!"
 - Gift-tag word
 - Baseball bat wood
 - Treasure hunter's aid
 - Yoko of music
 - Grenade hurler
 - Serbian city
 - Stimulus of a kind
 - Fish eggs
 - Witticism
 - Baby's toy
 - Acapulco gold
 - Sculptor, e.g. "Life of —" (2012 movie)
 - Decorate
 - Tittle
 - Catch sight of
 - Lotion additive
 - Pleasing
 - Tibetan herd
 - Weeding tool



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MAGIC MAZE • FOUND IN A BAKERY

T I E B Y V R O L I F C Z W T
Q N K I F C S (M U F F I N S) Z
W U R P M J H T E C Z X U T S
S Q N L J G T E U C Z X V N Y
T R P N L D S S J N H E C A A
A Y W S U G A R E V H T R S L
P N L K G I E E G I E G E S P
C B Z E X W Y X R U K V U I S
S R R U O L F I P B A O E O I
O M L J K L I M I O G S O R D
E D B A Y X W O L S E K A C U

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally. Unlisted clue hint: GROUND AND SIFTED WHEAT

Bread	Displays	Milk	Pies
Cakes	Doughnuts	Mixers	Sugar
Cookies	Eggs	Muffins	Yeast
Croissants	Loaves	Oil	

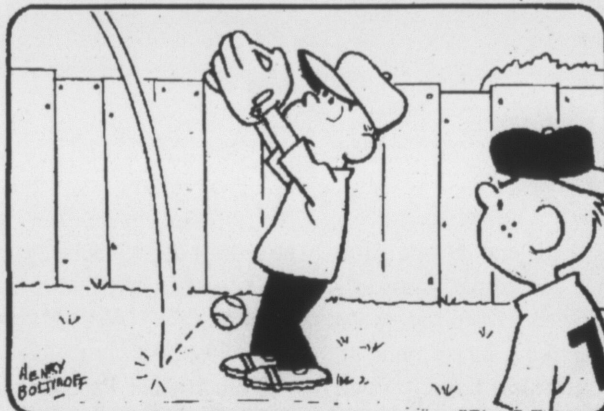
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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Fence is mended. 2. Ball is gone. 3. Hat is different. 4. Shoes are different. 5. Tree is higher. 6. Seven is black.



- U.S. PRESIDENTS:** Which president had an estate called The Hermitage?
- ADVERTISING:** Which soft drink used the ad slogan, "Just What the Doctor Ordered"?
- MOVIES:** Which James Bond movie introduced the villainous character Oddjob?
- GENERAL KNOWLEDGE:** How long was the wall that separated East and West Berlin for 30 years?
- U.S. STATES:** Which state was the 49th added to the United States of America?
- HISTORY:** Which ancient empire had a capital called Tenochtitlan?
- ASTRONOMY:** Which planet in our solar system has the most gravity?

planet in our solar system has the most gravity?

8. MYTHOLOGY: What was Cassandra's unique power, which was given to her as a gift?

9. FAMOUS QUOTATIONS: Which 20th-century poet once said, "You can cut all the flowers, but you cannot keep spring from coming"?

10. LITERATURE: Which novel introduced the character of Holden Caulfield?

Answers

- Andrew Jackson
- Dr Pepper
- "Goldfinger" (1964)
- 27 miles
- Alaska
- Aztec
- Jupiter
- Prophecy
- Pablo Neruda
- "The Catcher in the Rye"

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Wishing Well®

3	4	3	6	4	3	7	4	2	6	3	4	6
T	D	E	E	O	A	V	U	M	V	C	B	E
7	6	5	6	2	6	8	4	6	8	7	8	7
I	N	L	T	A	F	A	T	U	S	S	S	I
6	7	6	4	2	4	2	5	4	3	6	4	2
L	T	W	V	I	A	N	E	N	H	E	I	T
7	4	8	2	4	2	6	5	6	7	8	2	4
O	S	E	A	H	I	E	A	K	R	T	N	E
2	5	8	7	2	7	4	8	5	7	8	5	7
B	P	S	A	A	R	S	I	F	R	N	O	I
3	2	7	8	2	7	3	2	3	2	8	5	2
S	L	V	C	A	E	U	N	C	C	R	R	E
8	3	5	7	8	5	8	5	3	5	3	8	3
E	C	W	S	A	A	S	R	E	D	S	E	S

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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ARIES (March 21 to April 19) An unexpected problem should be handled as quickly as possible so that it doesn't cause too much of a delay. Someone who knows what you're facing could provide needed advice.

TAURUS (April 20 to May 20) An unsettling situation seems to be taking forever to be resolved. Fortunately, your Bovine aptitude for patience is strong this week, so you'll be more than able to wait it out.

GEMINI (May 21 to June 20) Taking a stand against an uncalled-for situation involving a friend or co-worker isn't easy, but somehow you'll rise to the challenge and do it. Rely on advice from someone you trust.

CANCER (June 21 to July 22) There are still some questions on all sides that need to be dealt with in order to allow hurt feelings to heal. Get your workplace tasks done early so that you can devote more time to loved ones.

LEO (July 23 to August 22) Consider a new spring makeover that will show all you Leos and Leonas in your best light. A new hairdo and some fashionable new clothes can help put a fresh glow on your image.

VIRGO (August 23 to September 22) Some stormy, emotional weather can blow up in the workplace when an irate co-worker has strong words for you. But if you believe right is on your side, you'll be able to ride it out.

LIBRA (September 23 to October 22) Creating more balance in your life is especially important now so that you're not distracted when you get into projects that will make demands on both your physical and mental ener-



SCORPIO (October 23 to November 21) As much as you enjoy being right when others are not, show your generous side by offering to use what you know to everyone's benefit. This way, you gain admirers and avoid resentment.

SAGITTARIUS (November 22 to December 21) This is a good week for the Archer to aim at healing relationships. Whether it's at home, at work or among your friends, get everyone to set things straight and make a fresh start.

CAPRICORN (December 22 to January 19) Although you like things done your way, this is a good time to listen to ideas from others. You might even find yourself agreeing with one or more of their suggestions.

AQUARIUS (January 20 to February 18) Aspects favor positive action to reclaim your ideas from someone who might want the glory without doing any of the work. Expect to find many people rallying to support you.

PISCES (February 19 to March 20) You might feel uneasy about taking that step forward at work or in your private life. But who knows better than you that while treading water keeps you afloat, it doesn't get you anywhere.

BORN THIS WEEK: You have a way of creating positive attitudes and making people feel good about themselves.

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CryptoQuote

AXYDLBAAXR
is LONGFELLOW

One letter stands for another. In this sample, A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each week the code letters are different.

ORL AN SEDL R GDCWCN BALCW

AWCRFANB, HED PC AN SEDL

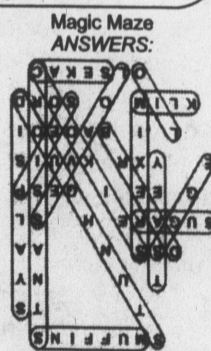
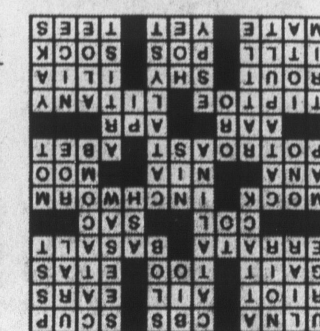
BE RTB.

— EFAZCD JCLWCFF PEOCN

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King Crossword — Answers

Solution time: 25 mins.



CryptoQuip
answer

If someone is in favor of red root vegetables, I reckon he might get called a beetnik.

A
P
R

9

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OBITUARIES

Michael J. Mezzetti, 38

Michael J. Mezzetti, age 38, of Weymouth, formerly of Boston, died unexpectedly March 26.

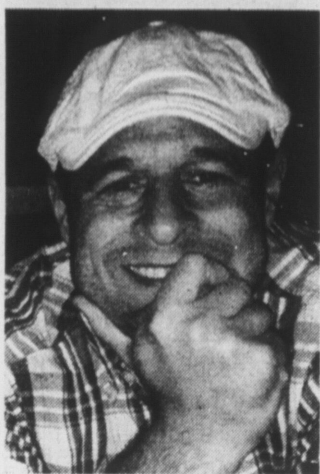
Born in Stoneham, he was raised and educated in Quincy and Weymouth. Michael graduated from Weymouth High School, Class of 1999. He attended the University of Connecticut and graduated from the University of Massachusetts Amherst in 2004, with a Finance degree from the Isenberg School of Management. He lived in Weymouth for the past few years, previously living in Boston's North End and on his boat in the Charlestown Navy Yard.

Michael worked for Ameriprise Financial as a Manager of Interactive Marketing for many years.

Many close to Michael will recall his many joys in life such as baseball, candlepin bowling, corn hole and Golden Tee Golf – shared memories that will live on, just like his bright smile. Michael was an incredible athlete who loved playing baseball in his hometown of Weymouth. In 1999, Michael won the coveted Buzz Herald award, named after a baseball league manager who instilled in his players leadership, good sportsmanship, and hard work. Quick-witted with the selfless willingness to always lend a hand or a laugh, Michael found his way into many hearts.

Beloved son of Cheryl M. (Eaton) Mezzetti of Marshfield, the late Stephen P. Mezzetti and the late Michael A. Ferreira.

Devoted brother of Anthony P. Mezzetti of Malden, Jon M. Mezzetti of Weymouth, Samuele N.



MICHAEL J. MEZZETTI

Mezzetti of Framingham, and Nicholas Ferreira of Methuen.

Loving uncle of twins, Braeden and Brody Loomis, and their sister, Ellie Loomis.

Dear grandson of Jean L. Ferreira of Haverhill, the late Ruth Mezzetti, and the late Carolyn Eaton.

Longtime best friend and beloved boyfriend of Brooke Kintner.

Michael was also survived by many aunts, uncles, cousins, and friends.

In light of current events, funeral services were private. A celebration of Michael's life will be held at a later date.

For those who wish, donations in Michael's memory may be made to the Michael J. Mezzetti Memorial Fund, Coastal Heritage Bank, c/o Gail Perry, 744 Broad St., Weymouth, MA 02189. All donations will be used for the purpose of helping children in his hometown of Weymouth share the love of baseball that brought him lifelong values and pure happiness.

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

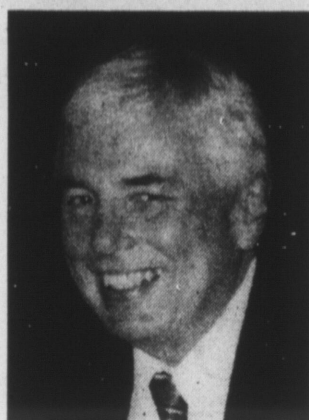
Patrick J. Kenny

Patrick Joseph Kenny died peacefully March 30th at Beth Israel Deaconess Hospital in Boston surrounded by the family he loved.

Patrick was born on Jan. 20, 1945 and grew up in Quincy. He was the beloved son of the late Bridget (McLaughlin) and Patrick Kenny. He was the devoted and beloved husband of Nancy (O'Neill) Kenny, the devoted and beloved father of Lauren and Julie Kenny, all of Quincy.

He was a graduate of Boston College High School, Boston College and Harvard Law School and had along career as an attorney before retiring.

Patrick was a good man with a gentle and kind spirit. He loved life and took pleasure in being with his family, reading a good book, watching a sporting event (preferably the Patriots) and cooking a tasty meal



PATRICK J. KENNY

for himself and his wife. He will be sorely missed.

Funeral arrangements were made by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

A graveside prayer service was held at Mount Wollaston Cemetery.

A Memorial Mass in honor of Patrick will be held at a later date.

Memorial donations may be made to Shriners Hospitals for Children, Processing Center, PO Box 1510, Ran- son, WV 25438-9902.

Rose Marie Ferris

Rose Marie (Patros) Ferris of Quincy passed away with her family at her side on March 30.

Born in Willimantic, CT where she was raised and educated, she lived in Quincy for 65 years.

The beloved wife of the late James W. Ferris, Rose was the devoted mother of James M. Ferris of To- land, CT, John W. Ferris of Hingham and Pamela J. Ferris Sassini of Quincy; dear grandmother of James T. Ferris, David M. Ferris, Luke J. Ferris and Jacqueline E. Ferris; and is also survived by many nieces



ROSE MARIE FERRIS

and nephews.

In light of current events, services were private.

Funeral arrangements were made by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Melissa Johnson, 45

Melissa Johnson lost her lifelong battle to addiction March 12. She was 45.

She was born Aug. 25, 1974.

She is survived by her mother Virginia Johnson of Quincy, formerly of Hull; her father Ronald Johnson, Sr. of Norwell; her 3 children Briana, Emily and Robert and her brother Ronald of Weymouth.



MELISSA JOHNSON

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www.TheQuincySun.com



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John Thomas Ricciuti, 90

John Thomas Ricciuti of Quincy passed away April 3, 2020.

John was born September 24, 1929 in Quincy, Massachusetts where he attended Quincy High School and played football. He played football at Northeastern University before joining the Army during the Korean War. Following the service, he completed his degree in business at Boston University, where he again played football. After graduation, John began working for the family business, the Hancock Monument Company, where he worked in Quincy and New Bedford offices for over 60 years with his brother and partner, Philip Ricciuti. John was a leader in the Massachusetts granite industry, taught business administration at Fisher College for a decade, was an active member of the American Legion (Morrisette Post 294 in Quincy), and was a strident supporter of public education for special needs children.

In 1959, John married Anita Fabrizio, the love of his life, and together they raised four children. He is survived by Anita; his son John D. of Boston and his children Joseph, Peter and Jack; his son Michael D. of Milton, his wife Maureen, and their children Christopher, Michael and Kathryn; his daughter Natalie R. Ducharme of Quincy, her fiancé Michael Wohl, and her children Jonathan and Elizabeth; and his son Christopher P. of Summit, New Jersey, his wife Annette, and their children Sloane and Delaney. John was the youngest son of John and Anna (Gaudiano) Ricciuti. Survived by his sister Marie D'Olimpio and brother to the late James "Pete" Ricciuti, Genevieve Palumbo, Philip Ricciuti, and Gloria Peleriti. Brother-in-law to Joan and Daniel Fabrizio.

James F. Hogan, 39

James F. Hogan, age 39, of Quincy, died peacefully, April 3.

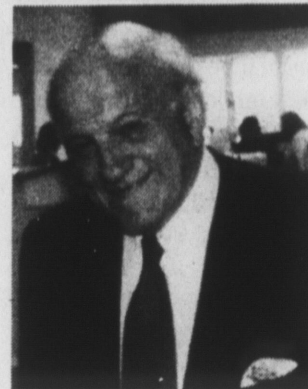
Beloved son of Patricia A. (Fichtner) Hogan of Quincy and the late James F. Hogan, Jr.

Devoted brother of Corrinne C. Kimmell and her husband Todd, Heather A. Failla and her husband Joseph, all of Quincy.

Loving uncle of Katherine, Kevin, Krysta, Keith, Emma, and Austin. Loving great-uncle of seven great-nieces and great-nephews.

He was also survived by many aunts, uncles, cousins, and friends.

In light of current events, funeral services were private. A memorial Mass and celebration of James' life



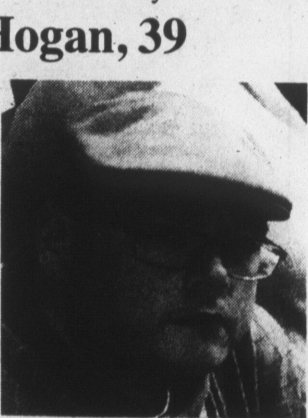
JOHN THOMAS RICCIUTI

He also had several nieces and nephews.

A fiercely loyal man, John's first priority was the well being of others – his community, his friends, his family, and especially his wife, Anita, to whom he was joyously married for over 60 years. A decade ago, Anita developed the first signs of dementia. Through the throes of that frightening, debilitating disease, John remained Anita's rock – even when she did not know him and mistook her loving husband for a threatening stranger. For the last two years, Anita has been in a nursing facility. John spent every day, all day, with her except when he was hospitalized himself, during which his sole concern was returning to her bedside. After his most recent hospitalization in March, John also needed institutional care and chose to join Anita in her nursing home room. In his last days, hospitalization would have made him more comfortable, but John declined to leave Anita's side, knowing that if he left her, he might never see her again. He thus died as he lived, as an example of limitless love and loyalty. Those who knew him were privileged to have had him in their lives.

Funeral proceedings will be in Quincy at date to be determined once the pandemic has passed. Visit www.dolanfuneral.com to share a condolence with the Ricciuti family.

Funeral proceedings will be in Quincy at date to be determined once the pandemic has passed. Visit www.dolanfuneral.com to share a condolence with the Ricciuti family.



JAMES F. HOGAN

will be held at a later date.

For those who wish, donations in James' memory may be made to the Saint John the Baptist Food Pantry, c/o 556 Washington Street, Quincy, MA 02169.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.



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THE DOLAN FAMILY
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Paul F.
Frederick J.
Courtney

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DORCHESTER, MA 02124
(617) 298-8011

460 GRANITE AVENUE
MILTON, MA 02186
(617) 698-6264

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Elena R. Mackenzie, 59

Elena R. Mackenzie, 59, of Quincy, passed away on Monday, March 30th, 2020.

Elena was born in Sverdlovsk Oblast, Russia to the late Robert and Tamara Shahnazarova. She was employed as a school teacher and librarian before building a career in the travel industry. After emigrating to the United States, Elena became a longtime resident of Quincy.

Family and faith were central to Elena's life. Elena loved decorating for seasons and holidays, cross-stitch and other crafts, and her cat Smokey. She valued being together as a family above everything. Elena is the loving mother of Andrei Mackenzie, of Cambridge. She will be remembered for her devotion and remarkable kindness and will be deeply missed.

A celebration of Elena's life will be held at a later date.



ELENA R. MacKENZIE

date.

Arrangements are handled by Casper Funeral & Cremation Services.

In lieu of flowers, please consider donating to Medical Oncology at Boston Medical Center, in memory of Elena. Contributions can be made at www.bmc.org/giving. You can also mail donations to Boston Medical Center - Office of Development, 801 Massachusetts Avenue, 1st Floor Boston, MA 02118. For checks, please include Elena's name in the memo line.

William J. Ryan

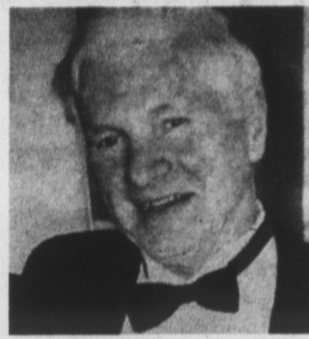
William J. Ryan, of Quincy, died March 29, 2020.

Bill was born in Boston, the beloved son of Cornelius and Catherine Mary Ryan. He was a graduate of English High School and Mass. Bay Community College.

He served in the U.S. Navy during World War II Sept. 1942 to Dec. 1945. He was in the Battle of Peleliu and Guadalcanal. He received the Presidential Unit Citation, the Navy Unit Citation, and the Asiatic-Pacific Medal.

Bill was the member of the Boston Police Department for 32 years, the last 20 as a Detective in Charlestown. He was president of Communications for Rights and Protection of Police Officers and also a member of the campus police at M.I.T.

Bill was a Eucharistic Minister at St. Ann's Church in Quincy as well as Our Lady of the Snow in Wood-



WILLIAM J. RYAN
stock, VT. He held membership in the American

Legion of the BPD #251, a life member of the North Quincy Knights of Columbus, and the Quincy Historical Society. He also loved traveling.

He leaves his wife Eleanor (McGuire) Ryan and three daughters, Penney (husband Peter), Janis (husband Jim), Marcia and 7 grandchildren Sam, Ben, Lily, Jake, Will, Jack, and Ellie. Also survived by his sister Theresa Hinckley and

predeceased by sisters Mary Larson and Kathleen Rynne.

In keeping with current health concerns regarding the Covid-19 coronavirus, services will be private.

Funeral arrangements were made by the Keohane Funeral Home, 785 Hancock St., Quincy.

In lieu of flowers, donations in memory of Bill may be made to the charity of your choice.



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John L. McDonough

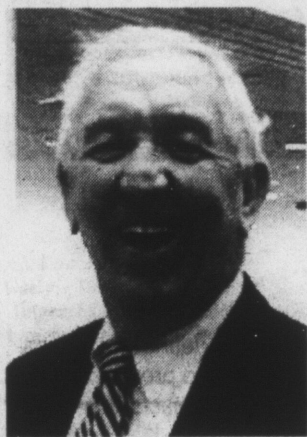
John L. McDonough, of Quincy, died suddenly Saturday, March 28, 2020.

Beloved husband of Mary F. (McCarthy) McDonough. Cherished father of Patrick E. McDonough and his wife Kristin of Marshfield and the late Matthew J. McDonough. Adored Pa of Matthew Joseph, Joseph John and Seamus Patrick. Brother of Elizabeth DiGirolamo of Canton, Thomas McDonough of Scituate and the late Edward "Buddy" McDonough and Helen Twohig. John is also sur-

vived by many nieces, nephews and friends.

John was retired from the MBTA and member of Machinists Local 264 and currently worked as a bartender at Darcy's Pub in Quincy.

The funeral service and interment at Pine Hill Cem-



JOHN L. McDONOUGH

etery, Quincy will be private. Public services will be held at a later date.

Donations in John's memory may be made to the Matthew J. McDonough Scholarship Fund, c/o Stonehill College, 320 Washington Street, North Easton, MA 02357.

Visit www.dolanfuneral.com to share a condolence with John's family.

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE
Docket No. NO20P0587EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:

Cynthia Li Lok

Date of Death:

December 6, 2019

To all persons interested in the above captioned estate, by Petition of:

Petitioner Gary W. Lok of Quincy, MA.

Gary W. Lok of Quincy, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

4/9/20

Man's Best Friend Comes To The Rescue

A Maryland winery has found a unique way of adhering to social distancing protocols during the coronavirus outbreak, reports the Association of Mature American Citizens [AMAC].

The Stone House Urban Winery, located in Hagerstown, MD, is providing curbside delivery of wine using a delivery dog. It allows patrons and Stone House employees to avoid getting dangerously close. The boxer's name is Soda Pup and the canine not only helps ensure safety, he's attracting new customers, as well.

Lori Yata, co-owner of the winery, told WJLA-TV: "We've had people call in just specifically to have Soda Pup bring wine out to them - people who have never even been here before." And, in case you worry that Soda Pup is being exposed to infection, fear not-- the American Kennel Association says that "COVID-19, is believed to not be a health threat to dogs."



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"We are a family owned and operated business, and we take seriously the health and safety of your family and ours. We are deeply saddened by the devastating impact of COVID-19 globally and in our communities. During these challenging and ever-changing times, you can rest assured that we at Hamel-Lydon Chapel will recommend only safe and healthy options to remember and memorialize those whose families place their trust and confidence in our capable hands. As always, we will be here when you need us. Wherever and whenever that may be."

-Christopher P. Goulet & Michelle A. Lydon, Directors

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650 Hancock Street, Quincy, MA 02170 • HamelLydon.com

INVITATION TO BID

INVITATION TO BID

INVITATION TO BID

CITY OF QUINCY, MASSACHUSETTS
PURCHASING DEPARTMENT
1305 HANCOCK ST., QUINCY, MA 02169

The City of Quincy invites sealed bids/proposals for:

TPAL "ADAMS/NEWPORT AVE TRAFFIC SIGNAL IMPROVEMENT" APRIL 30, 2020 @ 12:00 P.M

The City of Quincy, Purchasing Department, will accept sealed bids for improvements to the intersection of Adams Street and Newport Ave including all incidental labor, material and equipment necessary to improve vehicle and pedestrian facilities.

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and also available at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM

All questions regarding this bid should be directed to Kathryn R. Hobin, Purchasing Agent through email to: purchasing@quincyma.gov Questions will be accepted until April 24, 2020 @ 4:00 pm

Bids/Proposals must be in a sealed envelope. The outside of the sealed envelope is to be clearly marked "BID ENCLOSED" with time/date of bid call. All bids must be received no later than APRIL 30, 2020 @ 12:00 P.M. Any bids delivered past opening time shall be deemed late and non-responsive and will not be accepted. Please provide: One (1) original and one (1) thumb drive of the bid documents including all bonds and paperwork.

The successful bidder will be required to conform to the payment of Prevailing Wage Rates, as determined by the Commissioner of Labor & Industries under the provision of M.G.L. Chapter 149, Section 26 to 27D as amended. All bids must be accompanied by a returnable bid deposit in an amount that is five percent (5%) of the value of the bid.

Bids/Proposals will be received at the office of the Purchasing Agent until the time and date stated above, at which time and date they will be publicly opened and read. Late Bids/Proposals, delivered by mail or in person, will be rejected.

The right is reserved to reject any or all bids or to accept any part of a bid or the one deemed best for the City and waive any informality in the bidding if it is in the best interest of the City to do so.

Thomas P. Koch, MAYOR
Kathryn R. Logan, PURCHASING AGENT

4/9/20

INVITATION TO BID

INVITATION TO BID

CITY OF QUINCY, MASSACHUSETTS
Department of Public Works

Thomas P. Koch
Mayor

Alfred J. Grazioso
Commissioner

INVITATION TO BID

The Department of Public Works for the City of Quincy, Massachusetts is seeking sealed bids for **ROAD IMPROVEMENTS-CONTRACT #2** until 11:30 a.m., local time **Thursday, APRIL 30, 2020** in the offices of the Purchasing Agent, 1305 Hancock St., Quincy, Massachusetts 02169, at which time and place all bids will be publicly opened and read aloud.

The work under this contract consists of: Full depth reclamation, installation of new base and top courses; installation of new bituminous sidewalks, installation of new cement concrete sidewalks, resetting of existing granite curbing and installation of new granite curbing. Installation of loam and seed is required and all related work to complete the project. Full depth reclamation, installation of new base and top courses; installation of new bituminous sidewalks, installation of new cement concrete sidewalks, resetting of existing granite curbing.

The Bidder **must** be pre-qualified by the Massachusetts Department of Transportation for Highway Construction. All work under this contract shall be substantially complete by November 1, 2020 and All work shall be ready for final pavement by November 15, 2020.

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and also available at the Office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM. Specifications will be available March 18, 2020.

Each bid shall be accompanied by a bid security in the amount of five percent (5%) of the total value of the bid in the form of a bid bond or certified/treasurer's check.

The bidding and award of this contract shall be in full compliance with Massachusetts General Laws, Chapter 30, Section 39M, as last revised. All applicable Federal, State and City of Quincy regulations in relation to and subject to the minimum wage rates set under the Massachusetts Prevailing Wage Law Chapter 149, §26 to 27H and/or any applicable federal rates. The City reserves the right to waive any informality in or to reject any or all bids when such an action is deemed in the best interests of the City.

Non-responsive and/or unbalanced bids may be rejected.

Thomas P. Koch
Mayor

Kathryn R. Logan
Purchasing Agent

4/9/20

REQUEST FOR SERVICES

REQUEST FOR SERVICES

Request for Services (RFS)
Owner's Project Manager (OPM) for City of Quincy
Public Safety Complex Building
Quincy, Massachusetts

Notice

2020

The **City of Quincy**, ("Owner") is seeking the services of a qualified "Owner's Project Manager" as defined in Massachusetts General Laws Chapter 149, Section 44A½ and as further defined by the provisions of this RFS, to provide Project Management Services for the land acquisition, state agency coordination, design, construction and commissioning of the Public Safety Complex building to be located at 1-55 Sea Street, Quincy, MA 02169.

The Owner is requesting the services of an Owner's Project Manager to represent the Owner during the following phases of the project: land acquisition, tenant relocation, select demolition, design development, construction documents, procurement, construction, commissioning and final closeout of the potential Project. The estimated total cost of the Project is now anticipated to be \$70 million.

Proposals will be received at the office of the Purchasing Department; City Hall; 1305 Hancock Street; Quincy, MA 02169, until **April 23, 2020 @ 12:00 p.m.**

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov **April 2, 2020** and requested from purchasing@quincyma.gov as well as available at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM.

The City of Quincy shall determine the selected proposer(s). The City of Quincy reserves the right to withdraw the Request for Services Proposals; to reject any and all proposals; and to accept any proposal deemed to be in the best interest of the City of Quincy.

All questions regarding this RFS should be directed to Kathryn R. Logan, Purchasing Agent through fax: 617-376-1074 and email: purchasing@quincyma.gov Questions will be accepted until April 17, 2020 at 4:00 p.m.

Thomas P. Koch, MAYOR
Kathryn R. Logan, PURCHASING AGENT

4/9/20

ADVERTISEMENT FOR BIDS

ADVERTISEMENT FOR BIDS

ADVERTISEMENT FOR BIDS

Awarding Authority: The City of Quincy – Department of Public Buildings, Quincy, Massachusetts

INVITATION TO BID: ASBESTOS ABATEMENT @ BROAD MEADOWS MIDDLE SCHOOL
LOCATION: BROAD MEADOWS MIDDLE SCHOOL, 50 Calvin Road, Quincy, MA 02169
BID DEADLINE: THURSDAY, APRIL 30, 2020 @ 11:00 A.M.

Bids will be received at: QUINCY CITY HALL - Purchasing Department, 1305 Hancock Street, Quincy, Massachusetts 02169. At the time above they will be publicly opened and read aloud. Late bids will not be accepted and/or will be deemed non-responsive.

Sealed bid in envelope should be plainly marked: **"Bid for Asbestos Abatement at the Broad Meadows Middle School"**

The work includes: Removal and disposal of asbestos containing materials as called out in the specifications.

A strongly advised non-mandatory Pre-bid site visit will be Friday, April 17, 2020 at 9:00 AM at the Broad Meadows Middle School located at 50 Calvin Road, Quincy, MA

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and also available at adie@uec-env.com after April 4, 2020. **Questions will be accepted until April 23, 2020 at 4:00 p.m.**

Each Bid must be accompanied by a Bid security in the amount of five percent (5%) of the total value of the Bid in the form of a Bid bond or certified/treasurer's check.

Pursuant to M.G.L. c. 149, § 29, the Contractor shall furnish a performance bond in an amount of 100% of the total Contract price and a payment bond in an amount of 100% of the total Contract price from a surety company qualified to do business under the laws of the Commonwealth of Massachusetts and satisfactory to the City or furnished and materials used or employed therein, when the Contract is executed.

The bidding and award of this Contract shall be in full compliance with Massachusetts General Laws, Chapter 149, §26 to 27H, as last revised, all Federal, State and City of Quincy regulations when applicable in relation to Minority Business Enterprise, Women's Business Enterprise, Minority Work Force, Equal Employment Opportunity, and subject to the minimum wage rates set under the Massachusetts Prevailing Wage Law Chapter 149, §26 to 27H and/or any applicable federal rates.

Thomas P. Koch
Mayor Office

Paul Hines-Department Head
Department of Public Buildings

Kathryn R. Logan
Purchasing Agent

4/9/20

Quincy Relief Fund To Help People, Organizations Hit Hard By Coronavirus

Mayor Thomas P. Koch announces the creation of The Quincy Relief Fund to coordinate charitable fund-raising efforts aimed at helping people and organizations hardest hit by the coronavirus pandemic.

The program will be administered by The Quincy Foundation, a registered 501c3 nonprofit corporation with a mission under normal circumstances to provide charitable contributions to local organizations and help support community events like the City's Flag Day Parade and Christmas Festival.

Donations can be made at www.quincyreliefund.com.

com. Checks made out to The Quincy Foundation with "Quincy Relief Fund" in the memo line can be mailed to the Quincy Foundation, c/o Colonial Federal Savings Bank, 15 Beach St., Quincy, MA 02170.

All proceeds from the fund will go directly to people and organizations impacted by coronavirus pandemic. There are no administrative costs associated with the fund, and all donations are fully tax deductible.

For more information and questions, e-mail info@thequincyfoundation.com

INVITATION TO BID

CITY OF QUINCY, MASSACHUSETTS
Department of Public Works

Thomas P. Koch, Mayor
Kathryn R. Logan, Purchasing Agent
Alfred J. Grazioso, Commissioner of Public Works

INVITATION TO BID

The Department of Public Works for the City of Quincy, Massachusetts is seeking sealed sub-Bids and General Bids for The Strand Pump Station Improvements at the offices of the Purchasing Agent, 1305 Hancock St., Quincy, Massachusetts 02169, at which times indicated below, all sub-Bids and General Bids will be publicly opened and read aloud. Sealed Sub-Bids are required for the following classes of Work: **Electrical work.**

Sub-Bids will be received until **11:00 a.m. local time on April 23, 2020**

General Bids will be received until **11:00 a.m. local time Thursday, May 7, 2020**

Bids will be received via U.S. mail or courier or at a lock box at the Purchasing Department, 1305 Hancock Street, Quincy, MA. The Bid opening will be performed in accordance with the Inspector General's and Attorney General's guidelines (as applicable) for Bid openings.

The Work under this Contract includes, but is not limited to demolition and replacement of the pump station control building and equipment, the wastewater wet well, valve vault, and mechanical equipment, rehabilitation of the stormwater wet well and valve vault, and replacement of storm pumps and valves; replacement of the wastewater force main, rehabilitation of the stormwater force main; and all materials, equipment, services and construction inherent to the Work.

All Work under this Contract shall be substantially completed within 370 calendar days and completed within 400 calendar days.

A non-mandatory pre-Bid conference will be held **11:00 a.m. local time on April 8, 2020** at Quincy DPW Headquarters, 55 Sea Street, Quincy, MA. Bidders are encouraged to attend and participate in the conference. The conference will take place in the DPW parking lot to observe social distancing guidelines.

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and also available at the Office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 a.m. to 4:30 p.m. for a refundable printing charge of \$100.00 if returned within 10 days of Bid opening and in unused condition. Specifications will be available **April 1, 2020.**

Each Bid shall be accompanied by a Bid security in the amount of five percent (5%) of the total value of the Bid in the form of a Bid bond or certified/treasurer's check.

The bidding and award of this Contract shall be in full compliance with Massachusetts General Laws, Chapter 149, Sections 44A-J, as last revised, all Federal, State and City of Quincy regulations when applicable in relation to Minority Business Enterprise, Women's Business Enterprise, Minority Work Force, Equal Employment Opportunity, and subject to the minimum wage rates set under the Massachusetts Prevailing Wage Law Chapter 149, §26 to 27H and/or any applicable federal rates. The City reserves the right to waive any informality in or to reject any or all Bids when such an action is deemed in the best interests of the City.

Non-responsive and/or unbalanced Bids may be rejected.

Thomas P. Koch Kathryn R. Logan Alfred J. Grazioso
Mayor Purchasing Agent Commissioner of Public Works
4/9/20

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CLASSIFIEDS

SERVICES	SERVICES	SERVICES	SERVICES	SERVICES	SERVICES
DERRICKS PAINTING <i>When Quality Counts</i> Interior/Exterior Home Repairs Gutter Cleaning References Available 617-851-1688 Licensed/Insured	ACE WATERPROOFING INC. All Construction Exteriors 35 YEARS EXPERIENCE Licensed and Insured acewpinc@yahoo.com Masonry Waterproofing Roofs Call Jim Healy 617-230-4156	KERRY CONSTRUCTION INC. CARPENTRY, GUTTERS, DECKS REPLACEMENT WINDOWS & DOORS SHINGLE & RUBBER ROOFS FULLY INSURED & LICENSED JIM AT 617-825-0592	(QUINCY ONLY) Spring Special - Save Up to *50% Off (*Labor Only) Senior Discount 10% Pratt & Son, Inc. Roofing, Siding, Windows, Doors & More! PRATTANDSON.COM Steven L. Pratt President Cell: 508.857.9307 Office: 781.326.4144 CSL #033706 HIC #100046	T & M Landscape • Spring & Fall Cleanups • Power Washing • Lawn Mowing Services • Yard Mulching • Bushes & Trees Trimmed <i>Free Estimates</i> 617-733-4554 ~ AFFORDABLE RATES ~	
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Window & House Cleaning Dust • Vacuum, Etc. Yardwork • Painting Assembly • Chores By Keenan A Houghs Neck Homeowner 617-773-1084	GENERAL CONTRACTING • Carpentry • Roofing • Siding • Windows • Painting • Bathrooms Also, Handyman Jobs - Great References - Call 617.980.6558	WANTED OLD HAND TOOLS & ANTIQUES WANTED Planes, chisels, spokeshaves, hammers, machinist, mechanic, blacksmith, Stanley, Starrett, Bailey, Victor, calipers, clamps anvils, vises, etc. USEFUL TOOLS, ALL TRADES pottery, lanterns, postcards, toys, ESTATE LOTS & COLLECTIONS LIBERTY TOOL CO. 888-405-2007 www.jonesport-wood.com www.davistownmuseum.org	Michael Downey 323-334-5308 QUINCY/BRAINTREE	Lucia's Cleaning Service Houses, Apartments & Offices - 14 Years of Experience - Call 508.371.5082 & 857.236.6227	PERSONAL John Whitney (9/7/20 - 2/29/08) Scott Whitney (10/4/61 - 8/13/86) Anne (Rusty) Madej (8/14/43 - 3/14/02) We Miss You - We Love You R.I.P. Ma/Duke/Joan FOR SALE: Privacy Hedges -SPRING BLOWOUT SALE 6ft Arborvitae Reg \$179 Now \$80 Beautiful, Nurs- ery Grown. FREE Installation/ FREE delivery, Limited Supply! ORDER NOW: 518-536-1367 www.lowcosttreefarm.com
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Want to pick up a copy of The Quincy Sun?
 Here are stores in Quincy that sell it on their newsstands:

GOODIE'S STORE 1250 Hancock St., Presidents Place	DAILY MART 291 Quincy Ave.	COPELAND LIQUORS 273 Copeland St.	MULLANEY'S VARIETY 205 W. Squantum St.
NEW STORE ON THE BLOCK 1183 Hancock St., Quincy Ctr. T Station	ROCHE BROTHERS The Falls	7-11 Copeland St.	STOP & SHOP 65 Newport Ave.
HANCOCK MARKET 5 Cottage Ave.	WALGREENS 418 Quincy Ave.	JOE'S PLACE 260 Centre St.	7-11 363 Hancock St.
MIGNOSA'S FRUIT BASKET 138 Granite St.	ARTERY GROCERY 1000 Southern Artery	CORNER FOOD MARKET 1060 Hancock St.	WALGREENS 324 Hancock St.
STAR MARKET 130 Granite St.	7-11 495 Washington St.	200 FOOD MART 200 Sea St.	SAM'S VARIETY 125 Billings Rd.
WALGREENS 132 Granite St.	DAIRY FARM 330 Washington St.	ADAMS SHORE SUPERMARKET 494 Sea St.	LUCKY'S WINE & LIQUOR 66 Newbury Ave.
HANCOCK PARK LOBBY SHOP 164 Parkway	7-11 230 Washington St.	PALMER STREET MARKET 231 Palmer St.	5 CORNER FOOD MART 163 Newbury Ave.
FRANKLIN ST. BP 60 Franklin St.	STOP & SHOP Southern Artery	BERNIE'S GENERAL STORE 1147 Sea St.	ATLANTIC MARKET & LIQUORS 247 Atlantic Ave.
7-11 78 Franklin St.	CVS Southern Artery	WEST ELM VARIETY 139 W. Elm Ave.	CARMINE'S CAFÉ 69 Huckins Ave.
SHOP N SAVE LIQUORS 20 Independence Ave.	WALGREENS 550 Adams St.	7-11 721 Hancock St.	7-11 751 E. Squantum St.
ADAMS VARIETY 22 Independence Ave.	7-11 678 Adams St.	BEALE ST. NEWS AND TOBACCO 17 Beale St.	LUCKY SHAMROCK 265 Beale St.
DONUT + DONUTS + MUFFINS 33 Scammell St.	VILLAGE COMM. MARKET 100 Willard St.	CVS 42 Beale St.	ANDRE'S STORE 20 Brook St.
PRESIDENTIAL LIQUORS 25 Scammell St.	GRANITE MART 308 Willard St.	COFFEE BREAK CAFÉ 12 Old Colony Ave.	EVEREST MARKET 121 Standish Ave.
		SUPREME LIQUORS 615 Hancock St.	QUINCY MARKET 33 Washington St.

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The Quincy Sun
CLASSIFIED AD FORM
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 QUINCY, MA 02169
 PAYABLE IN ADVANCE. Payment must accompany order.

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☐ Services	1 WEEK	☐ \$9.00 for one insertion, up to 20 words, 10¢ for each additional word.
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☐ Autos	5-10 WEEKS	☐ \$7.50 per insertion, up to 20 words, for 5-10 insertions of the same ad 10¢ for each additional word.
☐ Boats	11 WEEKS OR MORE	☐ \$7.00 per insertion, up to 20 words, for 11 or more insertions of the same ad 10¢ for each additional word.
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☐ Lost & Found		
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☐ Enclosed is \$ _____ for the following ad to run _____ weeks in **The Quincy Sun.**

COPY: _____

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 DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.



To our Christian brothers and sisters,

"Do not let your hearts be troubled. Believe in God, believe also in me. In my Father's house there are many dwelling places. If it were not so, would I have told you that I would go to prepare a place for you? And if I go and prepare a place for you, I will come again and will take you to myself, so that where I am, there you may be also. And you know the way to the place where I am going." Thomas said to him, "Lord, we do not know where you are going. How can we know the way?" Jesus said to him, "I am the way, and the truth, and the life. No one comes to the Father except through me." John 14:1-6

Wishing you a Blessed Easter

**Mayor Thomas P. Koch
and Family**

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